

St. Paul's Cathedral

Territory of the People

Anglican Church of Canada, Kamloops, BC

Joyful, Rooted, Hospitable, Responsive

Sunday, August 29, 2021 - 14th Sunday after Pentecost

Today's service originates from the traditional territory of the Tk'emlúps te Secwepemc – Kamloops & Area First Nation. We acknowledge their care for and working of the land prior to contact with Europeans. As Canadian Anglicans, we continue to work toward healing and reconciliation and a new experience of sharing the land together.

The flowers are given to the glory of God by Rae Long in celebration of being able to come back together as a community.

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*Christianity is a lifestyle - a way of being in the world
that is simple, non-violent, shared, and loving.
However, we made it into an established "religion"
(and all that goes with that) and avoided the lifestyle
change itself. One could be warlike, greedy, racist,
selfish, and vain in most of Christian history, and still
believe that Jesus is one's "personal Lord and Savior".
.. The world has no time for such silliness anymore.
The suffering on Earth is too great.
Richard Rohr*

Carillon/Organ Prelude:

Amazing Grace - Variations 1-5 by Denis Bedard (b. 1951) used with permission

WORDS OF WELCOME

Melissa Green

God has lavished us with every perfect gift from above and called us to living intimacy through the beloved one, Jesus Christ our Lord.

Thanks be to God!

Let us pray:

**Unchanging God, you have blessed us forever
through the Beloved One, Jesus Christ our Lord
Born again by your word of truth,
let us live out your love, doing your word,
caring for the weak and vulnerable in their distress,
and ever pursuing your reign of justice,
through Jesus Christ our Lord. Amen.**

SONG: Bless the Lord MV 46

Danielle Goodwin

Bless the Lord, O my soul, bless God's Holy name.
Bless the Lord, O my soul, bless God's Holy name.

Remember the kindness of our God, who showers us with blessing all our days.

Bless the Lord, O my soul, bless God's Holy name.
Bless the Lord, O my soul, bless God's Holy name.

Remember the kindness of our God, who stands with those forgotten and confused.

Bless the Lord, O my soul, bless God's Holy name.
Bless the Lord, O my soul, bless God's Holy name.

Remember the healing love of God, who calls us to be whole and to be free.
Bless the Lord, O my soul, bless God's Holy name.
Bless the Lord, O my soul, bless God's Holy name.

by Canedo, Cavallero, Brennan and Roth - 2002 OCP

COLLECT

Canon Len Fraser

Author and Giver of all good things,
graft in our hearts the love of your name, increase in us true religion,
nourish us in all goodness, and of your great mercy keep us in the same;
through Jesus Christ our Lord, who lives and reigns with you and the Holy
Spirit, one God, now and for ever. **Amen**
(Revised Common Lectionary Prayers (2020) alt.)

A READING FROM THE SONG OF SOLOMON

Alison McKinnon

The voice of my beloved! Look, he comes, leaping upon the mountains,
bounding over the hills. My beloved is like a gazelle or a young stag. Look,
there he stands behind our wall, gazing in at the windows, looking through
the lattice. My beloved speaks and says to me: "Arise, my love, my fair one,
and come away; for now the winter is past, the rain is over and gone. The
flowers appear on the earth; the time of singing has come, and the voice of
the turtledove is heard in our land. The fig tree puts forth its figs, and the
vines are in blossom; they give forth fragrance. Arise, my love, my fair one,
and come away."

SONG OF SOLOMON 2:8-13

Hear what the Spirit says to all people
Thanks be to God

A Love Song

45:1-2, 7-9

Capo 4 C With a lift Am Dm⁷ F/G G⁷ C

mf

Gra - cious God, we thank you for the gift of love.

My heart overflows with a noble theme.
 My tongue is like the pen of
 a skilled writer.
 I proclaim my song to you, O king.
 You are the loveliest of all men;
 grace pours from your lips.
 Therefore God has blessed you forever. R

Your throne, O divine king, is eternal;
 your royal scepter a scepter of integrity.
 You love justice and hate wickedness;
 therefore God, your God,
 has anointed you,
 more than your peers,
 with the oil of exultation.
 Your robes are fragrant with myrrh, aloes,
 and cassia;
 from ivory palaces lutes delight you. R

From Songs for the Holy One. Used with permission. License #0299012

A READING FROM THE LETTER OF JAMES

Miriam Baskin

Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. In fulfilment of his own purpose he gave us birth by the

word of truth, so that we would become a kind of first fruits of his creatures. You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger; for your anger does not produce God's righteousness. Therefore rid yourselves of all sordidness and rank growth of wickedness, and welcome with meekness the implanted word that has the power to save your souls. But be doers of the word, and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, on going away, immediately forget what they were like. But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act - they will be blessed in their doing. If any think they are religious, and do not bridle their tongues but deceive their hearts, their religion is worthless. Religion that is pure and undefiled before God, the Father, is this: to care for orphans and widows in their distress, and to keep oneself unstained by the world.

JAMES 1:17-27

Hear what the Spirit says to all people

Thanks be to God

GRADUAL: Precious Lord, Take my Hand - CP 509 Danielle Goodwin

Precious Lord, take my hand, lead me on, let me
stand; I am tired, I am weak, I am worn;
through the storm, through the night, lead me on to the
light; take my hand, precious Lord, lead me home.

When my way grows drear, precious Lord, linger
near; when my life is almost gone,
hear my cry, hear my call, hold my hand lest I

fall: take my hand, precious Lord, lead me home.

When the darkness appears and the night draws
near; and the day is past and gone,
at the river I stand; guide my feet, hold my
hand: take my hand, precious Lord, lead me home.
by Dorsey and Allen, 1938 Alfred Pub.

GOSPEL

Canon Len Fraser

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Mark

Glory to you Lord Jesus Christ

Now when the Pharisees and some of the scribes who had come from Jerusalem gathered around Jesus, they noticed that some of his disciples were eating with defiled hands, that is, without washing them. (For the Pharisees, and all the Jews, do not eat unless they thoroughly wash their hands, thus observing the tradition of the elders; and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.) So the Pharisees and the scribes asked him, "Why do your disciples not live according to the tradition of the elders, but eat with defiled hands?" He said to them, "Isaiah prophesied rightly about you hypocrites, as it is written, 'This people honours me with their lips, but their hearts are far from me; in vain do they worship me, teaching human precepts as doctrines.' You abandon the commandment of God and hold to human tradition." Then he called the crowd again and said to them, "Listen to me,

all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile. For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person."

MARK 7:1-8, 14-15, 21-23

The Gospel of Christ

Praise to You Lord Jesus Christ

SERMON

Canon Len Fraser

OFFERTORY HYMN: How Great Thou Art - CP 423

Danielle Goodwin

Lord my God, when I in awesome wonder
Consider all the works thy hand hath made,
I see the stars, I hear the mighty thunder,
Thy pow'r thro' out the universe displayed.

Refrain:

*Then sings my soul, my Saviour God, to Thee,
How great Thou art! How great Thou art!
Then sings my soul, my Saviour God, to Thee,
How great Thou art! how great Thou art!*

When thro' the woods and forest glades I wander,
I hear the birds sing sweetly in the trees;
When I look down from lofty mountain grandeur
And hear the brook and feel his gentle breeze.

Refrain:

*Then sings my soul, my Saviour God, to Thee,
How great Thou art! How great Thou art!
Then sings my soul, my Saviour God, to Thee,
How great Thou art! how great Thou art!*

But when I think that God, his Son not sparing,
Sent him to die, I scarce can take it in,
That on the cross, my burden gladly bearing,
He bled and died to take away my sin.

Refrain:

*Then sings my soul, my Saviour God, to Thee,
How great Thou art! How great Thou art!
Then sings my soul, my Saviour God, to Thee,
How great Thou art! how great Thou art!*

When Christ shall come with shout of acclamation
And take me home, what joy shall fill my heart!
Then I shall bow in humble adoration
And there proclaim, "My God, how great thou art!"

Refrain:

*Then sings my soul, my Saviour God, to Thee,
How great Thou art! How great Thou art!
Then sings my soul, my Saviour God, to Thee,
How great Thou art! how great Thou art!*

by Hine 1953 Hope Pub.

PRAYER OVER THE GIFTS

Melissa Green

Merciful God, receive all we offer you this day.
Give us grace to love one another
that your love may be made perfect in us.
We ask this in the name of Jesus Christ our Lord.
Amen

AFFIRMATION OF FAITH

Melissa Green

Hear, O Israel,
the Lord our God, the Lord is one.
Love the Lord your God
with all your heart,
with all your soul,
with all your mind,
and with all your strength.
This is the first and the great commandment.

The second is like it:
Love your neighbour as yourself.
There is no commandment greater than these.

PRAYERS OF INTERCESSION

Melissa Green

THE LORD'S PRAYER

Danielle Goodwin

As our Saviour taught us, let us pray:
Our Father in heaven,
hallowed be your name,
your kingdom come,

**your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

music by Gordon Light – © St. George's Anglican Church, Edmonton, AB

SPIRITUAL COMMUNION

Canon Len Fraser

**Lamb of God, you take away the sin of the world: Have mercy upon us.
Lamb of God, you take away the sin of the world: Have mercy upon us.
Lamb of God, you take away the sin of the world: Grant us your peace.**

Let us pray.

**O Jesus Christ, Son of the Living God;
In these times when we cannot receive you sacramentally,
come into ourselves, our souls and bodies,
as you have risen from the dead
bringing victory over death,
healing, comfort and peace.
Revitalize your Church in Love;
Strengthen us for service;
that when our wanderings end,
we may in courage and confidence
in joy and resilience,
discover your love throughout all creation, Amen.**

Quiet time

SENDING AND CELEBRATING

Canon Len Fraser

Drawn by God, nourished by Christ,
and sealed by the Holy Spirit,
go now to imitate God's love,
feeding the hungry, forgiving the hateful,
and spreading the fragrance of grace wherever there is need. **Amen.**

ANNOUNCEMENTS

Melissa Green

CLOSING HYMN: #434 CP **THE LOVE OF JESUS CALLS US** Danielle Goodwin

The love of Jesus calls us our joyous praise to sing:
Our deeply felt thanksgivings we now together bring
For all God's many blessings, unasked yet still received,
And for the generations who faithfully believed.

The love Jesus calls us, that we may always be
Companions on a journey, where all the world may see
That serving Christ is freedom which time does not destroy;
Where Christ's command is duty, and every duty joy.
The love of Jesus calls us to go where he would go,
To challenge all that limits, to change, to learn, to grow;
To know that Christ has freed us, that prisons are no more;
For those who seek his kingdom, Christ opens every door.

The love of Jesus calls us in swiftly changing days,
To be God's cocreators in new and wondrous ways;
That God with men and women may so transform the earth,

That love and peace and justice may give God's kingdom birth.

Text: Herbert O'Driscall, Music by Webb 2005, Selah Pub. Co.

POSTLUDE: Chaconne (Recurring bass), Opus 137 by D. Buxtehude (1637- 1707)

Selections from: *Feasting on the Word*

WORSHIP MINISTERS at 10 a.m. service

Presider: Canon Len Fraser; Preacher: Canon Len Fraser; Organist/Pianist: Gail Ovington;
Hymn Leader: Danielle Goodwin; Altar Guild: Miriam Baskin, Catherina Miller; Greeter:
Mavis Chalmers; Lock Up: Melissa Green; Prayers of the People: Melissa Green; Readers:
Alison McKinnon, Miriam Baskin; Camera: Pat Ebert; Technology: Melissa Green

Welcome Home!

We are excited to be opening our doors alongside providing ongoing virtual worship. We are beginning with a slow gentle start, a number of ministry groups will begin in the fall including coffee, servers, children and youth ministry, and communion in one kind.

For the comfort, health and safety of all, including those most vulnerable amongst us, we do ask you to consider the following:

- Masks are mandatory while in the Cathedral.
- Contact Tracing and Sanitization procedures between service and after each service
- We ask greeters, clergy, and others offering leadership to wear a mask unless they are speaking at the lectern.
- We encourage households to keep social distance between one another.
- Over the summer we will use printed bulletins, we hope to have books back in the fall!
- The offering plate is available at the entrance of the church (not passed around at this time) and will be brought to the altar by a greeter.

These are new restrictions as of August 23, 2021

IMPORTANT NOTES:

- The Chapel is open Monday to Friday from 9:30am-12:30pm with clergy present.
- 10am Wednesday worship: in-person in the Cathedral chapel and on ZOOM.