

St. Paul's Cathedral

Territory of the People

Anglican Church of Canada, Kamloops, BC
Joyful, Rooted, Hospitable, Responsive

*Sunday, February 2, 2020 – The Presentation of our Lord Jesus Christ
in the Temple*



Inspire us by your Holy Spirit
to recognize him who is the glory of Israel
and the light for all nations

We gather today on the traditional territory of the Stk' emlupsemc te Secwepemc Nation. We acknowledge their care for and working of the land prior to contact with Europeans. As Canadian Anglicans, we continue to work toward healing and reconciliation and a new experience of sharing the land together.

Holy Communion in the Chapel 8 a.m.

Presider & Preacher: Rev Canon Sandra Sugden; Assisting today: Shirley Henderson
The service begins on page 67 of the Book of Common Prayer
Readings: Malachi 3:1-4; Psalm 84; Hebrews 2:14-18; Luke 2:22-40

Holy Eucharist at 10 a.m.

Welcome to St. Paul's Cathedral. Our worship follows the order on p. 185 in the green Book of Alternative Services. Hymns for the service are found in **Common Praise** or **More Voices** in your pew. The receiving of Communion is open to any who feel drawn to Christ. It is Christ's table and we are all his guests. Know that you are welcome here and our delight is in your presence with us.

Organ Prelude: **Praise Ye The Lord of Hosts** – From the Christmas Oratorio
by C. Saint Saens

The Gathering

God of my life, look gently down.

In this time and place, we gather on the ancestral and unceded lands of the Tk'emplúps te Secwépemc.

From many places and peoples we come to this house of prayer.

In this time and place, we meet in the presence of the living God.

The living God who creates us and all that is.

In this time and place, the risen Christ stands in our midst.

The risen Christ who accompanies us and all people.

In this time and place, together, one people of God.

In the name of God, Source of all being, Eternal Word and Holy Spirit. Amen.

Act of Praise CP 88 Come Thou Long Expected Jesus

Collect **Blessed are you, O Lord our God,
for you have sent us your salvation.**

**Inspire us by your Holy Spirit
to recognize him who is the glory of Israel
and the light for all nations,
your Son Jesus Christ our Lord. Amen.**

Children's Sacred Square

Melissa Green

MV 216

**Wherever you may go I will follow
And your people shall be my people too.
Wherever you may go I will follow
For I would be faithful, loyal and true.**

First Reading	Malachi 3:1-4	Jim Waldie
Psalm	84	p. 817
Second Reading	Hebrews 2:14-18	Chris Rose
Gradual Hymn MV 79 Spirit Open My Heart		
<i>Two verses sung prior to the Gospel proclamation; final verses after</i>		
The Holy Gospel of our Lord Jesus Christ		TBA
	according to Luke 2:22-40	
Sermon	<i>A period of silence follows the sermon</i>	
Choir Anthem: If We Will Seek The Lord		
The Creed		188/189
Prayers of the People	Canon Mary Dove	
Confession, absolution and peace		p. 191
Offertory MV 135 Called By The Earth And Sky		
Eucharistic Prayer #2		p.196
Sanctus		
The Lord's Prayer is sung		p. 211
The Breaking of the Bread #6		p. 213
<i>All are welcome at Christ's table. If you require gluten free bread, please indicate this to Communion Assistant at the altar rail. Prayers during communion are offered at the back of the cathedral during the distribution of communion. Anthem during communion Go In The Grace Of The Lord</i>		
Prayers after communion		p. 214
Community announcements		
Recessional CP 379 Rejoice The Lord Is King		
Dismissal		
Organ Postlude: Glory To God In The Highest by Pergolesi (1710-1736)		
<i>All are encouraged to gather in the Hall for coffee and refreshments.</i>		
WORSHIP MINISTERS at 10 a.m. service		
Presider & Preacher: Rev Sandra Sugden; Gospeller: TBA; Altar Guild: Pat King, Mary Rolston, Joy Fudge; Coffee Hosts: Mavis Chalmers, Bridget Jensen; Greeters: Pat & Bob King; Lay Administrators: Carol & Randy Patch, Rae Long ; Lock Up: James Boak; Prayers of the People: Mary Dove; Readers: Jim Waldie, Chris Rose; Servers: Richard Cane, Alice Laboso, Rae Long; Prayers during communion: David Lidster, Ron Ste. Marie; Musicians: Gail Ovington and the Cathedral Choir		
Readings for February 2, 2020: Malachi 3:1-4; Psalm 84; Hebrews 2:14-18; Luke 2:22-40		

THIS WEEK AT YOUR CATHEDRAL-
Office hours: Tues-Thurs, 9:30 a.m. – 1:30 p.m.
Ministry Focus: Thrift Store Ministry
Outreach Focus: A Way Home

Monday	1:15 p.m.	Book Study with Jim Williams
	7 p.m.	Contemplative Prayer, Cathedral
Tuesday	7 p.m.	Cathedral Committee, Chapter Room
Wednesday	10 a.m.	Holy Communion, Chapel
	Noon	Bible Study, Chapter Room
	1: 15 p.m.	Book Study with Jim Williams
Thursday	7:30 p.m.	Choir practice, Cathedral – All welcome!
Friday	9:30 – 1:30	Thrift Shop, Basement
	6 p.m.	Youth Group, Hall
Saturday	11-3	LUWA Lovin' Lunch - Pot luck – Kamloops United Church

ONTHEHORIZON

- **Cathedral Committee** will be elected at the Feb 9th AVM. The group meets monthly and there are open positions for Members at Large and the Territory of the People Delegates/Alternates. Any youth interested in joining are also welcomed as there are Territory of the People Youth Delegate positions available. Anyone with interest in joining is asked to contact Richard Cane at richard.cane@gmail.com
- **Annual Vestry Meeting** - Is set for Sunday February 9th, 2020 – the report will be ready for pick up Sunday February 2, 2020 - Please bring a **FINGER FOOD** item to share for lunch at the beginning of to the meeting.
- **Lenten Lecture Series** - Feb 27 - April 2 -- Thursdays at 12:15 with light lunch to follow -- Theme - **You'll Never Walk Alone: The Place of Music in Spiritual Life**

Monthly Ministry Focus - Parish Ministries of St. Paul's Cathedral - THRIFT SHOP

The Thrift Shop began in 1978 under the leadership of parishioners Joan Foulger and Lois Clark. The idea for the Thrift Shop came up after the church had held several successful bi-annual rummage sales. Joan, Lois and several of the ladies involved in the rummage sales felt that weekly sales might be a better outreach program for the church.

With the help of many volunteers, St. Paul's Thrift Shop was opened. It is open from September to June each year on Fridays from 9:30am -1:30 pm. We operate in the basement of the Cathedral and have 2 rooms that are solely for the Thrift Shop and then we move racks out into the Mark & Luke rooms when we are open. Luckily all our racks are on wheels, which makes moving the racks easier – still it takes about 20 minutes to put everything away at the end of the day.

What happens to the money we raise? For each of the 10 months we are open, we pay rent of \$700.00 (designated to rent, youth ministry and youth trust).

Along with this yearly payment of \$7000, we also make donations to St. Paul's for major repairs, upgrades, new equipment etc. In recent years we donated \$1000 toward the magnetic door stops, and also funds to a new window in the alley door, new lighting in the Cathedral, as well as the Prayer Shawl Ministry and Out of the Cold to name just a few projects. We also donate funds outside St. Paul's – we have donated funds recently to Christmas Amalgamated, Y Women's Shelter, Salvation Army, and A Way Home to name a few. We also provide customers with free items where needed.

All of this could not be done without the help of dedicated volunteers and the generous donations received from the parish and community. We have 2 teams of volunteers – those that work on Friday when we are open (5 regulars and 3 that come in at closing to help put everything away) and those that work behind the scenes (about 6) during the week, sorting, pricing, and displaying the donations.

Only clean, mended and “gently used” items are put out for sale.

We appreciate all the donations we receive, but ask that all items be clean, mended and “gently used” and please, no furniture. Elaine Parkes Phone: 250-374-2316 or Email: elaineparkes05@shaw.ca

January 27, 2020

The Anglican Church of Canada



L'Église anglicane du Canada

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Dear friends in Christ,

Recently we have heard news that the Corona virus has now spread into Canada. Though only two cases are known so far (in Toronto) many of us remember the SARS crisis and the precautions that were needed when it came close to our communities.

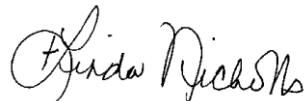
First, our prayers are extended to those who are ill with this virus and those who are caring for them, especially those at the epicentre of this outbreak in China. So far there has been no call from public health officials for additional measures in public activities. However it is prudent to ensure that we have reviewed our practices in pastoral care and public worship to keep everyone, especially the most vulnerable due to age or infirmity, safe and to allay fears that may arise. Here are some areas to consider in your parish:

- i) Hygiene practices in pastoral care and worship
 - a. Availability of hand sanitizer in the worship space for parishioners and those serving in the liturgy
 - b. Pastoral care workers taking all precautions in personal hygiene before and after pastoral visits in hospital and homes.
 - c. Reminding parishioners who are ill to stay at home to recover and to request home communion or a pastoral visit as desired.
- ii) If concern about the common cup is expressed:
 - a. Refresh teaching regarding our theology of the fullness of communion in one kind (bread or wine only).
 - b. Sharing the national information re Eucharistic Practice and the Risk of Infection:
<https://www.anglican.ca/faith/worship/pir/euc-practice-infection/>
 - c. Alternatives to common cup:
 - i. Receive in one kind only (bread)

- ii. Touching the base of the cup as it is presented but not consuming
- iii. Intinction – though this must be done properly in a manner that makes contact of the fingers with the wine impossible – preferably with a proper intinction cup. Some dioceses prohibit intinction altogether.
- iv. Disposable individual cups – with due attention to hygiene in preparation.

I pray that our common life in worship and pastoral care will be rooted in the compassion of Christ and appropriate care for one another in a time of uncertainty.

With prayers for all,

A handwritten signature in black ink, appearing to read "Linda Nicholls".

The Most Rev. Linda Nicholls
Archbishop and Primate, Anglican Church of Canada

P.S. See Diocese of Toronto statement at:

<https://www.toronto.anglican.ca/2020/01/27/bishop-issues-statement-on-coronavirus-outbreak/>



Out Of The Cold

For Immediate Release: January 29, 2020
Out of the Cold Exploring Options for the Future

Kamloops BC – Out of the Cold may be down, but it is not out. Though the Board of Directors and the group's many volunteers were disappointed to hear they would not be able to open their doors after all this season, they are making themselves available to help other groups in Kamloops when needed. During the recent cold snap, Out of the Cold volunteers were mobilized to help Ask Wellness deal with the overflow of homeless people looking for a warming centre during the dangerously low temperatures Kamloops experienced. Donated clothing was sorted and dropped off for distribution at Spero House and Pit Stop. Crossroads also received several bags of warm clothes, along with snacks and enough soup to provide a hot lunch for 50 people. OOTC volunteers are also helping out at Mustard Seed this week, and will continue to do what they can to help despite being unable to secure a venue from which to set up a shelter service this winter.

The OOTC Board is also looking towards the future, and will be meeting at the end of February to begin their strategic planning for next year. "We need to regroup and determine just what kind of services the community needs from us," stated Executive Director, Lena Cimmarrusti. "We will be consulting with both service providers and service users to determine what the gaps are in the current programs for the city's homeless population. We hope to be able to fill any gaps identified, even if that means we have to find the money to pay for a rented space next winter.

For more information:

Lena Cimmarrusti, Executive Director
Out of the Cold
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