

# St. Paul's Cathedral

## ***Territory of the People***

*Anglican Church of Canada, Kamloops, BC*

*Joyful, Rooted, Hospitable, Responsive*

**Sunday, September 19, 2021 - 17th Sunday after Pentecost**

---

*Today's service originates from the traditional territory of the Tk'emlúps te Secwepemc – Kamloops & Area First Nation. We acknowledge their care for and working of the land prior to contact with Europeans. As Canadian Anglicans, we continue to work toward healing and reconciliation and a new experience of sharing the land together.*

Elizabeth Barrett Browning (1806–1861)

### A Child's Thought of God

They say that God lives very high;  
But if you look above the pines  
You cannot see our God; and why?

And if you dig down in the mines,  
You never see Him in the gold,  
Though from Him all that's glory shines.

God is so good, He wears a fold  
Of heaven and earth across His face,  
Like secrets kept, for love, untold.

But still I feel that His embrace  
Slides down by thrills, through all things made,  
Through sight and sound of every place;

As if my tender mother laid  
On my shut lids her kisses' pressure,  
Half waking me at night, and said,  
"Who kissed you through the dark, dear guesser?"

*Prelude: Good of Might, Lead on by Schackley - (c) 2013 Lorenz  
Glory, Glory by Besig and Price -(c) 2003 Shawnee Press*

## WORDS OF WELCOME

Rev Len Fraser

The heavens declare the glory of God.

**The firmament proclaims God's handiwork.**

The plants and trees show God's presence.

**Let us join with creation in praising God.**

God of all creation, who moves and inspires us through every time and season,  
**we bless you and praise you for the gift of life in your good, created world.**

Grant to us grace and humility to so order our lives  
that we may honour you among all peoples and nations,  
**create wholesome and right companionship with our fellow living creatures,  
and work for the healing of this world that you created.**

Teach us to see and hear your power in the winds and waves, mountains and valleys so  
that we may glorify your goodness to us and live rightly in your creation.

**We pray to you through Jesus Christ our Lord,  
who lives and reigns with You and the Spirit,  
Three in One, One in Three, now and forever. Amen.**

Opening Hymn: Let All Creation Bless the Lord - CP 419 Allison Rustand

1 Let all creation bless the Lord,  
till heaven with praise is ringing.  
Sun, moon, and stars, peal out a chord,  
stir up the angels' singing.  
Sing, wind and rain! Sing, snow and sleet!  
Make music, day, night, cold and heat:  
exalt the God who made you.

2 All living things upon the earth,  
green fertile hills and mountains,

sing to the God who gave you birth;  
be joyful, springs and fountains.  
Lithe water-life, bright airborne birds,  
wild roving beasts, tame flocks and herds:  
exalt the God who made you.

3 O men and women everywhere,  
lift up a hymn of glory;  
all you who know God's steadfast care,  
tell out salvation's story.  
No tongue be silent; sing your part,  
you humble souls and meek of heart;  
exalt the God who made you.

by Daw and Parker -(c) Hope Pub Co.

## **GATHERING OF CHILDREN & BLESSING OF BACKPACKS** Rev Len Fraser

God of Wisdom, we give you thanks for schools and classrooms and for the teachers and students who fill them each day.

We thank you for this new beginning, for new books and new ideas.

We thank you for sharpened pencils, pointy crayons, and crisp blank pages waiting to be filled.

We thank you for the gift of making mistakes and trying again.

Help us to remember that asking the right questions is often as important as giving the right answers.

Today we give you thanks for these your children, and we ask you to bless them with curiosity, understanding and respect.

May their backpacks be a sign to them that they have everything they need to learn and grow this year in school. May they be guided by your love.

All this we ask in the name of Jesus, who as a child in the temple showed his longing to learn about you, and as an adult taught by story and example your great love for us.

**Amen.**

Holy God, surround and uphold our students and our teachers in this 'back-to-school' season. Fill our children with a love of learning, our teachers with the joy of instructing. Keep our loved ones ever in your care. Guard them from illness, from anxiety, from worry. Help us to stay safe and to make wise choices and decisions. Show us, O God, how to love and care for one another in community, that we move through these days in mutual support and care. In Jesus' name we pray, Amen.

*The children are invited to go down to Sunday School, they will re-join families and the congregation during the offertory hymn.*

*Blessing of Backpacks adapted from Church Publishing Inc. and Diocese of Newark.*

## COLLECT

Canon Len Fraser

Almighty God,  
you have created the heavens and the earth,  
and ourselves in your image.  
Teach us to discern your hand in all your works  
and to serve you with reverence and thanksgiving;  
through Jesus Christ our Lord,  
who is alive and reigns with you and the Holy Spirit,  
one God, now and for ever. **Amen**

## A READING FROM THE BOOK OF PROVERBS

A capable wife who can find? She is far more precious than jewels. The heart of her husband trusts in her, and he will have no lack of gain. She does him good, and not harm, all the days of her life. She seeks wool and flax, and works with willing hands. She is like the ships of the merchant, she brings her food from far away. She rises while it is still night and provides food for her household and tasks for her servant girls. She considers a field and buys it; with the fruit of her hands she plants a vineyard. She girds herself with strength, and makes her arms strong. She perceives that her merchandise is profitable. Her lamp does not go out at night. She puts her hands to the distaff, and her hands hold the spindle. She opens her hand to the poor, and reaches out her hands to the needy. She is not afraid for her household when it snows, for all her household are

clothed in crimson. She makes herself coverings; her clothing is fine linen and purple. Her husband is known in the city gates, taking his seat among the elders of the land. She makes linen garments and sells them; she supplies the merchant with sashes. Strength and dignity are her clothing, and she laughs at the time to come. She opens her mouth with wisdom, and the teaching of kindness is on her tongue. She looks well to the ways of her household, and does not eat the bread of idleness. Her children rise up and call her happy; her husband too, and he praises her: "Many women have done excellently, but you surpass them all." Charm is deceitful, and beauty is vain, but a woman who fears the Lord is to be praised. Give her a share in the fruit of her hands, and let her works praise her in the city gates.

PROVERBS 31:10-31

Hear what the Spirit says to all people

**Thanks be to God**

**Psalms 1** -from Psalms for the Holy One. License #0229012. Used with permission

1

## The True Path



**H**appy are those who follow no evil counselors,  
nor stand in sinners' ways,  
nor sit with the insolent.  
**Rather, they delight in  
the Holy One's teaching;  
on that teaching  
they meditate day and night.**

They shall be like trees beside flowing streams,  
trees that yield fruit in due season,  
whose leaves never wither.  
**All their work will prosper. R**

Not so for the wicked!

**They are like chaff blown away  
by the wind.**

Therefore the wicked  
shall not survive judgment,  
nor sinners be among the just  
and faithful.

**Truly, the Holy One knows the way of  
the just and faithful,  
but the way of the wicked  
shall perish. R**

## A READING FROM THE LETTER OF JAMES

Lynn Snook

Who is wise and understanding among you? Show by your good life that your works are done with gentleness born of wisdom. But if you have bitter envy and selfish ambition in your hearts, do not be boastful and false to the truth. Such wisdom does not come down from above, but is earthly, unspiritual, devilish. For where there is envy and selfish ambition, there will also be disorder and wickedness of every kind. But the wisdom from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without a trace of partiality or hypocrisy. And a harvest of righteousness is sown in peace for those who make peace. Those conflicts and disputes among you, where do they come from? Do they not come from your cravings that are at war within you? You want something and do not have it; so you commit murder. And you covet something and cannot obtain it; so you engage in disputes and conflicts. You do not have, because you do not ask. You ask and do not receive, because you ask wrongly, in order to spend what you get on your pleasures. Submit yourselves therefore to God. Resist the devil, and he will flee from you. Draw near to God, and he will draw near to you.

JAMES 3:13-4:3, 7-8A

Hear what the Spirit says to all people

**Thanks be to God**

## GRADUAL: O Beautiful Gaia - MV 41

Allison Rustand

*Refrain:*

O beautiful Gaia, O Gaia,  
calling us home.

O beautiful Gaia, calling us on.

1. Soil yielding its harvest,  
O Gaia, calling us home.  
Soil yielding its harvest,  
calling us on. R

2. Waves crashing on granite,  
O Gaia, calling us home.  
Waves crashing on granite,  
calling us on. R
3. Pine bending in windstorm,  
O Gaia, calling us home.  
Pine bending in windstorm,  
calling us on. R
4. Loon nesting in marshland,  
O Gaia, calling us home.  
Loon nesting in marshland,  
calling us on.

by McDade - (c) 2002 McDade

## GOSPEL

Canon Len Fraser

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Mark

**Glory to you Lord Jesus Christ**

They went on from there and passed through Galilee. Jesus did not want anyone to know it; for he was teaching his disciples, saying to them, "The Son of Man is to be betrayed into human hands, and they will kill him, and three days after being killed, he will rise again." But they did not understand what he was saying and were afraid to ask him. Then they came to Capernaum; and when he was in the house he asked them, "What were you arguing about on the way?" But they were silent, for on the way they had argued with one another who was the greatest. He sat down, called the twelve, and said to them, "Whoever wants to be first must be last of all and servant of all." Then he took a little child and put it among them; and taking it in his arms, he said to them,

"Whoever welcomes one such child in my name welcomes me, and whoever welcomes me welcomes not me but the one who sent me."

MARK 9:30-37

The Gospel of Christ

**Praise to You Lord Jesus Christ**

SERMON

Canon Len Fraser

### **AFFIRMATION OF FAITH**

Hear, O Israel,  
the Lord our God, the Lord is one.

**Love the Lord your God  
with all your heart,  
with all your soul,  
with all your mind,  
and with all your strength.**

This is the first and the great commandment.

The second is like it:

Love your neighbour as yourself.

**There is no commandment greater than these.**

### **PRAYERS OF THE PEOPLE**

Jim Waldie

Lord Jesus, Teacher, Provider  
this is what you want us to learn  
not the world's wisdom, but God's  
and so we pray:  
awaken us to our need of you in our lives  
**And you will give us your life**



Move us with sorrow for the sorrow of the world  
**And you will make us strong through our tears**

Give us the humility to admit our failures  
**And you will bring treasure out of them**  
Make us hungry for justice  
as we work to eradicate hunger for all  
**And you will give us food that lasts**

Help us to see others through your eyes  
that our vision will again and again be yours  
**And you will show us ourselves with love**

*Specific petitions and celebrations are offered at this time*

Show us how to practise what we preach  
**And we will see good, and God in everyone**  
Support us in standing firm for truth and justice, even when it costs  
**And the truth will also make us free.**  
**Amen, and Amen**

*The Pattern of Our Days: Liturgies and resources for worship; Edited by Kathy Galloway; The Iona Community; adapted kjg*

## **CONFESSION AND ABSOLUTION**

All creation invites us to join our voices in praise to God.  
Trusting in God's mercy and grace,  
let us confess our sin to God and to one another.

**Generous God,**  
**you created us and placed us here to care for all of creation.**  
**Forgive us for turning away from you**  
**and for neglecting the earth.**  
**Raise us up and make us again stewards of your creation**  
**that we may see your presence in all that surrounds us;**

**through Christ we pray. Amen.**

Hear and receive this good news to all who long to see and encounter Christ.

Today, salvation comes to you and the land beneath your feet. Know that you/we are forgiven and are free to live in peace with one another and with the earth. **Amen.**

**OFFERTORY HYMN: Wind upon the Waters - CP 408      Alison Rustand**

Wind upon the waters, voice upon the deep, rouse your sons and daughters,  
wake us from our sleep,  
breathing life into all flesh, breathing love in to all hearts, living wind upon the waters of  
my soul.

Showers from the heavens, water from the earth, gift so wholly given, source of every  
birth,  
joy of every living thing, making all creation sing, showers down upon the dry earth of  
my soul.

Rock and hill and garden, wood and desert sand, prairie, field, and meadow shaped by  
Love's own hand. Love that fills the world around, springing up from barren ground,  
grow your love within the garden of my soul.

Blazing light of wonder, flame that pierces night,  
burst the dark asunder,  
fill our souls with light,  
Lord of glory, fill the skies, make an end to hatred's cries, be the blazing sun of justice in  
our lives.

Wind upon the waters, rains upon the sand,  
grace your sons and daughters, newborn by your hand,  
Come O spirit, and renew all the life that comes from you, send you winds upon the  
waters of my soul.

by Haugen -(c) 1986 GIA Pub.

## THE HOLY EUCHARIST

*If Holy Eucharist is not permitted in your particular setting, please go to THE LORD'S PRAYER and then to DISBURSING below. The following Eucharistic Prayer is from the Salal and Cedar Watershed Community in the Diocese of New Westminster. It will be necessary to adapt language in italics below to match your local environment.*

Prayer over the gifts:

God of power,  
the glory of your works fills us with wonder and awe.  
Accept our offering this day,  
and help us to live in peace and harmony  
with all your creation,  
for the sake of Jesus Christ our Lord. **Amen.**

May God be with you

**And also with you**

Lift up your hearts

**We lift them up**

Let us give thanks to God our Creator

**It is right to give our thanks and praise**

It is right in all times and in all places to thank and praise you Creator of all. *We praise you here where the Thompson Rivers blend and flow, where city and farm, wilderness and industry are side by side.* We praise you at a time when the body of earth is broken again and again.

We give thanks for our place in the story of salvation. Our ancestors journeyed with you in creation and migration. They depended on the land, were displaced from the land and displaced others from their lands. They knew you in tents and cities, on mountains and by wells, in families and in dreams, and through wilderness prophets who spoke of cedars and listened to ravens.

Together with angels and ancestors, *eagle and bear, salmon and sheep, pine and wild rose*, we join our voices with all creation in this ancient honour song:

**O holy, holy, holy God, O God of time and space.**

**All earth and sea and sky above bear witness to your grace.**

**Hosanna in the highest heav'n creation sings your praise.**

**And blessed is the One who comes and bears your name always!**

We give thanks to you for Jesus, whose first bed was a feed trough. He was baptized in the Jordan, tested in the wilderness, he traveled in fishing boats and told parables of farmers and seeds, labour and wages, yeast and bread.

On the night before he died, Jesus took bread, food of the poor, the work of field and hearth, he gave thanks, broke it and gave it to his friends saying: Take and eat, this is my body, given for you, do this to remember me.

Again after supper he took the cup of wine, fruit of the land, gave thanks and gave it to his friends saying: This is my blood, which is shed for you. When you do this, do it in memory of me.

Remembering Jesus' life, death and resurrection and awaiting his coming kingdom, we offer you this bread and this cup.

Creator, send your Spirit on these gifts so that we know Jesus in them and are gathered together with everyone who shares this sacred meal of justice and community.

Fill us with the courage and love of Jesus, that we may strive for justice and peace, respect the dignity of every human being, and safeguard the integrity of creation.

Bring us with all your saints to your commonwealth of sparrow and lily, child and beggar which is both now and yet to come.

All honour and glory are yours, Creator, Christ and Spirit, now and forever.

**Amen.**

## THE LORD'S PRAYER

As our Saviour taught us, let us pray:

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

music by Gordon Light -(c) St. George's Anglican, Edmonton, AB

## BREAKING OF THE BREAD

Today, Christ meets us at the table.  
Today, salvation comes to everyone, everywhere.  
These are the gifts of God for the people of God.  
**Thanks be to God**

*Communion is shared at this point as possible according to local COVID-19 protocols*

## DISBURSING

Help us to trust in you  
and to share what we have with a hungry world.  
**They need not go away; you give them something to eat.**

With all creatures we look to you for our food in due season.  
May we do our part in restoring the balance of your creation  
and deepen our commitment to follow Jesus  
in ministries that feed and serve others.  
**They need not go away; you give them something to eat.**

Our worship leads to the world  
A world of ethnic groups, First Nations and other Indigenous peoples,  
All nations, their citizen leaders,  
that the hungry will be fed, and that refugees will return home in safety and  
peace.  
**They need not go away; you give them something to eat**

## ANNOUNCEMENTS

Rev Len Fraser

CLOSING HYMN: #418 CP Draw The Circle Wide                      Alison Rustand

Draw the circle wide. Draw it wider still.  
Let this be our song, no one stands alone,  
standing side by side, draw the circle wide.

God the still point of the circle, 'round whom all creation turns;  
nothing lost, but held forever, in God's gracious arms.

Draw the circle wide. Draw it wider still.  
Let this be our song, no one stands alone,  
standing side by side, draw the circle wide.

Let our hearts touch far horizons, so encompass great and small;  
let our loving know no borders, faithful to God's call.

Draw the circle wide. Draw it wider still.  
Let this be our song, no one stands alone,  
standing side by side, draw the circle wide.

Let the dreams we dream be larger, than we've ever dreamed before;  
let the dream of Christ be in us, open every door.

Draw the circle wide. Draw it wider still.  
Let this be our song, no one stands alone,  
standing side by side, draw the circle wide.

Text and music: Gordon Light. © *Common Cup Company*

*POSTLUDE: Sing Hosanna by Pethal (c) 1999 Shawnee Press*

*Altar Flowers are given by Jim and Trish Waldie in loving memory of Bob and Ruth Waldie (Jim's parents). May they rest in peace with all the Saints in God's Heavenly Kingdom.*

*Music Selections included in this service have been submitted to One License #A-605242. All Rights Reserved.*

Selections from: *Feasting on the Word*  
*Sanctus words by Kervin and Stott-(c) 2005, Kervin and Stott*

### **WORSHIP MINISTERS at 10 a.m. service**

Presider: Canon Len Fraser; Preacher: Canon Len Fraser; Pianist Pat Rustand; Hymn Leader: Alison Rustand ; Altar Guild: Mercedes Liburd, Suzy Knox, Joan Lukow; Greeter: Lynn Snook; Lock Up: ; Prayers of the People: Jim Waldie; Readers: Jim Waldie , Lynn Snook; Prayer Ministry: David Lidster, Barb Liotskos; Camera: Pat Ebert; Technology: Dylan



### **Season of Creation Pledge:**

During The Season of Creation you are invited to write one or more pledges that will reduce your household emissions. Please feel free to share your pledge/s or not. The following is a list of action ideas that you might choose or choose from your own action plan.

1. Live car free
2. Avoid or eliminate air travel
3. Divest from fossil fuels
- 4 .Buy green energy (install solar panels)
5. Eat a plant based diet
6. Reduce energy use and improve home energy efficiency (upgrade windows, doors and insulation, buy Energy Star appliances)
7. Reduce consumption (buy less, buy used, buy local, repair and mend)
8. Wash clothes in cold water and hang to dry
9. Recycle and compost
10. Conserve water
11. Plant a tree, or a food or pollinator garden
12. Reduce single-use plastics
15. Support eco-friendly businesses

**Last event – we need to know ASAP if you can attend  
Tuesday, September 21, 2021 from 10AM to 12 PM  
Qua’about Lodge, Little Shuswap Lake, “Walking the  
Land Ethnobotany Tour” \$35 for the tour  
followed by (optional) lunch in the Lodge restaurant.**

*\*Carpooling available from Cathedral departing 9:15 am sharp.*

*Register with the Office: 250-372-3912, [stpaulscathedral@shawbiz.ca](mailto:stpaulscathedral@shawbiz.ca)*