

St. Paul's Cathedral

Territory of the People

Anglican Church of Canada, Kamloops, BC

Joyful, Rooted, Hospitable, Responsive

Sunday, March 15, 2020 – 3rd Sunday in Lent



Those who drink of the water I will give them will never be thirsty. The water I give them will become a spring of water gushing up to eternal life.

We gather today on the traditional territory of the Stk'emlupsemc te Secwepemc Nation. We acknowledge their care for and working of the land prior to contact with Europeans. As Canadian Anglicans, we continue to work toward healing and reconciliation and a new experience of sharing the land together.

360 Nicola Street, Kamloops BC V2C 2P5 – 250-372-3912 – stpaulscathedral@shawbiz.ca

Holy Communion in the Chapel 8 a.m.

Presider: The Dean; Preacher: Rev Lance Weisser; Assisting today: Shirley Henderson

The service begins on page 67 of the Book of Common Prayer

Readings: Exodus 17:1-7; Psalm 95; Romans 5:1-11; John 4:5-42

Holy Eucharist at 10 a.m.

Welcome to St. Paul's Cathedral. Our worship follows the order on p. 185 in the green Book of Alternative Services.

*Hymns for the service are found in **Common Praise** or **More Voices** in your pew. The receiving of Communion is open to any who feel drawn to Christ. It is Christ's table and we are all his guests. Know you are welcome here and our delight is in your presence with us.*

Processional Music for Harp and Organ by CPE Bach

The Gathering

Melissa Green

God of my life, look gently down.

In this time and place, we gather on the ancestral and unceded lands
of the Tk'emlúps te Secwépemc.

From many places and peoples we come to this house of prayer.

In this time and place, we meet in the presence of the living God.

The living God who creates us and all that is.

In this time and place, the risen Christ stands in our midst.

The risen Christ who accompanies us and all people.

In this time and place, together, one people of God.

In the name of God, Source of all being, Eternal Word and Holy Spirit. Amen.

Opening Hymn: CP 354 Come Thou Fount Of Every Blessing

Collect **Almighty God,**

**whose Son Jesus Christ gives the water of eternal life,
may we always thirst for you,
the spring of life and source of goodness;
through him who lives and reigns with you
and the Holy Spirit,
one God, now and forever.**

Children's Sacred Square

The Dean

MV 216

**Wherever you may go I will follow
And your people shall be my people too.
Wherever you may go I will follow
For I would be faithful, loyal and true.**

First Reading

Exodus 17:1-7

Lindley Roff

| | | |
|--|---------------|--------------|
| Psalm | 95 | p. 833 |
| Second Reading | Romans 5:1-11 | Lynn Snook |
| Gradual Hymn: MV 26 God Of Still Waiting | | |
| <i>Two verses sung prior to the Gospel proclamation; final verses after</i> | | |
| The Holy Gospel of our Lord Jesus Christ | | Richard Cane |
| according to John 4:5-42 | | |
| Sermon | | |
| <i>A period of silence follows the sermon</i> | | |
| Harp Solo: Adagio by J.S. Bach | | |
| The Creed | | 188/189 |
| Prayers of the People | | Lindley Roff |
| Confession, absolution and peace | | p. 191 |
| Offertory Hymn: CP 500 Sister Let Me Be Your Servant | | |
| Prayer over the Gifts | | p. 290 |
| Eucharistic Prayer #3 | | p. 198 |
| Sanctus | | |
| The Lord's Prayer is sung | | p. 211 |
| The Breaking of the Bread #6 | | p. 213 |
| <i>All are welcome at Christ's table. If you require gluten free bread, please indicate this to Communion Assistant at the altar rail. Prayers during communion are offered at the back of the cathedral during the distribution of Communion. Music during Communion Harp and Organ by G. Telemann and Denis Bedard. Choir Anthem: It Is Well With My Soul</i> | | |
| Prayers after communion | | p. 290 |
| Community announcements | | |
| Recessional Hymn: CP 631 The Kingdom Of God Is Justice and Joy | | |
| Dismissal | | |
| <i>All are encouraged to gather in the Hall for coffee and refreshments.</i> | | |

WORSHIP MINISTERS at 10 a.m. service

Presider: The Dean; Preacher: Lance Weisser; Gospeller: Richard Cane; Altar Guild: Miriam Baskin, Mercedes Liburd, Suzy Knox, Joan Lukow; Coffee Hosts: Barry & Miriam Baskin; Greeters: Jo-Hunter & Bob Hunter; Lay Administrators: Carol & Randy Patch; Lock Up: James Boak; Prayers of the People: Lindley Roff; Readers: Lindley Roff, Lynn Snook; Servers: Alice Laboso, Rae Long, Lee Emery; Prayers during communion: Ron Ste. Marie, Verna Albright; Special Guest Musician: Naomi Cloutier, Harpist; Musicians: Gail Ovington and the Cathedral Choir

Readings for March 22, 2020: 1 Samuel 16:1-13; Psalm 23; Ephesians 5:8-14; John 9:1-41

| THIS WEEK AT YOUR CATHEDRAL- Office hours: Tues-Thurs, 9:30 a.m. – 1:30 p.m. Ministry Focus: Music Program Ministry Outreach Focus: Anglican Healing Fund | | |
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| Tuesday | 1.p.m. | Prayer Shawl Ministry, Cathedral |
| Wednesday | 10 a.m. | Holy Communion, Chapel |
| | Noon | Bible Study, Chapter Room |
| Thursday | 12:15 p.m. | Lenten Lecture, Cathedral |
| | 7:30 p.m. | Choir practice, Cathedral – All welcome! |
| Friday | 9:30 – 1:30 | Thrift Shop, Basement |
| | 10 a.m. | Friendship Friday, Hall |
| | 5:00 p.m. | Friday Fun Friends Food, Hall |

Easter Flowers

It is time to order your Easter flowers in memory of a loved one. Every year we decorate the altar with Chrysanthemums on Easter Sunday. There is a suggested donation of \$20 and the deadline to order is April 1. Please contact Joan Lukow to confirm your order - jlukow@outlook.com

Community Announcements

Lenten Lectures – upcoming – March 19 – Popular song as Prophetic voice with Ron Ste. Marie

Friendship Friday – March 20 at 10 am - Guest speaker Therapy Dog Program -- Bridget J talks about the value of therapy dogs.

Friday Family Fun and Food – Friday March 20 at 5pm in the Hall

Funeral for Thelma Allen – March 28th at 1 p.m.

Sorrento Centre - April 3 - 5, 2020 “My times are in your hand”: A walk through Holy Week with Bishop Lynne McNaughton.