

St. Paul's Cathedral

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Territory of the People

Anglican Church of Canada, Kamloops, BC

Joyful, Rooted, Hospitable, Responsive

Sunday, March 1, 2020 - 1st Sunday in Lent



“One does not live by bread alone, but by every word that comes from the mouth of God.”

We gather today on the traditional territory of the Stk' emlupsemc te Secwepemc Nation. We acknowledge their care for and working of the land prior to contact with Europeans. As Canadian Anglicans, we continue to work toward healing and reconciliation and a new experience of sharing the land together.

Holy Communion in the Chapel 8 a.m.

Presider & Preacher: Rev Canon Sandra Sugden; Assisting today: Lance Weisser
The service begins on page 67 of the Book of Common Prayer
Readings: Genesis 2:15-17; 3:1-7; Psalm 32; Romans 5:12-19; Matthew 4:1-11

Holy Eucharist at 10 a.m.

Welcome to St. Paul's Cathedral. Our worship follows the order on p. 185 in the green Book of Alternative Services. Hymns for the service are found in **Common Praise** or **More Voices** in your pew. The receiving of Communion is open to any who feel drawn to Christ. It is Christ's table and we are all his guests. Know you are welcome here and our delight is in your presence with us.

Organ Prelude: Organ Processional music - God is Light by Martin Manns

Processional Hymn

The Gathering

Melissa Green

God of my life, look gently down.

In this time and place, we gather on the ancestral and unceded lands of the Tk'emplúps te Secwépemc.

From many places and peoples we come to this house of prayer.

In this time and place, we meet in the presence of the living God.

The living God who creates us and all that is.

In this time and place, the risen Christ stands in our midst.

The risen Christ who accompanies us and all people.

In this time and place, together, one people of God.

In the name of God, Source of all being, Eternal Word and Holy Spirit. Amen.

Opening Hymn: CP 175 - Forty Days and Forty Nights

Collect **God of compassion,
through your Son Jesus Christ you reconciled your people to yourself.
Following his example of prayer and fasting,
may we obey you with willing hearts
and serve one another in holy love;
through Jesus Christ our Lord.**

Children's Sacred Square

Natasha Lyndon

**MV 216 Wherever you may go I will follow
 And your people shall be my people too.
 Wherever you may go I will follow
 For I would be faithful, loyal and true.**

First Reading Genesis 2:15-17; 3:1-7

Miriam Baskin

Psalm	32	p. 742
Second Reading	Romans 5:12-19	Kathie Gray
Gradual Hymn: MV 179 - Sisters Let Us Walk Together		
<i>Two verses sung prior to the Gospel proclamation; final verses after</i>		
The Holy Gospel of our Lord Jesus Christ		Richard Cane
according to Matthew 4:1-11		
Sermon		
<i>A period of silence follows the sermon</i>		
Anthem - Great is Thy Faithfulness	- Jim Mitchell (soloist)	
The Creed		188/189
Prayers of the People		Jim Waldie
Confession, absolution and peace		p. 191
Offertory Hymn: CP 531 - You Who Dwell in the Shelter of the Lord		
Prayer over the Gifts		p. 286
Eucharistic Prayer #3		p. 198
Sanctus		
The Lord's Prayer is sung		p. 211
The Breaking of the Bread #6		p. 213
<i>All are welcome at Christ's table. If you require gluten free bread, please indicate this to Communion Assistant at the altar rail. Prayers during communion are offered at the back of the cathedral during the distribution of Communion. Music during Communion MV 21 - Open our Hearts; Anthem: Welsh Hymn - CP 30 God that Madest Earth and Heaven</i>		
Prayers after communion		p. 287
Community announcements		
Recessional Hymn: CP 505 - Be Thou My Vision		
Dismissal		
<i>All are encouraged to gather in the Hall for coffee and refreshments.</i>		
WORSHIP MINISTERS at 10 a.m. service		
Presider & Preacher: Sandra Sugden; Gospeller: Richard Cane; Altar Guild: Miriam Baskin, Mercedes Liburd, Suzy Knox, Joan Lukow; Coffee Hosts: Mavis Chalmers & Bridget Jensen; Greeters: Mary & Gordon Dove; Lay Administrators: Alison McKinnon, Natasha Lyndon, Ken Munro; Lock Up: Bob King; Prayers of the People: Jim Waldie; Readers: Miriam Baskin, Kathie Gray; Servers: Lee Emery, Carol Patch and Rose Roy; Prayers during communion: Barb Liotskos, Margaret Mitchell Musicians: Gail Ovington and the Cathedral Choir		

Readings for March 8, 2020: Genesis 12:1-4a; Psalm 121; Romans 4:1-5, 13-17; John 3:1-17

THIS WEEK AT YOUR CATHEDRAL-
Office hours: Tues-Thurs, 9:30 a.m. – 1:30 p.m.
Ministry Focus: Music Program Ministry
Outreach Focus: Anglican Healing Fund

Wednesday	10 a.m.	Holy Communion, Chapel
	Noon	Bible Study, Chapter Room
Thursday	12:15 p.m.	Lenten Lecture, Cathedral
	7:30 p.m.	Choir practice, Cathedral – All welcome!
Friday	9:30 – 1:30	Thrift Shop, Basement

MUSIC PROGRAM - Parish Ministries of St. Paul's Cathedral

The music program at St. Paul's Cathedral in Kamloops consists of the St. Paul's choir, soloists within the choir, occasional guest vocalists and instrumentalists from the community as well as all music - organ preludes and postludes, hymns and solos supporting the liturgy.

The group has shown outstanding leadership in enhancing the 10 AM services as well as other special occasions. Soloists have been ongoing and solo rehearsals and preparation have included many Fridays and Saturdays.

All service music, including organ preludes and postludes, as well as choir anthems, solos, and hymns are planned in accordance to the liturgy. The Dean and I met every Monday morning from September through to December 30, 2019 to coordinate the music and to plan at least six weeks ahead.

There has been considerable effort to expand our music team. Ivan Vutev, countertenor, Andrew Mercer from " Cod gone Wild", Jennifer Kane, flautist, Alexa and Damaris Ste Marie, guitarist Pedro Sequera, Ron Ste Marie, percussionist, Bishop Gordon Light, singer and guitarist, as well as soloists within the choir - Rhonda Dextraze, Jim Waldie, and Jim Mitchell have all been part of our team.

Our music program is an excellent way to become involved in our service, express our talents and meet others with similar interests. We welcome anyone interested in becoming a member of this dedicated and active group and would be very pleased to talk to any parishioner wishing to know about the music program.

Respectfully submitted,

Gail Ovington - B.Mu., ARCT, PDP,

Member of the Royal Canadian College of Organists - Vancouver Branch
 Music Director for St. Paul's Cathedral, Kamloops

Easter Flowers

It is time to order your Easter flowers in memory of a loved one. Every year we decorate the altar with Chrysanthemums on Easter Sunday. There is a suggested donation of \$20 and the deadline to order is April 1. Please contact Joan Lukow to confirm your order -

jlukow@outlook.com