

Virtual Worship from St. Paul's Anglican Cathedral, Kamloops BC

Sunday, January 24, 2021 – Third Sunday after the Epiphany

Melissa Green anchors worship today; Barb Liotskos preaches; Bishop Gordon leads music; Pat Rustand is at the piano. Dean Ken is elsewhere.

Our service today originates from the traditional territory of the Tk'emlúps te Secwepemc – Kamloops & Area First Nation. We acknowledge their care for and working of the land prior to contact with Europeans. As Canadian Anglicans, we continue to work toward healing and reconciliation and a new experience of sharing the land together.

We give thanks to God for the life of George Wilmot in whose memory the altar flowers are given by his wife Linda Jackson. May he Rest In Peace with all the saints in Gods Heavenly Kingdom.

As we gather online Pat Rustand plays gathering music.

EPIPHANY PRAISE

Melissa Green

Arise, shine out, for your light has come,
the glory of the Lord is rising upon you.
Though night still covers the earth,
and darkness the peoples;
Above you the Holy One arises,
and above you God's glory appears.

The nations will come to your light,
and kings to your dawning brightness.
Your gates will lie open continually,
shut neither by day nor by night.

The sound of violence shall be heard no longer in your land,
or ruin and devastation within your borders.
You will call your walls, Salvation,
and your gates, Praise.

No more will the sun give you daylight,
nor moonlight shine upon you;
But the Lord will be your everlasting light,
your God will be your splendour.
For you shall be called the city of God,
the dwelling of the Holy One of Israel.

Isaiah 60.1–3, 11a, 18, 19, 14b – Common Worship, England

SONG

Welcomed in and outward bound,
We seek a world where all belong,
Each broken spirit renewed, restored,
A world we find through open doors.
And so we look to follow Christ
Walking by grace in newness of life.

We dare to question and to learn;
Drawn to a truth that can transform
the way we act, the way we dream,
A wisdom born of open minds.
And so we look to follow Christ
Walking by grace in newness of life.

With open hearts, we long to live
in freedom to receive and give;
Unsheltered hearts, and large enough
to bear all wounds in faith and love.
And so we look to follow Christ,
Walking by grace in newness of life.

We pray our hands are strong and firm,
Not closed to strike, or hurt or harm,
Open to heal, swift to embrace,
Hands that reveal compassion's face.
And so we look to follow Christ
Walking by grace in newness of life.

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COLLECT

Bishop Gordon

Almighty God,
by grace alone you call us
and accept us in your service.
Strengthen us by your Spirit,
and make us worthy of your call;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen.**

A READING FROM THE BOOK OF JONAH

The word of the Lord came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the Lord. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!"

And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth. When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it. JONAH 3:1-5, 10

Hear what the Spirit says to all people **Thanks be to God**

PSALM 62:6-14

For God alone my soul in silence waits;

truly, my hope is in him.

He alone is my rock and my salvation,

my stronghold, so that I shall not be shaken.

In God is my safety and my honour;

God is my strong rock and my refuge.

Put your trust in him always, O people,

pour out your hearts before him, for God is our refuge.

Those of high degree are but a fleeting breath,

even those of low estate cannot be trusted.

On the scales they are lighter than a breath,

all of them together.

Put no trust in extortion; in robbery take no empty pride;

though wealth increase, set not your heart upon it.

God has spoken once, twice have I heard it,

that power belongs to God.

Steadfast love is yours, O Lord,

for you repay everyone according to his deeds.

A READING FROM THE FIRST LETTER OF PAUL TO THE CORINTHIANS

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as

though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away. 1 CORINTHIANS 7:29-31

Hear what the Spirit says to all people **Thanks be to God**

HYMN MV 115 (3x)

Behold, behold, I make all things new,
Beginning with you and starting today.
Behold, behold, I make all things new,
My promise is true, for I am Christ the way.

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THE HOLY GOSPEL OF OUR LORD JESUS CHRIST ACCORDING TO MARK

Glory to You Lord Jesus Christ

Rev. Barb Liotskos

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea - for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him.

As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him. MARK 1:14-20

The Gospel of Christ **Praise to You Lord Jesus Christ**

SERMON

The Rev. Barb Liotskos

HOPING FOR MORE - PRAYERS OF INTERCESSION

Melissa Green

God, Creator,
more than mother, more than father,
in love you spoke,
and there was the world
for which we now pray.

We pray for more than our speech can contain:
for trees and mountains,
fish and birds,
the species that come and go over time.

We pray for more people than we can ever meet,
and because we pray,
you can ask us to share your peace
with the victims of war.

And because we pray,
you can ask us why farmers are paid
not to grow crops
while sisters and brothers go hungry.

And because we pray,
you can ask us why our creative gifts are used
to destroy families and nations
and the world around us.

You can ask us,
because you know from experience
what our life is like,
so our prayer is a two-way talk.
And, we pray, in our world
get your word in edgeways. **Amen.** *Iona Community*

THE LORD'S PRAYER

Bishop Gordon

As our Saviour taught us, let us pray,

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.**

**For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

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Lamb of God, you take away the sin of the world: **Have mercy upon us.**
Lamb of God, you take away the sin of the world: **Have mercy upon us.**
Lamb of God, you take away the sin of the world: **Grant us your peace.**

Let us pray.

**O Jesus Christ, Son of the Living God;
In these times I cannot receive you sacramentally as I wish.
Come into my soul now, as you came into your world.
Bring healing and peace. Give comfort and joy.
Restore your Church in Love. Strengthen us for service
that when our wanderings end,
we may in courage and confidence
bring your love to all creation, Amen.**

Quiet time – MV 85

Take, O take me as I am;
Summon out what I shall be;
Set your seal upon my heart and live in me.

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CLOSING PRAYERS

Barb Liotskos

Let us pray.

Gracious God
we thank you for feeding us in this spiritual way
with Jesus Christ.

**May we who follow Christ,
bring life to others;
we, who the spirit lights,
give light to the world.**

**Keep us firm in the hope you have set before us;
so that we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord. Amen.**

Glory to God,
**whose power working in us
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the church and in Christ Jesus
for ever and ever. Amen**

ENCOURAGEMENT AND CHALLENGE

The day is coming
when things will change.
The day is coming when we will set out.

The day is coming to cross the sea,
to touch the earth,
to plant a seed,
to trust...and not look back.
To trust and not look back.

The day has come when Christ sets out.
The day has come for food and friendship.

The day has come
not to flee but to embrace;
not to escape but to welcome;
not to shut out but, in safety and in community,
to trust and not look back.
To trust and not look back.

BLESSING

May we each depart,
With God's blessing, strength and encouragement,
In the name and presence of God:
 Source of All Being,
 Eternal Word,

And Holy Spirit, **Amen.**

HYMN CP 430

Will You Come And Follow Me
If I But Call Your Name?
Will You Go Where You Don't Know
And Never Be The Same?
Will You Let My Love Be Shown,
Will You Let My Name Be Known,
Will You Let My Life Be Grown
In You And You In Me?

Will You Leave Yourself Behind
If I But Call Your Name?
Will You Care For Cruel And Kind
And Never Be The Same?
Will You Risk The Hostile Stare
Should Your Life Attract Or Scare?
Will You Let Me Answer Prayer
In You And You In Me?

Will You Let The Blinded See
If I But Call Your Name?
Will You Set The Prisoners Free
And Never Be The Same?
Will You Kiss The Leper Clean,
And Do Such As This Unseen,
And Admit To What I Mean
In You And You In Me?

Will You Love The 'You' You Hide
If I But Call Your Name?
Will You Quell The Fear Inside
And Never Be The Same?
Will You Use The Faith You've Found
To Reshape The World Around,
Through My Sight And Touch And Sound
In You And You In Me?
Lord, Your Summons Echoes True
When You But Call My Name.

Let Me Turn And Follow You
And Never Be The Same.
In Your Company I'll Go
Where Your Love And Footsteps Show.
Thus I'll Move And Live And Grow
In You And You In Me.

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ANNOUNCEMENTS

Melissa Green

Followed by a sung BENEDICTION

Go now in peace, never be afraid
God will go with you each hour of every day
Go now in faith, steadfast, strong and true
Know He will guide you in all you do
Go now in love and show you believe
Reach out to others so all the world can see
God will be there watching from above
Go now in peace, in faith, and in love
Amen. Amen. Amen.

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A postlude is played by Pat Rustand

WHAT IS SPIRITUAL COMMUNION?

St. Teresa of Avila wrote: "When you do not receive communion and you do not attend Mass, you can make a spiritual communion, which is a most beneficial practice; by it the love of God will be greatly impressed on you."

Spiritual communion is defined by St. Thomas Aquinas as "an ardent desire to receive Jesus in the Most Holy Sacrament and in loving embracing him as if we had actually received him."

This ancient tradition of spiritual communion is available to all of us when we are not able to receive the bread and wine. After we have said the prayer asking Jesus to come to us spiritually we will sit quietly while listening for and being with God as music is played.