

HAPPY Thursday!
Here are some things you should know.

Thrift Store



The Thrift shop is always looking for donations so if you are thinking about cleaning out your closets or cupboards please keep them in mind.

Both summer and winter clothing is welcome.

Children & Youth Ministry



Children's Ministry meets this Sunday, February 9 during our 10am worship service. All are welcome! Join us as we hear Jesus' teaching about being light in the world and discover how we can be images of Jesus' love.



Youth Group meets on Friday, February 7th from 6:30-8:30pm in the Cathedral hall. This week will have games, games and more games and a time to make Valentine's Day cards to share.

If you are a youth between the ages of 13 and 25 the [**February Winter Youth Retreat at Sorrento Centre is scheduled for February 14-17, 2020. The information is online.**](#) We have funds in our youth trust fund to support youth in attending this retreat. Please talk to Melissa if you'd like to attend or if you have registered!

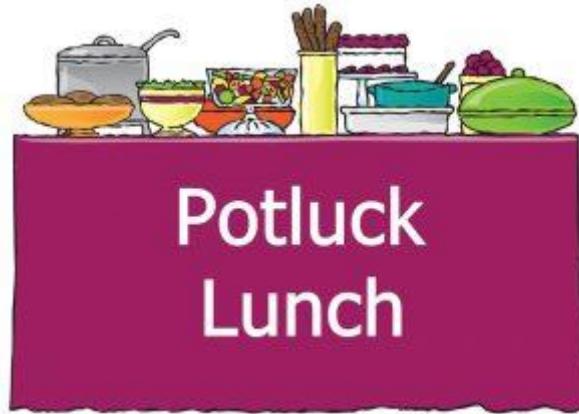
If you would like to be on the email list for children, youth and family ministry programs please email Melissa. If you have any questions or would like more information about the mentioned programs please contact Melissa Green at stpaulscathedralyouth@gmail.com or call/text **250-682-4866**.

Bible Study



Wed Noon Bible Study, "Savouring Scripture", where we discuss the readings for the upcoming Sunday. All welcome!

LUWA Lovin' Lunch - Saturday!



When: Sat, 8 February, 11:00 – 13:00

Where: KUC – Kamloops United Church
Description

Join us for a potluck lunch, great music and lovin' fellowship.

Please bring a dish to share!

Time: 11 AM to 1 PM (Lunch begins at 11:15 AM)

When: Saturday, February, 8, 2020

Where: Kamloops United Church, 321 St. Paul St., Kamloops

****LUWA = Lutheran, United, Wild & Anglican Churches
together.

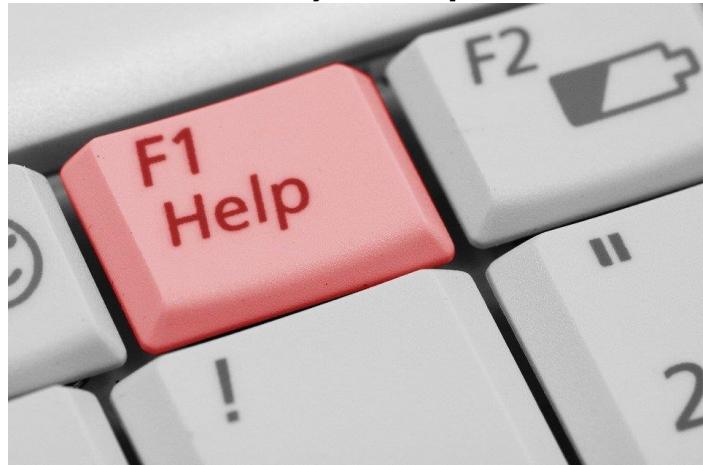
Sunday after Church - The Annual Vestry Meeting (AVM)



Is set for Sunday February 9th, 2020 – attached is the AVM booklet. There will be copies available at the back of the church.

Please bring a **FINGER FOOD** item to share for lunch at the beginning of to the meeting.

Can you help?



We're down to the wire and while many volunteers have come forward to serve on Cathedral Committee (thank you!) we are still seeking a **recording secretary** for the year ahead. This appointment will be made at the Feb 9th AVM. The group meets monthly and the recording secretary takes minutes at the meeting

and posts them in the hall to help keep the parish informed. Anyone with interest in the position is asked to contact Richard Cane at richard.cane@gmail.com ASAP.

Chamber Musicians of Kamloops The Goldberg Variations, à tre



Concert Details

At once epic and intimate, the Sycamore Trio brings to life J. S. Bach's tour de force in all its conversational ingenuity. Originally written for the harpsichord, this iconic work is sublimely refined in the hands of three string players.

Featured Performers: Cvetozar Vuettv, violin; Ashley Kroecher, viola; Martin Krátky, cello

Saturday, February 15, 2020, 7:30 pm
Kamloops United Church, 421 St. Paul Street

Tickets

\$25 general, \$20 for CMK members and youth under 19, FREE for children under 12

Friendship Friday



Friendship Friday February 21, 2020
Guest speaker Amy Baskin from CMHA
TOPIC Seniors Mental Health (the ups and downs in Life)
TIME 10 AM
ALL WELCOME



St. Paul's Cathedral
Your Anglican Cathedral In Kamloops BC



Bring your family and celebrate Friendship Month on Friday
February 21st 5-7 pm at St. Paul's Cathedral Hall, 360 Nicola St.

Gather for a free family style dinner followed by children's stories and friendship themed crafts, games and songs. Invite another family to come too!

Friday Family Food & Fun is a non-religious community event held the 3rd Friday of each month. Families of all descriptions are welcome (LGBTQ, single parents, grandparents, etc.) The games, crafts and stories are aimed at young children, pre-school and early elementary school age children (3-10 years old) although all are welcome.

Register on Eventbrite at <https://www.eventbrite.com/e/friday-family-food-and-fun-tickets-92998758791> or by calling or texting Cathy at 250-852-3295

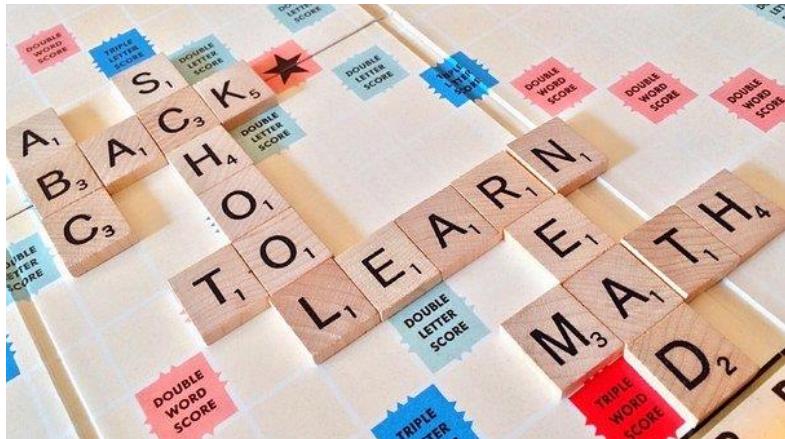
Soup Bee



Monday February 24 at 9:30am

Come peel, chop, laugh and make soup for our Soup Ministry Program. Coffee, Tea and muffins (or something suitably snack like) provided.

KIWANIS SCRABBLE TOURNAMENT
Monday, Feb.24 6:00 PM to 9:00 PM
The Vic Downtown 377 Victoria St



Pre-registration \$22.23 @kamloopskiwanis.org
Registration \$25 at the door (Cash or Cheque)

Proceeds to:
Kamloops Festival of the Performing Arts

FMI: Peter 250-574-6314/Roger 250-299-1163
There will be a Silent Auction / Refreshments available

SHROVE TUESDAY

Pancake Supper

TUESDAY, FEBRUARY 25, 2020

5:00PM - 7:00PM

ST. PAUL'S ANGLICAN CATHEDRAL

360 NICOLA STREET

SUGGESTED DONATION: \$5/PERSON

Join us for:

- Pancakes
- Sausages
- Intergeneration Craft Station
- Community



Lenten Lectures schedule is out!

LENTEN LUNCHEON LECTURES 2020

St. Paul's Anglican Cathedral in Kamloops

YOU'LL NEVER WALK ALONE: THE PLACE OF MUSIC IN SPIRITUAL LIFE

THURSDAYS AT 12:15PM - FOLLOWED BY A
LIGHT LUNCH

February 27

In the Beginning was the Song
Gordon Light

March 19

Popular Song As Prophetic Voice
Ron Ste Marie

March 5

*The Sound of the Kingdom of God:
Orthodox Liturgical Music*
John Boyd

March 26

Music in Health Care
Gorden James

March 12

The Inner Song as Holy Voice!
Bob Wallace

April 2

*Music As Part Of The Spiritual
Journey*
Dan Hines & Oliver Swain

I am so thankful for music that speaks into my soul, my life.
Especially some of the old hymns that cement truth and the new
ones that refresh and challenge my daily walk with God.
- Joanne Schroeder

*Since 2004 the St. Paul's
Lenten Luncheon Lectures
Series has attracted some of
our local most imaginative
and thoughtful speakers and
leaders. This year's offering is
no exception.*

Contact St. Paul's Cathedral

360 Nicola St. Kamloops BC Canada - 250-372-3912
stpaulscathedral@shawbiz.ca - kamloopsanglicancathedral.com

The Circular



It is never too early to think about submitting an article to the Circular. The next theme is RENEWAL and the deadline is March 13. You can submit articles to - stpaulscathedralcircular@gmail.com