

HAPPY Thursday!
Here are some things you should know.

Lenten Lectures!

LENTEN LUNCHEON LECTURES 2020

St. Paul's Anglican Cathedral in Kamloops

**YOU'LL NEVER WALK ALONE:
THE PLACE OF MUSIC IN
SPIRITUAL LIFE**

**THURSDAYS AT 12:15PM - FOLLOWED BY A
LIGHT LUNCH**

February 27

In the Beginning was the Song
Gordon Light

March 19

Popular Song As Prophetic Voice
Ron Ste Marie

March 5

*The Sound of the Kingdom of God:
Orthodox Liturgical Music*
John Boyd

March 26

Music in Health Care
Gorden James

March 12

The Inner Song as Holy Voice!
Bob Wallace

April 2

*Music As Part Of The Spiritual
Journey*
Dan Hines & Oliver Swain

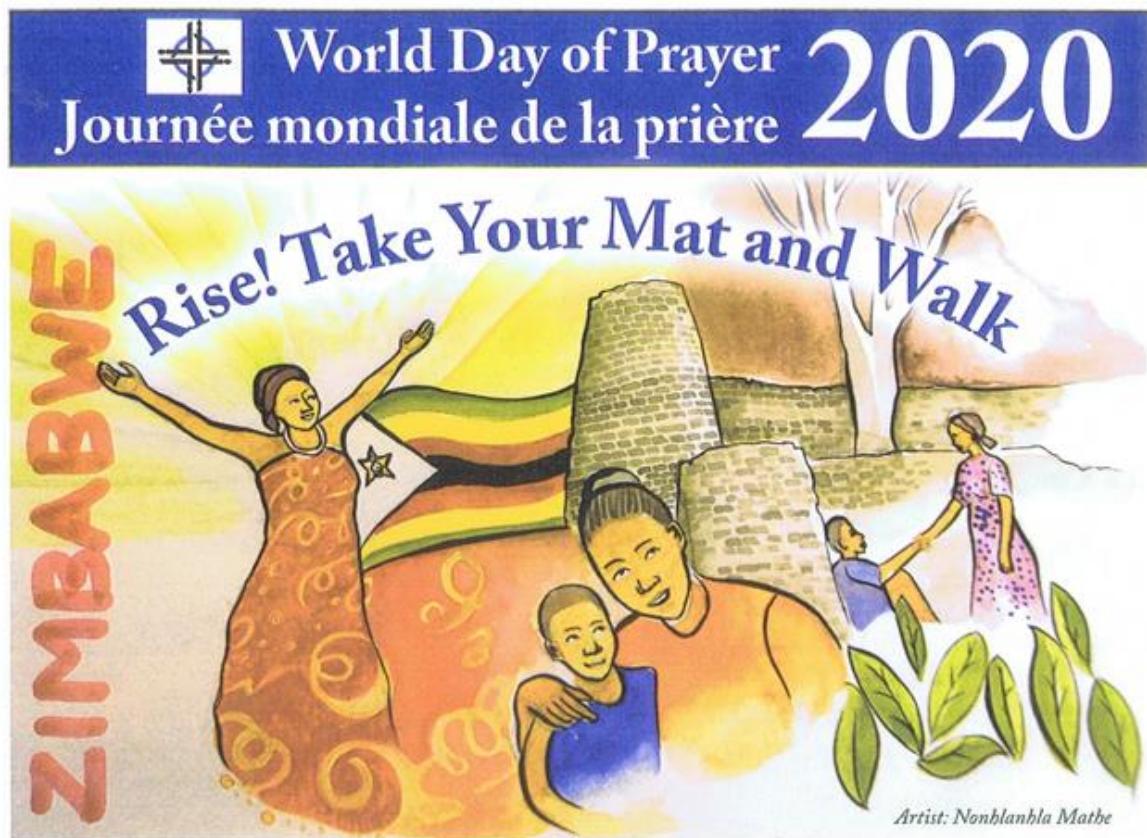
I am so thankful for music that speaks into my soul, my life.
Especially some of the old hymns that cement truth and the new
ones that refresh and challenge my daily walk with God.
- Joanne Schroeder

*Since 2004 the St. Paul's
Lenten Luncheon Lectures
Series has attracted some of
our local most imaginative
and thoughtful speakers and
leaders. This year's offering is
no exception.*

Contact St. Paul's Cathedral

360 Nicola St. Kamloops BC Canada - 250-372-3912
stpaulscathedral@shawbiz.ca - kamloopsanglicancathedral.com

Friday – World Day of Prayer



Ecumenical Worship Service Information/Renseignements sur la célébration œcuménique

MARCH 6, 2020

ST. ANDREW'S PRESBYTERIAN
1136 - 6th AVENUE, KAMLOOPS

Day/a date

1:00 P.M.

MARCH 6, 2020

OUR LADY OF PERPETUAL HELP
635 TRANQUILLE ROAD, KAMLOOPS

Location/l'endroit

7:00 P.M.

RECEPTION TO FOLLOW

Time/l'heure

RECEPTION TO FOLLOW

EVERYONE IS WELCOME!!

EVERYONE IS WELCOME!!

Additional Information/informations supplémentaires

Service written by the **World Day of Prayer Committee of Zimbabwe**, prepared and adapted for use in Canada by the **Women's Inter-Church Council of Canada**
Service rédigé par le **Comité de la Journée mondiale de la prière de Zimbabwe**, préparé et adapté pour le Canada par le **Conseil œcuménique des chrétiennes du Canada**



Spring Ahead!

**SPRING FORWARD YOU
MUST**



**OR LATE TO CHURCH YOU
WILL BE.**

memegenerator.net

Daylight saving time 2020 in Canada will begin at 3:00 a.m. on
Sunday March 8

Children & Youth Ministry



Children's Ministry meets this Sunday, March 8, 2020. For the second Sunday of Lent we are looking at prayer and making a small prayer journal for the week.

Youth Group meets next on March 13, 2020. This week it is Science Night! Come prepared to get knee deep in science... How many bubbles can you get into one bubble? What happens when you mix certain materials together? What in science amazes you?? What in God's great and beautiful world amazes you in the same way?

This weeks photo is from the youth group rock climbing evening last week! Thank you everyone for a fun evening together.



If you would like to be on the email list for children, youth and family ministry programs please email Melissa. If you have any questions or would like more information about the mentioned

programs please contact Melissa Green
at stpaulscathedralyouth@gmail.com or call/text **250-682-4866**.

PWRDF Lenten Resource
Listen to the Lenten Gospels

**This Lent, PWRDF invites you to join us on an audio journey
through the Gospels of Lent.**



Beginning on Ash Wednesday and continuing each Sunday to Easter, you will receive an email with an audio recording of the day's Gospel and an audio reflection responding to the Gospel by Archbishop Linda Nicholls and six other friends of PWRDF.

(Written texts will also be provided.)

On each of the following three days, you will receive emails inviting you to listen to the reading again and enter into your own time of reflection using Gospel-based Discipleship, the practice developed by the Anglican Church of Canada's Indigenous Ministries. This practice asks you to identify how the words speak to you, and what Jesus (the Gospel) calls you to do. Finally, we will invite you to read how PWRDF responds to the Gospel message through our projects and partners.

Our diverse group of voices are:

- **Ash Wednesday – Archbishop Linda Nicholls**
Primate, Anglican Church of Canada

- Lent 2 - [Dorothy Marshall](#)
PWRDF Representative, Diocese of Edmonton
- Lent 3 - [Allison McDougall](#)
Postulant, Diocese of Huron
- Lent 4 - [James Kornelsen](#)
Canadian Foodgrains Bank, Winnipeg
- Lent 5 - [Elsa Tesfay](#)
PWRDF staff member

- Palm Sunday and Holy Week - [Rev. Canon David Harrison](#)
PWRDF Board of Directors, Diocese of Toronto
- Easter - [Archbishop Linda Nicholls](#)
Primate, Anglican Church of Canada

Subscribe here - [Subscribe](#)

Friendship Friday



Friendship Friday March 20, 2020 -Time - 10 am
Guest speaker Therapy Dog Program
Bridget J talks about the value of therapy dogs

Easter Flowers



It is time to order your Easter flowers in memory of a loved one. Every year we decorate the altar with Chrysanthemums on Easter Sunday. There is a suggested donation of \$20 and the deadline to order is April 1. Please contact Joan Lukow to confirm your order -

jlukow@outlook.com

Holy Week Services



Holy Week at St. Paul's Cathedral 2020

Palm Sunday	April 5	8:00 a.m. 10:00 a.m.	Holy Communion Holy Eucharist and Liturgy of the Palms
Maundy Thursday	April 9	7:00 p.m.	Holy Eucharist with Foot Washing, The Stripping of the Altar
Good Friday	April 10	11:00 a.m.	The Celebration of the Lord's Passion
Easter Day	April 12	5:30 a.m. 8:00 a.m. 10:00 a.m.	Sunrise Eucharist (on the Beach off of Schubert Drive) Holy Communion Holy Eucharist

The Circular



It is never too early to think about submitting an article to the Circular. The next theme is RENEWAL and the deadline is March 13. You can submit articles to - stpaulscathedralcircular@gmail.com

Kamloops Hospice Association



Willow Tree Children's Grief Group
8 week Program

START DATE: WEDNESDAY April 1st
3:00 pm - 4:30pm

Pre Registration Required

Contact dallas@kamloopshospice.com or 250.372.1336

Kamloops Hospice Association

Cooper Community Resource Centre
72 Whiteshield Crescent S

Children ages 6-17 are invited to use play and art therapy as a healthy way to express their feelings of grief and loss together. This group setting provides an opportunity for children to know that they are not alone in their grief.

Vancouver School of Theology Summer School



VST Summer School
July 6th to 17th, 2020

Early-Bird Registration until May 15th.

REGISTER NOW

During the beautiful month of July, VST hosts an exciting array of courses. This is a terrific way to spend some time on the beautiful UBC campus while sampling what VST has to offer.

Public Lectures

Jesus Today

Speaker: Katherine Sonderegger

Tuesday, July 7th, 7pm

St. Mary's Kerrisdale Anglican Church

2490 W 37th Ave, Vancouver, BC

Free Admission

Thomas Merton Public Lecture

Speaker: Christine Bochen

Thursday July 23rd, 7pm

Epiphany Chapel

6030 Chancellor Blvd, Vancouver, BC

Free Admission

The Company of Preachers

The Preacher King

Speaker: Richard Lischer

Tuesday, July 14th, 7pm

Epiphany Chapel

6030 Chancellor Blvd, Vancouver, BC

Free Admission

Sorrento Centre

Special Program Opportunity

April 3 - 5, 2020

“My times are in your hand”*: A walk through Holy Week with Bishop Lynne McNaughton.



As we prepare to observe Holy Week and the *Triduum* (the Great Three Days), following Jesus through Maundy Thursday, Good Friday, Holy Saturday, we will enter into a few of the scriptural passages for Holy Week, with discussion, imagination, and silence. How do we live the themes of Holy Week? We will use the biblical scholarship of Sandra Schneiders and Mary Coloe, among others.

Please bring your own Bible and your journal.

Facilitator: The Right Reverend Lynne McNaughton, Bishop of Kootenay, is an experienced retreat and pilgrimage leader. She taught Christian Spirituality at Vancouver School of Theology, and has a Doctorate of Ministry in Spiritual Leadership from Columbia School of Theology.

Program fees below include course fees, two nights' accommodation and meals.

Shared Accommodation: \$309.30 per person

Single Room (not shared): \$358.30 per person

Register here: [Register](#)