

HAPPY Thursday!
Here are some things you should know.

A note from the Dean:
COVID-19 and St. Paul's Cathedral

Every day brings new revelations concerning the Coronavirus and this affects our practice at St. Paul's. While bishop Barbara will issue another pastoral letter later on Thursday, I can say at this time that:

- The common cup will be discontinued at Holy Eucharist. A small amount of wine will be blessed and reserved for future use but not shared.
- Bread will continue to be distributed by the presider only in a safe manner.
- Coffee time and other events involving the sharing of food will be curtailed until further notice.
- At all times we ask folks to be aware of their personal space and to create distance between themselves and others.
- Persons who feel even mildly ill are asked to stay home until feeling better.
- We will consider ways of maintaining contact with those who are isolated for any reason.
- Finally, please pray for each other and for those who are directly affected by the global pandemic.

Any questions, please call Dean Ken at 778 220 2631.

Lenten Lectures!

LENTEN LUNCHEON LECTURES 2020
St. Paul's Anglican Cathedral in Kamloops

YOU'LL NEVER WALK ALONE: THE PLACE OF MUSIC IN SPIRITUAL LIFE

THURSDAYS AT 12:15PM - FOLLOWED BY A
LIGHT LUNCH

February 27

In the Beginning was the Song
Gordon Light

March 19

Popular Song As Prophetic Voice
Ron Ste Marie

March 5

*The Sound of the Kingdom of God:
Orthodox Liturgical Music*
John Boyd

March 26

Music in Health Care
Gorden James

March 12

The Inner Song as Holy Voice!
Bob Wallace

April 2

*Music As Part Of The Spiritual
Journey*
Dan Hines & Oliver Swain

I am so thankful for music that speaks into my soul, my life.
Especially some of the old hymns that cement truth and the new
ones that refresh and challenge my daily walk with God.
- Joanne Schroeder

*Since 2004 the St. Paul's
Lenten Luncheon Lectures
Series has attracted some of
our local most imaginative
and thoughtful speakers and
leaders. This year's offering is
no exception.*

Contact St. Paul's Cathedral

360 Nicola St. Kamloops BC Canada - 250-372-3912
stpaulscathedral@shawbiz.ca - kamloopsanglicancathedral.com

The Circular



Last Chance!!! The next theme is RENEWAL and the deadline is March 13. You can submit articles to - stpaulscathedralcircular@gmail.com

Children & Youth Ministry



Children's Ministry gather this Sunday, March 15, 2020. For the third Sunday of Lent we are hearing the story of the Woman at the Well.

Youth Group meets next this Friday, March 13, 2020. This week it is Science Night! Come prepared to get knee deep in science...

How many bubbles can you get into one bubble? What happens when you mix certain materials together? What in science amazes you?? What in God's great and beautiful world amazes you in the same way?



This weeks photo is not from one of our ministry programs but from the exciting blooms that started appearing outside the Cathedral!

If you would like to be on the email list for children, youth and family ministry programs please email Melissa. If you have any questions or would like more information about the mentioned programs please contact Melissa Green at stpaulscathedralyouth@gmail.com or call/text [250-682-4866](tel:250-682-4866).

PWRDF Lenten Resource
Listen to the Lenten Gospels
This Lent, PWRDF invites you to join us on an audio journey
through the Gospels of Lent.



Beginning on Ash Wednesday and continuing each Sunday to Easter, you will receive an email with an audio recording of the day's Gospel and an audio reflection responding to the Gospel by Archbishop Linda Nicholls and six other friends of PWRDF.

(Written texts will also be provided.)

On each of the following three days, you will receive emails inviting you to listen to the reading again and enter into your own time of reflection using Gospel-based Discipleship, the practice developed by the Anglican Church of Canada's Indigenous Ministries. This practice asks you to identify how the words speak to you, and what Jesus (the Gospel) calls you to do. Finally, we will invite you to read how PWRDF responds to the Gospel message through our projects and partners.

Our diverse group of voices are:

- **Lent 3 – [Allison McDougall](#)**
Postulant, Diocese of Huron
- **Lent 4 – [James Kornelsen](#)**
Canadian Foodgrains Bank, Winnipeg
- **Lent 5 – [Elsa Tesfay](#)**
PWRDF staff member
- **Palm Sunday and Holy Week – [Rev. Canon David Harrison](#)**
PWRDF Board of Directors, Diocese of Toronto

- **Easter – Archbishop Linda Nicholls**
Primate, Anglican Church of Canada

Subscribe here - [Subscribe](#)

Friendship Friday



Friendship Friday March 20, 2020 –Time - 10 am
Guest speaker Therapy Dog Program
Bridget J talks about the value of therapy dogs

Friday, Fun, Family



Antlers + Owls + Imagination = Lots of Fun! Join us on Friday March 20th 5-7 pm at St. Paul's Cathedral Hall. End spring break with stories, crafts, songs and games and enjoy a free family dinner.

Friday Family Food & Fun is a non-religious community event held the 3rd Friday of each month. Families of all descriptions are welcome (LGBTQ, single parents, grandparents, etc.) The games, crafts and stories are aimed at young children, pre-school and early elementary school age children (3-10 years old) although all are welcome.

Register on Eventbrite at <https://www.eventbrite.ca/e/friday-family-food-and-fun-tickets-98075172481> or by calling or texting Cathy at 250-852-3295.

Easter Flowers



It is time to order your Easter flowers in memory of a loved one. Every year we decorate the altar with Chrysanthemums on Easter Sunday. There is a suggested donation of \$20 and the deadline to order is April 1. Please contact Joan Lukow to confirm your order - jlukow@outlook.com

Holy Week Services



Holy Week at St. Paul's Cathedral 2020

Palm Sunday	April 5	8:00 a.m. 10:00 a.m.	Holy Communion Holy Eucharist and Liturgy of the Palms
Maundy Thursday	April 9	7:00 p.m.	Holy Eucharist with Foot Washing, The Stripping of the Altar
Good Friday	April 10	11:00 a.m.	The Celebration of the Lord's Passion
Easter Day	April 12	5:30 a.m. 8:00 a.m. 10:00 a.m.	Sunrise Eucharist (on the Beach off of Schubert Drive) Holy Communion Holy Eucharist

Kamloops Hospice Association



Willow Tree Children's Grief Group

8 week Program

START DATE: WEDNESDAY April 1st

3:00 pm - 4:30pm

Pre Registration Required

Contact dallas@kamloopshospice.com or 250.372.1336

Kamloops Hospice Association

Cooper Community Resource Centre

72 Whiteshield Crescent S

Children ages 6-17 are invited to use play and art therapy as a healthy way to express their feelings of grief and loss together. This group setting provides an opportunity for children to know that they are not alone in their grief.

Kamloops Chamber Musicians featuring our own wonderful Gail Ovington

Chamber Musicians Kamloops
Proudly Presents
TWO ACROSS
CONCERT FOR HARP & ORGAN

Gail Ovington, Organ and Naomi Cloutier, Harp & Piano

Date: Saturday, April 18, 7:30 pm
Location: Kamloops United Church, 421 St. Paul Street
Price: \$25 for Adult, \$20 for youth (Under 19), and free for children (Under 12)

Sponsored By:

Kamloops
Canada's Tournament Capital

CMK
CHAMBER MUSICIANS OF KAMLOOPS

Saturday April 18 at 7:30pm
Kamloops United Church
\$25 per adult, \$20 for youth (under 19)

This unique combination of instruments features solo and duo compositions for organ and harp by composers such as Buxtehude, Bach, Boellman and Bedard. Special feature will be a premier performance of a new work for organ and harp by Canadian composer Denis Bedard.

**Vancouver School of Theology
Summer School**



VST Summer School
July 6th to 17th, 2020

Early-Bird Registration until May 15th.
[REGISTER NOW](#)

During the beautiful month of July, VST hosts an exciting array of courses. This is a terrific way to spend some time on the beautiful UBC campus while sampling what VST has to offer.

Public Lectures

Jesus Today

Speaker: Katherine Sonderegger

Tuesday, July 7th, 7pm

St. Mary's Kerrisdale Anglican Church
2490 W 37th Ave, Vancouver, BC

Free Admission

Thomas Merton Public Lecture

Speaker: Christine Bochen

Thursday July 23rd, 7pm

Epiphany Chapel

6030 Chancellor Blvd, Vancouver, BC

Free Admission

The Company of Preachers

The Preacher King

Speaker: Richard Lischer

Tuesday, July 14th, 7pm

Epiphany Chapel

6030 Chancellor Blvd, Vancouver, BC

Free Admission

Sorrento Centre

Special Program Opportunity

April 3 - 5, 2020

**“My times are in your hand”*: A walk through Holy Week with
Bishop Lynne McNaughton.**



As we prepare to observe Holy Week and the *Triduum* (the Great Three Days), following Jesus through Maundy Thursday, Good Friday, Holy Saturday, we will enter into a few of the scriptural passages for Holy Week, with discussion, imagination, and silence. How do we live the themes of Holy Week? We will use the biblical scholarship of Sandra Schneiders and Mary Coloe, among others.

Please bring your own Bible and your journal.

Facilitator: The Right Reverend Lynne McNaughton, Bishop of Kootenay, is an experienced retreat and pilgrimage leader. She taught Christian Spirituality at Vancouver School of Theology, and has a Doctorate of Ministry in Spiritual Leadership from Columbia School of Theology.

Program fees below include course fees, two nights' accommodation and meals.

Shared Accommodation: \$309.30 per person

Single Room (not shared): \$358.30 per person

Register here: [Register](#)