

# *Virtual Worship from St. Paul's Anglican Cathedral, Kamloops BC*

Sunday, February 21, 2021 | Lent 1

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*Dean Ken and Melissa Green lead worship today; Dean Ken preaches; Pat Rustand leads music from the piano.*

*Today's service originates from the traditional territory of the Tk'emlúps te Secwepemc – Kamloops & Area First Nation. We acknowledge their care for and working of the land prior to contact with Europeans. As Canadian Anglicans, we continue to work toward healing and reconciliation and a new experience of sharing the land together.*

*Pat Rustand plays music as we gather.*

## WE GATHER TOGETHER ONLINE

Welcome

Melissa Green

By being attentive,  
by learning to listen  
(or recovering the natural capacity to listen  
which cannot be learned any more than breathing),  
we can find ourselves engulfed in such happiness  
that it cannot be explained:  
the happiness of being at one with everything  
in that hidden ground of Love  
for which there can be no explanation  
Thomas Merton, The Hidden Ground of Love

The world belongs to God,  
**The earth and all its people.**  
How good and how lovely it is  
**To live together in unity.**  
Love and faith come together,  
**Justice and peace join hands,**  
If the Lord's disciples keep silent  
**These stones would shout aloud.**  
Open our lips, O God  
**And our mouths shall proclaim your praise.**

## PRAYER OF CONFESSION

Holy God, Maker of all  
**Have mercy on us.**  
Jesus Christ, Servant of the poor

**Have mercy on us.**

Holy Spirit, Breath of life

**Have mercy on us.**

Let us in silence remember our own faults and failings.

*Silence*

I confess to God and in the company of all God's people  
that my life and the life of the world are broken by my Sin.

**May god forgive you, Christ renew you,  
And the spirit enable you to grow in love. Amen.**

**We confess to God and in the company of all god's people  
that our lives and the life of the world are broken by our sin.**

May God forgive us, Christ renew us,  
and the Spirit enable us to grow in love. **Amen.**

Turn again, O God, and give us life,  
**That your people may rejoice in you.**

Make me a clean heart, O God,  
**And renew a right spirit within me.**

Give us again the joy of your help,  
**With your spirit of freedom sustain us.**

Iona Community

HYMN

CP 174

Dean Ken

Eternal Lord of love, behold your church  
walking once more the pilgrim way of Lent,  
led by your cloud by day, by night your fire,  
moved by your love and toward your presence bent:  
far off yet here--the goal of all desire.

So daily dying to the way of self,  
so daily living in your way of love,  
we walk the road, Lord Jesus, that you trod,  
knowing ourselves baptized into your death:  
so we are dead and live with you in God.

If dead in you, so in you we arise,  
you the firstborn of all the faithful dead;  
and as through stony ground the green shoots break,  
glorious in springtime dress of leaf and flower,  
so into life and glory shall we wake.

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## COLLECT

Almighty God,  
whose Son fasted forty days in the wilderness,  
and was tempted as we  
are but did not sin,  
give us grace to discipline ourselves  
in submission to your Spirit,  
that as you know our weakness,  
so we may know your power to save;  
through Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever. **Amen.**

## A READING FROM THE BOOK OF GENESIS

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth."

God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth." GENESIS 9:8-17

Hear what the Spirit says to all people

**Thanks be to God**

## PSALM 25:1-9

To you, O Lord, I lift up my soul; my God, I put my trust in you;  
let me not be humiliated, nor let my enemies triumph over me.  
Let none who look to you be put to shame;  
let the treacherous be disappointed in their schemes.

**The paths of the Lord are love and faithfulness to those who keep his covenant.**

Show me your ways, O Lord, and teach me your paths.  
Lead me in your truth and teach me,  
for you are the God of my salvation;  
in you have I trusted all the day long.

**The paths of the Lord are love and faithfulness to those who keep his covenant.**

Remember, O Lord, your compassion and love,  
for they are from everlasting.  
Remember not the sins of my youth and my transgressions;  
remember me according to your love  
and for the sake of your goodness, O Lord.

**The paths of the Lord are love and faithfulness to those who keep his covenant.**

Gracious and upright is the Lord;  
therefore he teaches sinners in his way.  
He guides the humble in doing right  
and teaches his way to the lowly.  
All the paths of the Lord are love and faithfulness  
to those who keep his covenant and his testimonies.

**The paths of the Lord are love and faithfulness to those who keep his covenant.**

## A READING FROM THE FIRST LETTER OF PETER

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you - not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him. 1 PETER 3:18-22

Hear what the Spirit says to all people

**Thanks be to God**

ANTHEM     *Lord, for thy tender mercy's sake*     Richard Farrant  
<https://www.youtube.com/watch?v=NfBAiiliEI>

Lord, for thy tender mercy's sake,  
lay not our sins to our charge,  
but forgive that is past  
and give us grace to amend our sinful lives;  
to decline from sin and incline to virtue,  
that we may walk in a perfect heart  
before thee now and evermore.

Book of Common Prayer, liturgy for Ash Wednesday

THE HOLY GOSPEL OF OUR LORD JESUS CHRIST ACCORDING TO MARK  
**Praise to You Lord Jesus Christ**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news." MARK 1:9-15

The Gospel of Christ.     **Praise to you, Lord Jesus Christ.**

HOMILY     Dean Ken

From the Rev. Dr. Richard Laseur: The "four rules of the desert"

- |                                 |  |
|---------------------------------|--|
| 1. Never go alone               | <i>Group in the desert</i>                         |
| 2. Take only what you can carry | <i>People climbing Mount Sinai</i>                 |
| 3. Anticipate anxiety           | <i>Dusk in the wilderness</i>                      |
| 4. Wait upon the Lord           | <i>Person sitting on hillside in Judean desert</i> |

PRAYERS     Intentions . . . followed by the Music of Taize     Dean Ken  
<https://www.youtube.com/watch?v=t4Svh-9ohg4>

THE LORD'S PRAYER     Melissa Green

As our Saviour taught us, let us pray (*Spoken*)

**Our Father in heaven,**

hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

Lamb of God, you take away the sin of the world: **Have mercy upon us.**  
Lamb of God, you take away the sin of the world: **Have mercy upon us.**  
Lamb of God, you take away the sin of the world: **Grant us your peace.**

Let us pray. **O Jesus Christ, Son of the Living God;**  
In these times I cannot receive you sacramentally as I wish.  
**Come into my soul now, as you came into your world.**  
**Bring healing and peace. Give comfort and joy.**  
**Restore your Church in Love. Strengthen us for service**  
**that when our wanderings end,**  
**we may in courage and confidence**  
**bring your love to all creation, Amen.**

*Quiet time – Dean Ken at the piano*

## CLOSING RESPONSES

Melissa Green

This is the day that God has made,  
**We will rejoice and be glad in it.**  
We will not offer to God  
**Offerings that cost us nothing.**  
Go in peace and serve the Lord,  
**We will seek peace and pursue it.**  
In the name of the Trinity of Love,  
**One god in perfect community. Amen.**

God of wilderness and water,  
your Son was baptized and tempted as we are.

Guide us through this season,  
so that we may not avoid struggle,  
but open ourselves to blessing,  
through the cleansing depths of repentance  
and the heaven-rending words of the Spirit.

And the Blessing of the Creator of All,  
Blessed Jesus who accompanies our journey,  
And the Holy Spirit who brings everything to life,  
Be with us all. **Amen.**

Revised Common Lectionary Prayers, 2002/Liturgy Pacific; adapted kjg

## ANNOUNCEMENTS

Dean Ken

## SONG        MV 83

Let my spirit always sing,  
though my heart be wintering,  
though the season of despair  
gave no sign that you are there,  
    God to whom my days belong,  
    let there always be a song.

Though my body be confined,  
let your word engage my mind,  
let the inner eye discern  
how much more there is to learn,  
    see a world becoming whole  
    through the window of the soul.

Let your wisdom grace my years,  
choose my words and chase my fears,  
give me wit to welcome change,  
to accept, and not estrange,  
    let my joy be full and deep  
    in the knowledge that I keep.

Let my spirit always sing,  
to your Spirit answering,  
through the silence, through the pain  
know my hope is not in vain,

like a feather on your breath  
trust your love, through life and death.

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*Our service concludes with music played by Pat Rustand*