

**HAPPY Thursday!**  
**Here are some things you should know.**

**A note from the Dean:**  
**From my home to yours: Thoughts from Dean Ken**  
**Thursday March 26, 2020**

Time to tell the truth: I don't like working from home. While Kathie and our enthusiastic Labradoodle come alongside me day in and day out, I miss the varied interactions I daily enjoy in cathedral and community life. That said, I know that many of you live alone, and quite happily so. You have gifts to share with me I suspect.

This is such a crazy time. Every day, yesterday's common practice is modified. Mobility is restricted, in-person contact is reduced, and the routines of our daily lives which provide meaning and value are postponed. I have never experienced such disruption, but for those who lived through World War 2, or lived in Eastern Bloc countries during the Cold War, or remember experiences living in volatile African countries, such disruptions are not new.

You also have gifts to share with us all.

Speaking of gifts, as Christians we know that God is the great gift to and for us all, at all times, and especially at this crazy time. Our virtual worship service for this coming Sunday includes a beautiful hymn:

Healer of our every ill,  
light of each tomorrow,  
give us peace beyond our fear,  
and hope beyond our sorrow.

It was that very special word “peace” which Christ gave to the disciples when he rejoined them after the resurrection. The doors were locked “for fear of the Jewish leaders.” I can imagine Christ coming into each of our homes, whether we are fearful or not, bringing a special peaceful presence to us at this fragile though hopeful time. I use the word “hope” intentionally, and we will close this Sunday’s service in hope:

Lord of all hopefulness, Lord of all joy,  
whose trust, ever childlike, no cares could destroy:

Be there at our waking, and give us, we pray,  
your bliss in our hearts, Lord, at the break of the day.

I do pray for each and everyone today, that peace and hope might bless and encourage you as we move through this unpredictable time together.

Grace, peace and hope to all,

Dean Ken+

**What worship looks like during the COVID-19 situation:**



Join us Sunday at 10am for our time of worship together online. Bishop Gordon Light will be offering music and a reflection on this week's scripture. (**I have attached the virtual bulletin to this email**)

### **How to Join Us:**

If you are on Facebook: Go to the St. Paul's Cathedral, Kamloops BC page. The live stream of the service will begin at 10am and should appear for you at that time. If it doesn't, refresh your web browser and try again!

If you are not on Facebook: You should still be able to access the live streaming of the service without making an account. Go to this link: <https://www.facebook.com/St-Pauls-Cathedral-Kamloops-BC-296619537018803/?ref=bookmarks> and the live stream should begin at 10am. **You may need to say "no" to the invitations to create an account.**

Can't join us at 10am on Sunday? No worries! The service will stay on the Facebook page for St. Paul's and within a few hours will also be uploaded onto the Cathedral website for your viewing.

We look forward to gathering with you on Sunday morning through the ways that technology offers to us

### **A note from the envelope secretary about the offering**



During this time of change within our lives, I would like to renew the message that our St. Paul's Cathedral must continue to function financially as usual. Bills must be paid.

We would like to offer you a couple different options to continue with your generous weekly offerings.

Those of you who already are signed onto Direct Deposit, nothing will change for you.

Those of you who have envelopes, we ask that you either drop your weekly offering into the mail slot at St. Paul's Cathedral or mailing can be used if your offering is in the form of a cheque.

Please don't put cash in the postal service.

The office will be manned on a regular basis and your cash offerings will not be sitting the mail slot for any length of time.

We would also like to offer those who have envelopes a short term Direct Deposit option, if you would like. Please call Trish at 250-374-1484 and she will make sure you get the necessary form and explain how the process will work.

We want to thank everyone so very much for your continued support in making sure our church building is cared for during these trying times.

**Children & Youth Ministry**



With children and youth ministry programming on hold Melissa is sending out emails once a week or so with a few suggestions and activities for families who find it helpful. Hopefully in the next week some of these resources will be shared on our website.



Contact Melissa if you'd like to be on this email list. She is also available to connect with families via email, phone and video. [stpaulscathedralyouth@gmail.com](mailto:stpaulscathedralyouth@gmail.com) or call/text 250-682-4866.

## From the Dean



**Please know that St. Paul's Cathedral is closed until further notice for all uses. If anyone requires access to the building please leave a message for warden Jon Buckle at 250 571 0675. Please stay home, for yourself, and for everyone.**

Jon Buckle, Melissa Green and Kathie Gray are assembling a phone network which will become operational as soon as next week. If for any reason you DO NOT WISH to receive an occasional call from the network simply indicate by return email or inform your caller and we will honour your wish.

We encourage all group leaders who communicate by email with your members to intentionally contact your groups or teams during this time.

**PWRDF Lenten Resource  
Listen to the Lenten Gospels**

**This Lent, PWRDF invites you to join us on an audio journey through the Gospels of Lent.**



Beginning on Ash Wednesday and continuing each Sunday to Easter, you will receive an email with an audio recording of the day's Gospel and an audio reflection responding to the Gospel by Archbishop Linda Nicholls and six other friends of PWRDF.  
(Written texts will also be provided.)

On each of the following three days, you will receive emails inviting you to listen to the reading again and enter into your own time of reflection using Gospel-based Discipleship, the practice developed by the Anglican Church of Canada's Indigenous Ministries. This practice asks you to identify how the words speak to you, and what Jesus (the Gospel) calls you to do. Finally, we will invite you to read how PWRDF responds to the Gospel message through our projects and partners.

**Lent 5 – Elsa Tesfay**

*PWRDF staff member*

- **Palm Sunday and Holy Week – Rev. Canon David Harrison**  
*PWRDF Board of Directors, Diocese of Toronto*
  - **Easter – Archbishop Linda Nicholls**  
*Primate, Anglican Church of Canada*

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