

## **FRIENDSHIP FRIDAY**

### **Parish Ministries of St. Paul's Cathedral**

The Friendship Friday group (formerly called the "Been there..Done that" group and lead by Joan Newman) has met the past twenty-one years at 10 am on the third Friday of the month. Coffee and tea and simple refreshments (raisin bread/cheese) are available on arrival and we hear interesting speakers from the community, or our own parishioners, telling us of their travels.

There is no membership fee, no minutes, and no treasurer's report.

The following are some of the topics heard...thanks to guest speakers:

RAFT      Refugees and Friends together

KELLI    program      Early language literacy

PEOPLE IN MOTION

Travelling RN in Haiti

Living with a Diabetic Child

The Kamloops Food Bank

Kamloops Makerspace

In June we attend the Strawberry Tea and in December the Christmas Tea, instead of a Friday meeting.

We welcome suggestions of names of speakers to make our gatherings interesting.

Please remember EVERYONE is welcome..... male or female....or if a particular topic is of interest to you....please come. (our average attendance is 25-30).....not all are parishioners from St.Paul's.

Coffee, tea, and conversation. Please come and join this informal friendly group.

### **FRIENDSHIP IS GOD'S MOST PRECIOUS GIFT**

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