

A Service of the Word

The 13th Sunday after Pentecost, Aug 30, 2020

Virtual worship from St. Paul's Anglican Cathedral, Kamloops BC

Pat Rustand is at the keyboard today; Dean Ken leads the singing and officiates; The Rev. Canon Len Fraser preaches today.

God of my life, look gently down.

Dean Ken

In this time and place, we gather on the ancestral and unceded lands of the Tk'emplúps te Secwépemc.

From many places and peoples we join together in prayer.

In this time and place, we share in the presence of the living God.

The living God who creates us and all that is.

In this time and place, the risen Christ stands in our midst.

The risen Christ who accompanies us and all people.

In this time and place, together, one people of God.

In the name of God, Source of all being, Eternal Word and Holy Spirit. Amen.

O Lord, open our lips

and our mouth shall proclaim your praise.

Blessèd are you, Lord our God,
redeemer and ruler of all;
to you be glory and praise for ever!

From the waters of chaos
you drew forth the world,
and in your great love,
fashioned us in your image.
Now, through the deep waters of death
you have brought your people to new birth
by raising your Son to life in triumph.

May we, the firstfruits of your new creation,
rejoice in this new day you have made;
may Christ your light ever dawn in our hearts
as we offer you our sacrifice of thanks and praise,
Creator, Redeemer, and Giver of Life:
Blessèd be God for ever!

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever. Amen.

Celebrating Common Prayer

Hymn MV 109

Refrain MY SOUL IS THIRSTING FOR YOU, O LORD,

THIRSTING FOR YOU, MY GOD.

MY SOUL IS THIRSTING FOR YOU, O LORD,
THIRSTING FOR YOU, MY GOD,
THIRSTING FOR YOU, MY GOD.

O God, you are my God,
and I will always praise you.
In the shadow of your wings
I cling to you and you hold me high. Refrain

Through the day you walk with me;
all the night your love
surrounds me.

To the glory of your name
I lift my hands, I sing your praise. Refrain

I will never be afraid,
for I will not be abandoned.
Even when the road grows long
and weary
your love will rescue me. Refrain

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Let us pray

**Author and Giver of all good things,
graft in our hearts the love of your name,
increase in us true religion,
nourish us in all goodness,**

and of your great mercy keep us in the same;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. Amen.

A READING FROM THE BOOK OF EXODUS

Melissa Green

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up."

When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God.

Then the Lord said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt."

But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain." But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I AM WHO I AM."

He said further, "Thus you shall say to the Israelites, 'I AM has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': This is my name forever, and this my title for all generations." EXODUS 3:1-15

Hear what the Spirit says to all people **Thanks be to God**

Give thanks to the Lord and call upon his name;
make known his deeds among the peoples.

Sing to him, sing praises to him,
and speak of all his marvellous works.

Glory in his holy name;
let the hearts of those who seek the Lord rejoice.

Search for the Lord and his strength;
continually seek his face.

Remember the marvels he has done,
his wonders and the judgements of his mouth,

O offspring of Abraham his servant,
O children of Jacob his chosen.

Israel came into Egypt,
and Jacob became a sojourner in the land of Ham.

The Lord made his people exceedingly fruitful;
he made them stronger than their enemies;

Whose heart he turned, so that they hated his people,
and dealt unjustly with his servants.

He sent Moses his servant,
and Aaron whom he had chosen. Hallelujah!

A READING FROM THE LETTER OF PAUL TO THE ROMANS

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honour. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers. Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all.

Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, "Vengeance is mine, I will repay, says the Lord." No, "if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads." Do not be overcome by evil, but overcome evil with good. ROMANS 12:9-21

Hear what the Spirit says to all people **Thanks be to God**

Take up your cross, the Saviour said,
if my disciple you would be;
deny yourself, the world forsake,
and humbly follow after me.

Take up your cross; let not its weight
fill frightened spirit with alarm;
his strength shall bear your spirit up,
and brace your heart, and nerve your arm.

Take up your cross, nor heed the shame,
nor let your foolish pride rebel:
for you the Saviour bore the cross,
to save your soul from death and hell.

Take up your cross, then, in Christ's strength,
and every danger calmly brave;
'twill guide you to a heavenly home,
and lead to victory o'er the grave.

Take up your cross and follow Christ,
nor think till death to lay it down,
for only those who bear the cross
may hope to wear the glorious crown. PD

THE HOLY GOSPEL OF OUR LORD JESUS CHRIST ACCORDING TO MATTHEW

Glory to You Lord Jesus Christ

Canon Len, Gospeller

From that time on, Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, "God forbid it, Lord! This must never happen to you." But he turned and said to Peter, "Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things."

Then Jesus told his disciples, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life? For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for

what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom." MATTHEW 16:21-28

The Gospel of Christ **Praise to You Lord Jesus Christ**

Sermon

Canon Len

Affirmation

Jon Buckle

Glorify the Lord, all you works of the Lord,
praise him and highly exalt him for ever.

In the firmament of his power, glorify the Lord,
praise him and highly exalt him for ever.

Glorify the Lord, you angels and all powers of the Lord,
O heavens and all waters above the heavens.

Sun and moon and stars of the sky, glorify the Lord,
praise him and highly exalt him for ever.

Glorify the Lord, every shower of rain and fall of dew,
all winds and fire and heat.

Winter and summer, glorify the Lord,
praise him and highly exalt him for ever.

Glorify the Lord, O chill and cold,
drops of dew and flakes of snow.

Frost and cold, ice and sleet, glorify the Lord,
praise him and highly exalt him for ever.

Glorify the Lord, O nights and days,
O shining light and enfolding dark.

Storm clouds and thunderbolts, glorify the Lord,
praise him and highly exalt him for ever.

Let us glorify the Lord: Father, Son, and Holy Spirit;
praise him and highly exalt him for ever.

In the firmament of his power, glorify the Lord,
praise him and highly exalt him for ever.

Song of the Three 35-51

Listening God, you heard the prayers of the Israelites.
Hear now these prayers, both spoken and silent:

For peace where there is conflict . . .
For food where there is hunger . . .
For hope where there is despair . . .
For health where there is sickness . . .
For faith where there is fear . . .
For life where there is death . . .

We pray in the name of Jesus,
who conquers all that would defeat us
and gives us new life.

Acknowledging the Prayer Bowl on the altar, hear the prayers we lift together . . .

A word of thanksgiving

Jon Buckle

For the greening of trees
and the gentling of friends
we thank you, God.

For the brightness of field
and the warmth of the sun
we thank you, O God.

For work to be done
and laughter to share
we thank you, O God.

We thank you, and know
that through struggle and pain
in the slippery path of new birth
hope will be born
and all shall be well. Amen.

The Iona Community

Dear friends in Christ,
God is steadfast in love and infinite in mercy;
he welcomes sinners
and invites them to his table.
Let us confess our sins,
confident in God's forgiveness.

Silence is kept

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.

Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord. **Amen.**

The Lord's Prayer

Gathering our prayers and praises into one,
let us pray as our Saviour taught us,

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.

**Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.**

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Closing Responses

Hold fast to what is good;
repay no one evil for evil.
Rejoice in hope; be patient in suffering;
persevere in prayer.†

May Almighty God,
who creates all good,
redeems from all evil,
and hears all prayer,
be with you and all people
in suffering and in hope.†

And the blessing of the Holy One,
Source of All Being,
Eternal Word
And Holy Spirit
Be with you and those you pray for,
Today, and everyday, **Amen.**

Announcements

Dean Ken

Hymn MV 209

Refrain Go make a diff'rence.
We can make a diff'rence.
Go make a diff'rence in the world.
Go make a diff'rence.
We can make a diff'rence.
Go make a diff'rence in the world.

We are the salt of the earth,
called to let the people see
the love of God for you and me.
We are the light of the world,
not to be hidden but be seen.
Go make a diff'rence in the world. Refrain

We are the hands of Christ
reaching out to those in need,
the face of God for all to see.
We are the spirit of hope;
we are the voice of peace.
Go make a diff'rence in the world. Refrain

So let your love shine on,
let it shine for all to see.
Go make a diff'rence in the world.
And the spirit of Christ
will be with us as we go.

Go make a diff'rence in the world. Refrain

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A postlude is played by Pat Rustand

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