

REPORTS TO CATHEDRAL COMMITTEE  
In no particular order – assembled by kjk

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### **ALTAR GUILD, Miriam Baskin**

St. Paul's Altar Guild report for the first three month of 2017. The Altar Guild began its new year in a most appropriate way, by gathering for the 10:00 A.M. Eucharist On January 18th 2017. Following the service the Altar Guild continued its annual Meeting in the hall The following people were elected for the new term:

|                   |                  |
|-------------------|------------------|
| Coordinator       | Miriam Baskin    |
| Co –coordinator   | Verna Albright   |
| Secretary         | Pat King         |
| Treasurer         | D. J. Clarke     |
| Sunshine          | Alison McKinnon  |
| Flowers           | Joy Fudge        |
| Bread coordinator | Margaret Pearson |

Following the Annual meeting, we continued with our usual business meeting Dealing with the duties of the Altar Guild as well as organizing the Valentines Party. We decided to invite other women's groups for our party. We invited the women's groups from St. Peter's ,St. George's as well as the women's group from The Hill's of Peace Lutheran church. From all reports it was a successful party with the Hills of Peace women asking with much enthusiasm to be invited for next year. This took place on February 17<sup>th</sup>.

The next meeting for the Altar Guild took place March 9<sup>th</sup> following the Lenten Lunch where most of the business dealt with preparations for lent and Easter. Our next meeting will be in June at the home of Pat King for a short meeting, then a Pot luck Luncheon.

### **PARISH LIFE AND FELLOWSHIP, Roger Parkes**

Shrove Tuesday Pancake Dinner February 28 – Dwight, Bud & Rose

- A successful event with about 80 parishioners attending
- Men's monthly breakfasts paid for all food expenses
- Profit of \$423 to PWRDF

Parish dinner (organized by the men of the parish) Saturday March 25

- theme- Canada's 150 Year birthday- Ken has made beautiful placemats
- It was agreed to give ½ of the proceeds from the Silent Auction to "Out of the Cold program" -- Set-up and kitchen crew to do all their work on Saturday

- 3 soloists confirmed: Paige Danyluk, Sarah Russell, and Gordon Light
- (Nearly 100 tickets are sold or reserved by March 20)

There will be a joint picnic of the mainline churches at McDonald Park on June 4 at 10:30 AM. There will be a service and a picnic (more details later). There will not be a 10AM service in the Cathedral but the 8AM will be in the Cathedral. Parish Picnic at Prince Charles Park on June 11 after the 10AM service. Strawberry Tea in June. Welcome Back Sunday set for September 17

## **PEACE & JUSTICE COMMITTEE, Joy Gothard**

This group has met twice in 2017 with six participants each time (there are 10 on our email list) plus Very Rev. Ken Gray (VRKG). We discuss a variety of topics which come from our Dean and members, such as:

- introductions of ourselves to the Dean and our passion/calling to the Peace and Justice group
- who will write bulletin inserts and bulletin board postings for the 2017 Outreach focus each month
- PWRDF Lenten resource distribution: Sunday school workbooks, placemats for Shrove Tuesday Pancake supper. Joy Gothard made announcement for weekly email and at Sunday worship informing congregation on how to access PWRDF Lenten meditation resource. "Introducing PWRDF" pamphlet was a bulletin insert in February.
- Verna Albright wrote the bulletin insert for RAFT (Refugees and Friends Together)
- together we look forward and share ideas of ways to incorporate P&J issues into our worship services and future action. i.e. awareness & liturgy for Canadian Food Grains in March, Indigenous Day in June, Season of Creation in the Fall.
- Rev. Barb Liotskos opened discussion on ways in which our parish may continue the reconciliation with Indigenous peoples referenced by articles in February Anglican Journal articles and encouraged by Primate Fred Hiltz. Discussions of hosting "The Blanket Exercise" may become part of this process.
- sharing of experiences from discussions with people of the Muslim faith at KUC event and the memorial service at the Mosque in Kamloops.
- between meetings, we share, via email, discussions, event notices and new topics for future meetings.

As people of God, we have been instructed in Micah 6:8 and Mathew 5:1-12. We want the cathedral committee to know that we do not act alone. That our discussions can be lively and enlightening and leading to worship and action within our whole congregation. We are always open to having more attendees.

## **ARTISTS GROUP, Jennifer Ste Marie**

### **What has transpired since January 1, 2017?**

In January we had a meeting to discuss what we should do next. There was discussion around a congregational colouring project that would take place in Lent and Kathie and Ken have been working on making this happen. We also discussed having a project for Easter/Pentecost but have not taken this further as the members have been otherwise busy with travel and family matters over the last 2 months. Energy for this will have to be assessed. We are looking into alternative hanging methods which will not impact the walls.

### **How many people connect with your ministry?**

Our group of artists is about 13-15 people, who express varying degrees of interest, but we hope the ministry connects with the entire congregation and with those in the community who walk by when we have outside installations. Feedback from Claire was positive regarding passersby who were curious about the outside piece and appreciated the prayer flags. We felt the congregational participation in the prayer flags was positive and would like to encourage more participation from the congregation in future projects.

### **What do you want Cathedral Committee and other parishioners to know about this work?**

We are considering how to create a more substantive role for the artists and felt that perhaps it would be beneficial to have some education around the role of art in the church in history and at St Paul's in particular. It was felt that, perhaps, it would help to have more information regarding the art that is presented in order for the congregation to get more out of it and feel more inspired. We are also considering consulting with other church artists (Thomas Roach/Kathy Kinsella as examples) in order to present a more consequential and coherent body of art at St Paul's.

## **PRAYER SHAWL MINISTRY, Marian Digeso**

We gave away 18 shawls last year and are still going strong and we have quite a few stocked. For such a small group of knitters everyone does quite well. I really do not know what else to report because most of the work is done from home.

## **RIH VISITORS, BOB HUNTER**

Our hospital visitors presently include the following:

- Bud Forbes
- Chris Rose
- Jim Freathy

- Lee Emery
- Margaret Hyslop
- Lynn Snook
- myself

We generally do hospital visits in pairs. As there are 7 of us each pair (Lee often visits on his own) visits once a month and on occasion more frequently.

The day of our visit we review the "daily list" produced by the hospital which lists patients who have described themselves as Anglicans on their admission sheet. Doing so is optional. This sheet is reviewed by us in a small office made available to religious organizations by the hospital chaplain Viktor Gundel. These visits are made to patients who could number from one to 12 depending on the size of the Anglican list for that day.

We identify ourselves as visiting on behalf of the Anglican Church, St Paul's Cathedral and we wear hospital badges indicating that. Conversations can be nothing more than a quick exchange with the patient taking brief moments to as much as 10 to 15 minutes , longer on rare occasion.

We generally ask them where they live and how long they have been in hospital and the conversation can go on to include them telling us something of their relationship with the Anglican church generally, whether they have family or friends visiting them and maybe the weather, sports and world news etc.

Some of us check the hospital lists of other faiths and may visit people they know on those lists, if time permits. At least one of us may visit a patient described only as a Christian on the faith sheets. I would do that too, especially if I knew that patient, (that opportunity does arise especially if you have lived here for over 50 years!)

We do not try "to sell religion" or proselytize. Sometimes we say a prayer with them , if requested. They may wish to see a priest and we will arrange that.

Many are lonely and after a few moments they get engaged in conversation and often enjoy that. I would describe it as us giving them an opportunity to speak as opposed to us doing all the talking. The time spent is a rewarding experience for us and we believe, for those we visit.

In concluding I would be remiss in not mentioning the good and faithful service , over all these many years, of Ray Beal, a long time member of our parish and a retired nurse , brimming with sensitivity and compassion. As we know she retired recently from leading our RIH visitors ministry.

## **OUT OF THE COLD, Bud Forbes**

We are almost finished the third year that St Paul's Cathedral has operated the Out of the Cold Shelter. The shelter is open on Sunday and Wednesday nights from November 1st to the last week in March. The shelter provides a hot meal and a warm bed for our homeless neighbours. In the morning they are given a hot egg, ham and cheese bun for their breakfast. When they come in they are given a granola bar and a warm pair of socks. There is also a good selection of warm clothing to choose from. It takes 13 volunteers and three paid shift captains to operate the shelter for one night. We have also hired a Program and Volunteer Coordinator to carry out the daily operation of the shelter. We have 93 volunteers on the list, 23 of which are St. Paul's parishioners.

The shelter is administered by a 7 Member Board of Directors. They are Bud Forbes chair, Gordon Dove treasurer, Diane McKelvey secretary and board members Robert Hall, Mark Hyslop, David Lidster, Rae Long, and Dean Ken Gray. Our Program and Volunteer coordinator is Tara Phillips.

At time of this writing, which is the end of February we have had 1,220 guests come to the shelter ( 887 men and 333 women) That means we have served 1,220 dinners. We have had 806 guests stay the night (614 men and 192 women) That also means we have served 806 breakfasts. So you can see that the shelter is providing a very valuable service to our homeless neighbours.

## **SERVER'S REPORT, Bud Forbes**

The Servers team consists of Richard Cane, Lee Emery, Bud Forbes, Rae Long, Carol Patch, Rose Roy, Joan Lukow, Tricia Steenson. Margaret Hyslop, Robert Hall. The Servers participate at the 10:00 am service and also at special services throughout the year. Each service requires three servers, a crucifer who carries the cross and two acolytes who carry the candles. The servers assist the gospeller in setting the table for the Eucharist. The Servers are there to be assistants and to add the feeling of holiness to the Service. Each server is asked to serve one or two times per month.

## **THRIFT SHOP, Elizabeth Kavanagh**

It has been a somewhat slow start to the year. We suspect the weather has been a deterrent , especially to our regular customers who walk or take the bus. Since we are a store, but we don't have a counter at the door, it is impossible to know really how many people come through our shop in a month. There are regular customers, but there are also newcomers and one timers. There are also people indirectly impacted by our ministry in the Women's and

Youth shelters as well as Out of the Cold, not to mention our donors, both from the church and the wider community.

We want people to be aware that we exist and that we contribute to the church coffers on a regular basis through the rent we pay and on an ad hoc basis through assisting with various purchases such as the new sound system. Also that we have some pretty neat things. We put out only quality merchandise - we are not a garage sale where anything goes.

We are always looking to volunteers, but we need people who are willing to put their hands in bags that may contain soiled garments or put their hands in pockets and pull out used tissue. We need people who are flexible, willing to do anything -- sort clothes, measure belts, wash dirty china. We also need people who have a sense of display and merchandising. And lastly, but not least to recognize when something is garbage and throw it out or send it to recycling.

### **LAY MINISTERS OF WORD AND SACRAMENT, Margaret Mitchell**

Lay Ministers of Word and Sacrament (LMWS) throughout the Territory of the People are licensed by our Bishop Suffragan Barbara Andrews in four areas of ministry, under the direction of their parish priest, to:

- a) Officiate at Morning and Evening prayer
- b) Preach
- c) Take the reserved Sacrament to the sick and shut-in
- d) Conduct a public service of the Word with the administration of communion from the Reserved Sacrament.

At St. Paul's Cathedral there are four LMWS whose various ministries are undertaken within the Cathedral and to the community beyond our walls...

#### **Verna Albright:**

- Offers Reserved Sacrament to the shut-in and the sick
- Occasionally leads the weekly Bible Study group scheduled every Wednesday lunchtime in the Chapel
- Leads a weekly Centering Prayer Group every Wednesday morning at St. Paul's Cathedral using Contemplative Prayer and Lecto Divino

#### **Bud Forbes:**

- Leads a worship service at Berwick-on-the-Park one Thursday a month with Reserved Sacrament
- Assists when required to lead worship service at the Renaissance with Al Leake

- Team Ministry with the Pastoral Care Team at Royal Inland Hospital
- Coordinates Servers for St. Paul's Cathedral
- Gospeller and Liturgical Assistant at the Table on a rotation basis with other LMWS
- Board Chair for the Out of the Cold program

**Al Leake:**

- Leads a worship service with Reserved Sacrament at the Renaissance Retirement Residence on a monthly basis with Tom Sugden, and Gail Ovington providing music ministry
- On an occasional basis offers Reserved Sacrament to sick and shut ins
- Assists when required to lead worship services at Berwick on the Park
- On an occasional basis, preaches at both 8:00am and 10:00 am worship services at the Cathedral
- Gospeller and Liturgical Assistant at the Table on a rotation basis with other LMWS

**Margaret Mitchell:**

- On an occasional basis, preaches at both 8:00am and 10:00 am worship services at the Cathedral
- Gospeller and Liturgical Assistant at the Table on a rotation basis with other LMWS
- For the Territory of the People: Chair of the Policy Committee; Recording Secretary for Coordinating Council and Assembly

The Cathedral LMWS meet for a book study and lunch in the Spring and Fall of each year. The 2017 Spring study is on Barbara Brown Taylor's book: "Leaving Church."

**CENTERING PRAYER, Verna Albright**

Centering prayer meets Wednesday morning in the Cathedral for an hour. We gather, chant, have silence. We read the Gospel using a method of *Lectio Divina*. We end the session with prayers. We have four regular attendees and others who come when they can. It is our spiritual practice. Others are most welcome.

**EDUCATION COMMITTEE, Carol Edwards**

1. Anglicanism 101 – each session is offered in the afternoon and in the evening.  
Topics covered – Worship, Open Table, Anglican Identity and Preaching.
2. February Faith Lecture February 26 – Rev. Dr. Martin Brokenleg. Ed.D. OSBCN spoke

- For Those Supporting Refugees: Lesson from North American Indigenous Experience. Intergenerational Trauma.
- Ancient Benedictine Spirituality was offered the Monday morning after the faith lecture - the case for a Dispersed Canadian Community.

3. Lenten Lectures will help us all to appreciate more fully the character of personal, social and spiritual space. We are in the third week: Forgiving Spaces, Wild Spaces have been covered and this week Hard Spaces. Three more to come Artistic Space, Prayer Space and Communal Space.

4. A guided retreat with Sr Brenda Jenner SSJD March 31 – Saturday afternoon April 1 – Simplicity: Our Unnamed Yearning.

5. Upcoming events – Season of Creation, National Aboriginal Day, Reflections on the Water of Life, Dethroning Mammon – Justin Welby, a book study to name a few.

Four people connect with this ministry. Other are welcome and encouraged.

## **ANNUAL PANCAKE SUPPER, Dwight Oatway**

### Outline

- Tables setup crew done in early afternoon (3 people)
- Kitchen crew start at 3:30 (4 people)
- Money collection (2 people)
- Clean up (4 people in kitchen, 4 people table and chairs)

### Supplies

- Pancake mix, two 10 lb bags, Costco
- Pancake mix gluten free, one bag, Safeway
- Dozen eggs, Safeway
- One lb butter, Costco
- One liter each milk and cream, Safeway
- One gallon syrup, Costco
- Sausage four large packages, Costco

### Finances

- We ask for \$5.00 donation to cover the cost of the meal.
- Income \$423.00
- Expenses \$85.00, (Expenses covered by the Men's Breakfast Club.)
- Net income \$423.00

## **SUN PEAK'S MINISTRY, Dwight Oatway**

The Sun Peak's ministry team has conducted 15 prayer service at Sun Peaks so far this season. We have had a total of 159 people attend. We have four Sunday left in the season. People attending continue to comment on how much they appreciate the Chapel on the mountain. Our group of dedicated people include the following: Jon Buckle, Cathy Shether, Bob and Sally Zryd, Lee Emery, Dwight Oatway.

## **CHOIR REPORT, Norris and Heater Berg**

The choir has been smaller the past couple of months due to illness or people on vacation. We are enjoying using More Voices. It has also gone over well with the community. We had the opportunity to sing an anthem and lead the singing for the Ordination on March 17<sup>th</sup>. Although the choir doesn't have much to do this year on Good Friday, we are still looking forward to singing our anthem that day as well as Easter Sunday.

## **FRIENDSHIP FRIDAY, Rae Long**

We continue to meet the third Friday of every month at 10 am for coffee and conversation. our group consists of St. Paul's parishioners, neighbours, and people from St. George's and St. Peters. Guest speakers so far in 2017:

|          |   |               |  |
|----------|---|---------------|--|
| Jan 17?  | Mark and Margaret Hyslop<br>Medical mission | 45 inc. lunch | medical mission to Nepal               |
| Feb 17   | Sophia Wadowsky<br>Dietician educator       | 24            | reading ingredients and<br>sugar       |
| March 17 | Elma Schemenaur<br>local author of 77 books | 30            | "sharing our memories...Why<br>and How |

## **Children, Youth and Family Ministry**

Cathedral Committee

St. Paul's Anglican Cathedral

**March 28, 2017**

Where has 2017 gone to??!

One blinks and the snow is almost all gone and it's time to start another season of planning!! Bring on Easter!

### **Sunday School**

Sunday school has continued to plug along in 2017 – I'm grateful for the consistent and dedicated support of Avery Danyluk who is an amazing Sunday School teacher and loved by our children! Our numbers are up and down week-to-week based on family life. We've had some returning families over the season of Lent and other families who we hold in prayer as they balance the life of sports and extra-curricular activities!

### **Youth Group**

Our Youth Leadership team had a planning meeting at the beginning of January which takes us up to Easter – this means it's time to meet again for our Spring planning!

Youth Group has met:

January 13

January 27

February Winter Retreat – 5 youth group members attended

February 17 – Rock Climbing!

March 3

March 10

Then Spring Break settled in for our families... in the middle of this break the parish dinner took place. Noe was the only young person available to help out and so the two of us helped as best we could and had a lot of fun in the midst of it.

We meet once more before Easter to share in an evening of Spiritual Practices together... spring schedule to be out soon hopefully!

### **Young Adults**

Our Young Adults group has not formally been gathering together due to the schedules and pace of the group members. I have been meeting up with individuals and small groups over the past few months as a way of journeying alongside.

### **Ministry with our Families**

A team is being developed to support the coordination of gatherings with families with the hopes of a gathering in the season of Easter to take place. Our families were offered and received a Lenten Resources for the season which has been received by many.

**Numbers – as requested**, these were the numbers of people involved in the ministry groups as recorded in 2016:

Sunday School – 36

Youth Group – 35

Young Adults – 20

Spring brings longer days, more light and lots more energy for everyone – all of which is welcomed!

**Looking ahead:** lots of spring planning, family ministry programming, Young Sojourners at Sorrento Centre, Associates Week for Young Adults at Sorrento Centre, LEAP (Leadership, Experience and Adventure Program) opportunity – three to four youth interested.

Submitted by: Melissa Green  
Children, Youth & Family Life Ministry Coordinator