

HAPPY Thursday!
Here are some things you should know.

Attached is a statement from the Primate re: the Corona Virus

Thrift Store



The Thrift shop is always looking for donations so if you are thinking about cleaning out your closets or cupboards please keep them in mind.

Both summer and winter clothing is welcome.

Children & Youth Ministry



Children's Ministry meets this Sunday, February 2 during our 10am worship service. All are welcome! Join us as we hear stories about the presentation of the Lord and are reminded that

the light of the Holy One is a reminder that we are never, ever alone!



Youth Group meets on Friday, January 31st from 6:30-8:30pm in the Cathedral hall. Can you think of 100 blessings in your life? 100 things that make you happy? Or maybe 100 things that you are thankful for? Start thinking! We'll be connecting and pausing together while also enjoying each other's company through games. ("Ambeoma Hula" is on the list... join us to find out what it's all about!)

If you are a youth between the ages of 13 and 25 the [February Winter Youth Retreat at Sorrento Centre is scheduled for February 14-17, 2020. The information is online.](#) We have funds in our youth trust fund to support youth in attending this retreat. **Please talk to Melissa if you'd like to attend or if you have registered!**

If you would like to be on the email list for children, youth and family ministry programs please email Melissa. If you have any questions or would like more information about the mentioned programs please contact Melissa Green at stpaulscathedralyouth@gmail.com or call/text [250-682-4866](tel:250-682-4866).

Bible Study



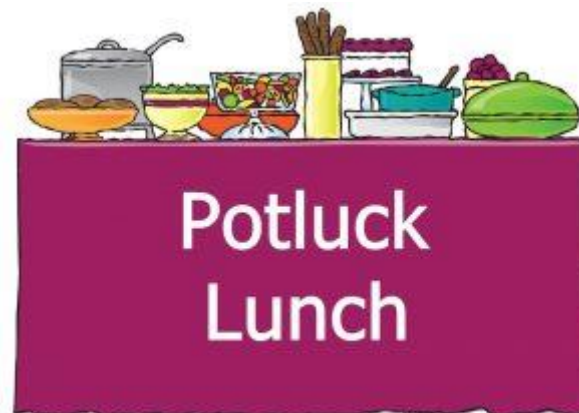
Wed Noon Bible Study, “Savouring Scripture”, where we discuss the readings for the upcoming Sunday. All welcome!

Cathedral Committee



Cathedral Committee will be elected at the Feb 9th AVM. The group meets monthly and there are open positions for Members at Large and TOTP Delegates/Alternates. Any youth interested in joining are also welcomed as there are TOTP Youth Delegate positions available. Anyone with interest in joining is asked to contact Richard Cane at richard.cane@gmail.com.

LUWA Lovin' Lunch



When: Sat, 8 February, 11:00 – 13:00

Where: KUC – Kamloops United Church

Description

Join us for a potluck lunch, great music and lovin' fellowship.

Please bring a dish to share!

Time: 11 AM to 1 PM (Lunch begins at 11:15 AM)

When: Saturday, February, 8, 2020
Where: Kamloops United Church, 321 St. Paul St., Kamloops
****LUWA = Lutheran, United, Wild & Anglican Churches
together.

The Annual Vestry Meeting



Is set for Sunday February 9th, 2020
Please bring a **FINGER FOOD** item to share for lunch at the
beginning of to the meeting.

Weekly update from the National Church



Anglican Church of Canada

General Synod Weekly

<https://mailchi.mp/national/anglican-church-of-canada-weekly-update-40sp9wt0n6?e=847b23ccdd>

Chamber Musicians of Kamloops

The Goldberg Variations, à tre



Concert Details

At once epic and intimate, the Sycamore Trio brings to life J. S. Bach's tour de force in all its conversational ingenuity. Originally written for the harpsichord, this iconic work is sublimely refined in the hands of three string players.

Featured Performers: Cvetozar Vuetv, violin; Ashley Kroeche, viola; Martin Krátky, cello

Saturday, February 15, 2020, 7:30 pm

Kamloops United Church, 421 St. Paul Street

Tickets

\$25 general, \$20 for CMK members and youth under 19, FREE for children under 12

SHROVE TUESDAY

Pancake Supper

TUESDAY, FEBRUARY 25, 2020

5:00PM - 7:00PM

ST. PAUL'S ANGLICAN CATHEDRAL

360 NICOLA STREET

SUGGESTED DONATION: \$5/PERSON



Join us for:

- Pancakes
- Sausages
- Intergeneration
Craft Station
- Community

Lenten Lectures – save the dates!



Thursdays at 12:15pm – Followed by a light lunch

Presenters:

Feb 27: Gordon Light - "In the Beginning was the Song"

March 5: John Boyd - "The Sound of the Kingdom of God: Orthodox Liturgical Music."

March 12: Bob Wallace - "The Inner Song as Holy Voice!"

March 19: Ron Ste. Marie - "Popular Song As Prophetic Voice"

March 26: Gordon James - "Music in Health Care"

April 2: Dan Hines with musician Oliver Swain - "Music As Part Of The Spiritual Journey"

The Circular



It is never too early to think about submitting an article to the Circular. The next theme is RENEWAL and the deadline is March

13. You can submit articles to -
stpaulscathedralcircular@gmail.com



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January 27, 2020

Dear friends in Christ,

Recently we have heard news that the Corona virus has now spread into Canada. Though only two cases are known so far (in Toronto) many of us remember the SARS crisis and the precautions that were needed when it came close to our communities.

First, our prayers are extended to those who are ill with this virus and those who are caring for them, especially those at the epicentre of this outbreak in China.

So far there has been no call from public health officials for additional measures in public activities. However it is prudent to ensure that we have reviewed our practices in pastoral care and public worship to keep everyone, especially the most vulnerable due to age or infirmity, safe and to allay fears that may arise.

Here are some areas to consider in your parish:

- i) Hygiene practices in pastoral care and worship
 - a. Availability of hand sanitizer in the worship space for parishioners and those serving in the liturgy
 - b. Pastoral care workers taking all precautions in personal hygiene before and after pastoral visits in hospital and homes.
 - c. Reminding parishioners who are ill to stay at home to recover and to request home communion or a pastoral visit as desired.
- ii) If concern about the common cup is expressed:
 - a. Refresh teaching regarding our theology of the fullness of communion in one kind (bread or wine only).
 - b. Sharing the national information re Eucharistic Practice and the Risk of Infection:
<https://www.anglican.ca/faith/worship/pir/euc-practice-infection/>
 - c. Alternatives to common cup:
 - i. Receive in one kind only (bread)
 - ii. Touching the base of the cup as it is presented but not consuming
 - iii. Intinction – though this must be done properly in a manner that makes contact of the fingers with the wine impossible – preferably with a proper intinction cup. Some dioceses prohibit intinction altogether.
 - iv. Disposable individual cups – with due attention to hygiene in preparation.

I pray that our common life in worship and pastoral care will be rooted in the compassion of Christ and appropriate care for one another in a time of uncertainty.

With prayers for all,

A handwritten signature in black ink, reading "Linda Nicholls". The signature is written in a cursive, flowing style.

The Most Rev. Linda Nicholls
Archbishop and Primate, Anglican Church of Canada

P.S. See Diocese of Toronto statement at:

<https://www.toronto.anglican.ca/2020/01/27/bishop-issues-statement-on-coronavirus-outbreak/>