

HAPPY Wednesday!
Here are some things you should know.

Attached are:
Bulletin Sunday June 21, 2020
Anglican Journal Epiphanies Digital Magazine

Sunday Facebook Live Service – 10am



photo credit Ken Gray

Join us Sunday at 10am for our time of worship together online.

How to Join Us:

If you are on Facebook: Go to the St. Paul's Cathedral, Kamloops BC page. The live stream of the service will begin at 10am and should appear for you at that time. If it doesn't, refresh your web browser and try again!

If you are not on Facebook: You should still be able to access the live streaming of the service without making an account. Go to this link: [Facebook Link](#) and the live stream should begin at 10am. **You may need to say "no" to the invitations to create an account.**

Can't join us at 10am on Sunday? No worries! The service will stay on the Facebook page for St. Paul's and within a few hours will also be uploaded onto the Cathedral website for your viewing.

We look forward to gathering with you on Sunday morning through the ways that technology offers to us

National Indigenous Day of Prayer with the Anglican Church of Canada



The Office of the National Indigenous Anglican Archbishop invites you to join us here for an online video worship service to celebrate National Indigenous Day of Prayer, **June 21, 2020 at 2pm Eastern Time**. *Come and see* Indigenous Anglicans and friends from across Canada for prayer, singing and story. We hope you will join us for this first time ever event.

<https://www.anglican.ca/im/nidp/>

Children & Youth Ministry



Dear Families,

This Sunday we are recognizing the National Indigenous Day of Prayer in our time of worship together. Join us if you are able to! As a family participate in some learning about reconciliation and our local Indigenous Peoples. There are many resources online. You may consider making and learning about the Medicine Wheel together - [some information can be found on our Cathedral website.](#)



Melissa is available to connect with families, children and youth via email, phone, MessengerKids, and video chat. She can be reached at stpaulscathedralyouth@gmail.com or call/text [250-682-4866](tel:250-682-4866)

Building is CLOSED



Please know that St. Paul's Cathedral is closed until further notice for all uses. If anyone requires access to the building please contact John Buckle. Please stay home, for yourself, and for everyone.

While most folks are approved for accessing the building, a few people still forget or may still be unaware to get advanced authorization (from Jon Buckle at 250 571-0675)

Additionally there are hand sanitizer dispensers for hands and disinfectant sprays to use to wipe down any door handles and other surfaces touched. A number of people have not been doing this.

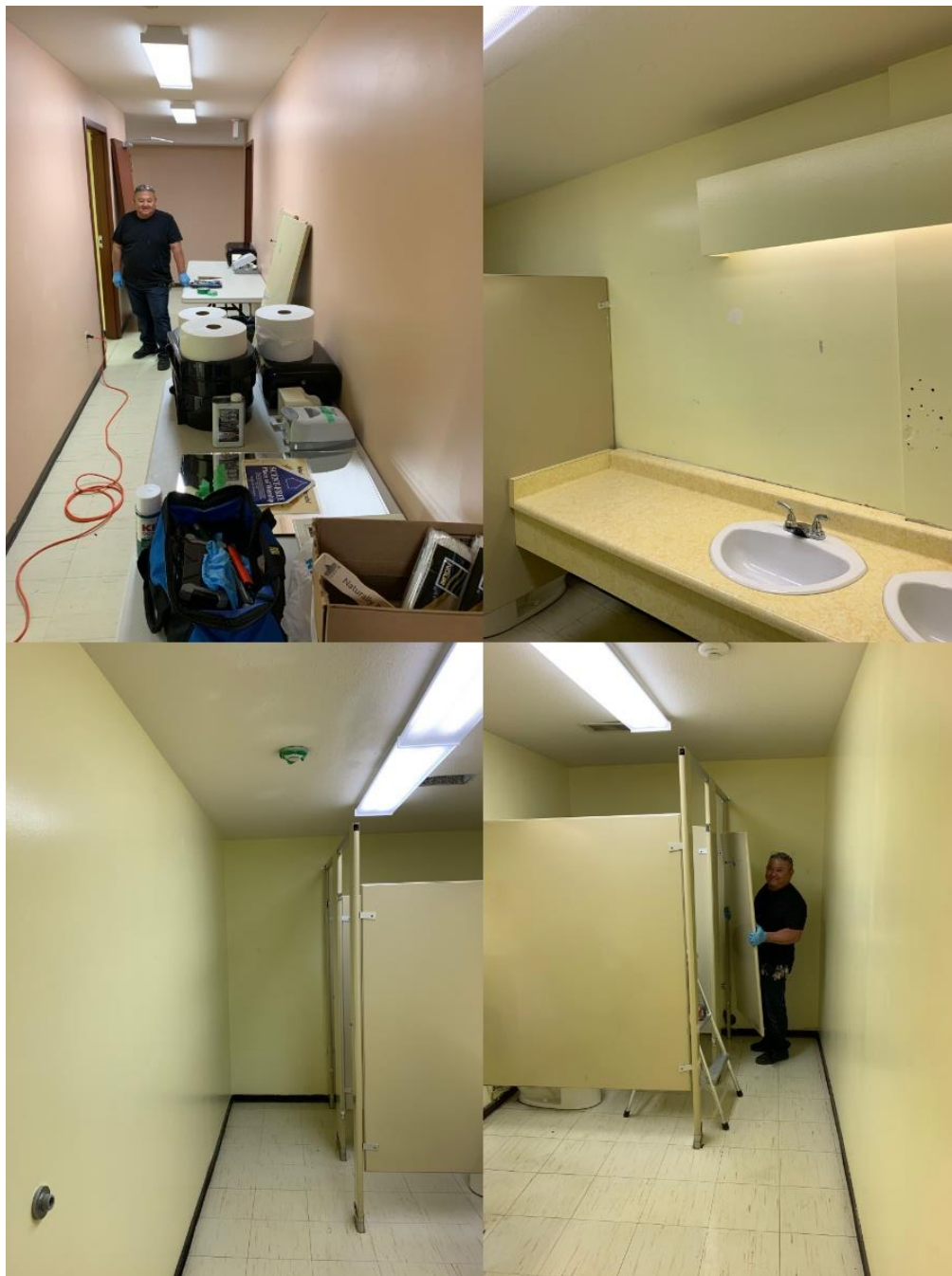
As we have several people with elevated risk for respiratory problems, please follow these procedures consistently to keep everyone safe!

Thank you,
Jon

What the staff does while the Church is closed

Ron and Claire (well mostly Ron at this point) are tackling a project in the basement. We are repainting the bathrooms. They were due for a touch up and this seems like the perfect time to start! Thank you to Gordon Dove for picking the colour – it is a gift and a skill!

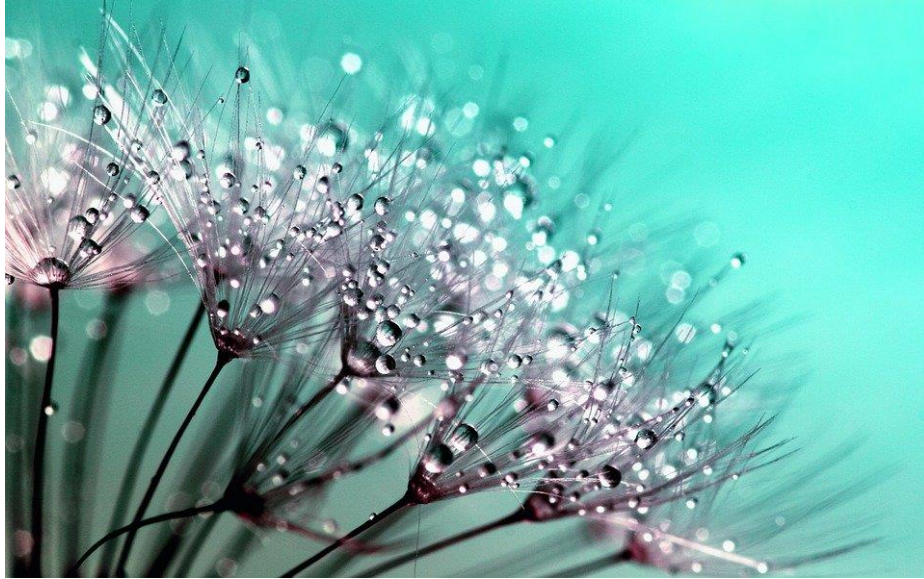
This is “before” Stay tuned for “after”



Kamloops from a different view

Check out this cool footage of Kamloops via drones -
<https://cfjctoday.com/2020/06/09/video-drone-film-lets-you-see-kamloops-region-with-new-eyes/>

FINDING GRACE WHEN RESTRICTIONS CHAFE



<https://hearingtheheartbeat.com/2020/06/15/finding-grace-when-restrictions-chafe/>

"Change, even good change that opens us up into a larger life, doesn't occur without an unsettling. And being unsettled, though uncomfortable, is grace, for without it, there is no growth." A fine description and interpretation of where we are presently at St.

Paul's.

So where do you find grace? Let us know and we will share in an appropriate way.