













### AROCHA

**Environmental Stewardship** 

An international Christian organization which, inspired by God's love, engages in scientific research, environmental education, communitybased conservation projects, and sustainable agriculture initiatives.

# Food & Faith Community, Hospitality, Farming







### A foundation laid in the garden



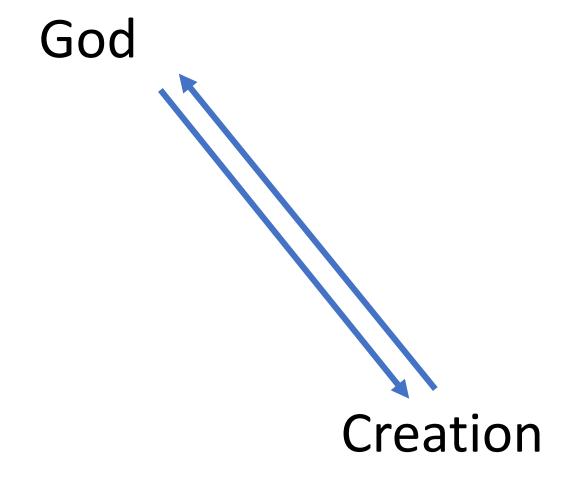


#### God Made the Earth and Called it Good.

In the beginning, God created the heavens and the earth. –
Genesis 1: 1



#### God has an intimate relationship with Creation



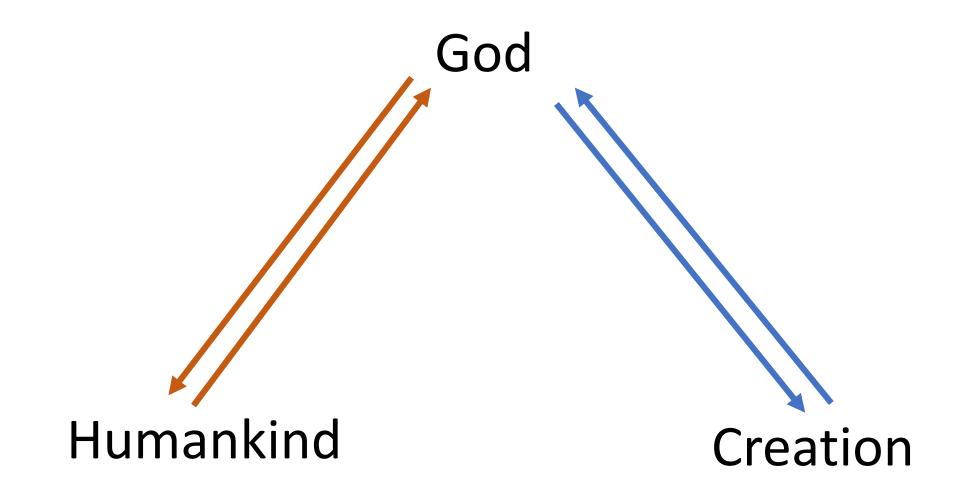
# God Made Humankind in His Image and instructed them to Care for the Creation

So God created humankind in his own image, in the image of God he created them; male and female he created them.

God blessed them and said to them, "Be fruitful and increase in number; fill the earth and subdue it. Rule over the fish in the sea and the birds in the sky and over every living creature that moves on the ground." – Genesis 1:27-28



#### Humankind Created in the Image of God



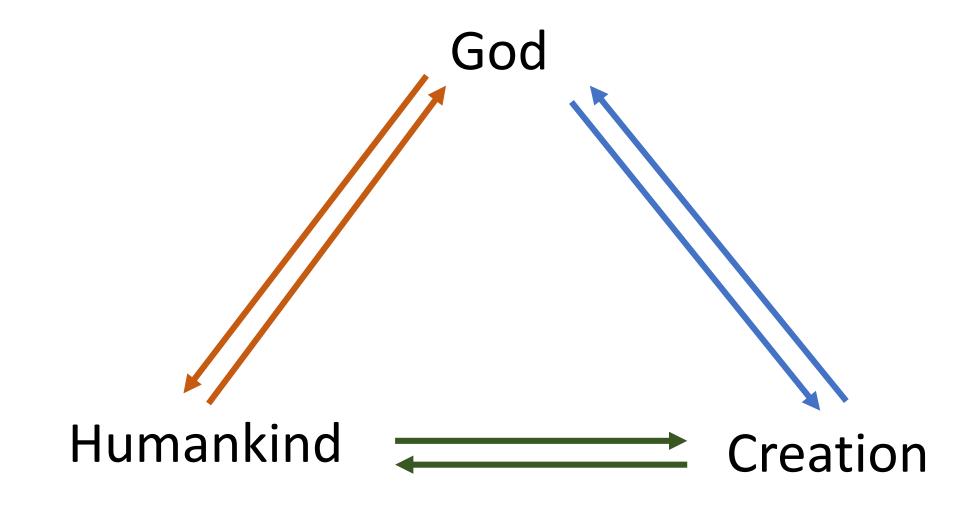
# God Made Humankind in His Image and instructed them to Care for the Creation

The Lord God took the man and put him in the garden of Eden to serve and keep it.

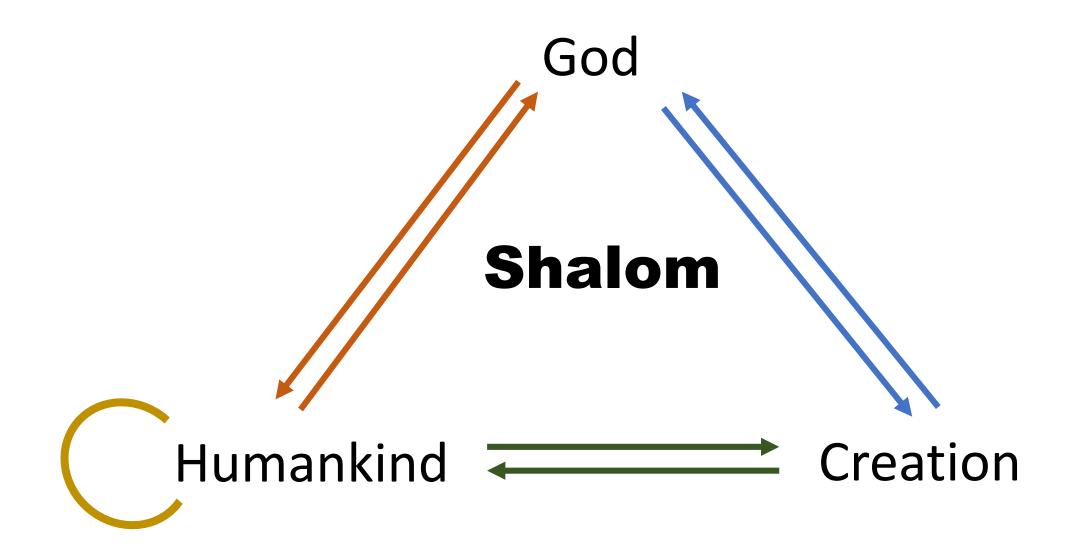
- Genesis 2:15



#### Humankind Commanded to Care for Creation



#### Right-Relatedness between All Things



# How does this all come together (or not) at the table?



# At the Table: An Invitation to Right-Relatedness with Ourselves





#### At the Table: An Invitation to Right-Relatedness with Ourselves

- Come to the table with Gratitude and thanksgiving
- Come to the table with presence and awareness (slow down!)
- Be aware of your own body and what you put in it (a temple)
  - Eat whole foods
  - Cook from scratch
  - Eat foods grown without the use of chemicals



# At the Table: An Invitation to Right-Relatedness with Each Other



#### At the Table: An Invitation to Right-Relatedness with Each Other



- Cook for each other
- Cook with each other
- Share a meal with a neighbour or stranger or someone in need
- Be educated about how your food was grown and how the people involved were impacted
  - Buy fair trade
  - Buy local
  - Buy direct

# At the Table: An Invitation to Right-Relatedness with the Earth



# At the Table: An Invitation to Right-Relatedness with the Earth

- Be educated about how your food was grown (chemical use, water consumption etc.) – better yet, grow your own!
  - Watch a documentary or read a book
- Eat local and in season (avoid transport and additional energy inputs)
- Think about how the animals you eat lived (Reduce or eliminate meat consumption)
- Reduce food waste



# At the Table: An Invitation to Right-Relatedness with God



#### At the Table: An Invitation to Right-Relatedness with God

- Give thanks to God at the table
- View the earth and everything in it as the LORD's (Psalm 24)
- Receive Christ at each meal
- Pray for wisdom and discernment
- Seek God's heart avoid legalism and judgementalism
- Serve and love God in every moment of our day



#### Come to the Table

