# Coffee Talk: Roadblocks to Caring for Creation?

- What keeps you from seeing it as important?
- What questions need answering?
- What gets in the way?
- What holds you back?



## What difference can I really make?

"This is not about remote science; it is about where we live and work, and it gives us a cue on how we might be able to contribute to that massive change, because everyone is going to have to be involved."

- Intergovernmental Panel on Climate Change (IPCC)

Sometimes we just have to do what is right even when we don't see what good it does.



### How do we Respond?

**Common Response Spectrum:** Denial, Detachment, Defensiveness, Despair, Desperation (guilt, fear, shame..)

Where do you find yourself currently? What does that feel like? What actions flow from that place? What are the voices/beliefs that speak loudest here?

## Who are you being and who are you becoming?

Generous?

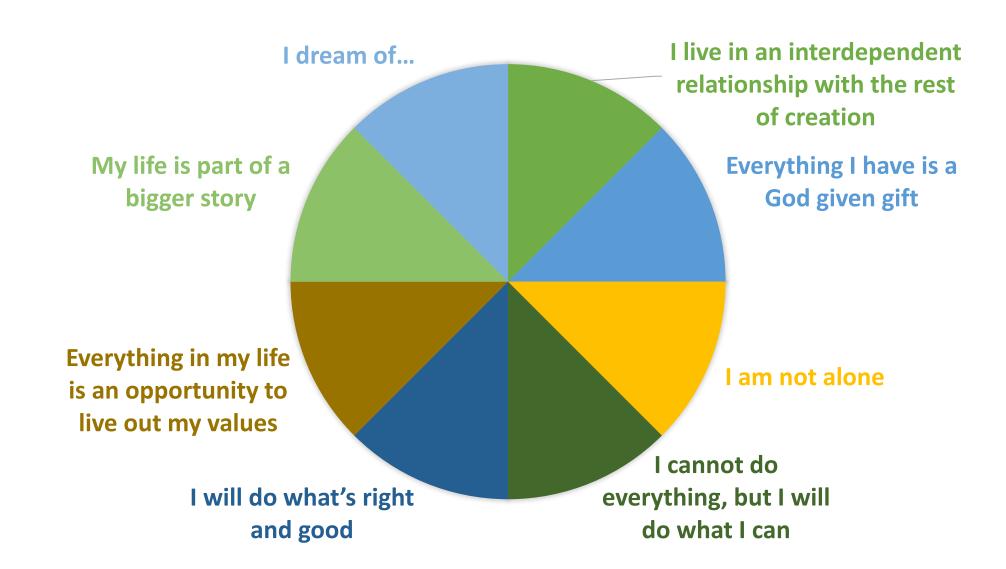
Loving?

Faithful?

Obedient?



#### Try on a different perspective/posture:



#### What flows out of this new posture?

#### BE

- What are some characteristics embodied in this posture?
- Who are you being here?



#### DO

- Out of THIS new place what are some things you might do?
- Get creative brainstorm whatever comes to mind!



#### Reach Out! You are not alone!

- Build your own network to share resources and have a conversation
- Find an existing community or organization engaging these topics
- Check out A Rocha's website for more ideas and resources: www.arocha.ca
- Feel free to contact me:
  - At A Rocha <u>sarah.wildeman@arocha.ca</u>
  - As a coach <a href="mailto:sarahwildemancoaching.com">sarah@sarahwildemancoaching.com</a>

