

# *Virtual Worship from St. Paul's Anglican Cathedral, Kamloops BC*

Sunday, January 30, 2022 Proper 4

---

*The Rev Len Fraser and Melissa Green lead worship today. Jim Waldie will sing and Gordon Britton is our pianist/organist.*

*Today's service originates from the traditional territory of the Tk'emplúps te Secwepemc – Kamloops & Area First Nation. We acknowledge their care for and working of the land prior to contact with Europeans. As Canadian Anglicans, we continue to work toward healing and reconciliation and a new experience of sharing the land together.*

*All are welcome to attend Zoom Coffee after the service. The link will appear in the Facebook comments shortly before the end of the service.*

*Music Selections included in this service have been submitted to One License #A-605242.*

*All Rights Reserved,*

George Herbert (1593-1633)    Love (III)

Love bade me welcome: yet my soul drew back, Guiltie of dust and sinne.

    But quick-ey'd Love, observing me grow slack

    From my first entrance in, Drew nearer to me, sweetly questioning,

        If I lack'd anything.

    A guest, I answer'd, worthy to be here:

Love said, You shall be he. I, the unkinde, ungratefull? Ah my deare,

    I cannot look on thee. Love took my hand, and smiling did reply,

        Who made the eyes but I?

    Truth Lord, but I have marr'd them: let my shame

        Go where it doth deserve.

    And know you not, sayes Love, who bore the blame?

My deare, then I will serve. You must sit down, sayes Love, and taste my meat:

        So I did sit and eat.

Welcome:

Melissa

## OPENING

Our hope is in God all of our lives.

**God is a rock of refuge: a fortress against threat and shame.**

God has held us since our birth.

**So we are never in the full grasp of the unjust and cruel.**

In love, God saves and supports us.

**Trusting in God, we continually offer our praise!**

Prayer:

God of life, death, and resurrection, we are grateful for life and all its gifts.

Increase in us the stuff that life is made of faith, hope, and love, but especially love that we may abide with you eternally through Jesus Christ, our lover and our lord. **Amen.**

SONG: Love Divine, All Loves Excelling CP 486

Jim

1. Love divine, all loves excelling, joy of heaven to earth come down,  
Fix in us, thy humble dwelling, all thy faithful mercies crown.  
Jesus, thou art all compassion; pure, unbounded love thou art;  
Visit us with thy salvation, enter every trembling heart.

2. Come, almighty to deliver; let us all thy grace receive;  
Suddenly return, and never, never more thy temples leave.  
Thee we would be always blessing, serve thee as thy hosts above,  
Pay and praise thee without ceasing, glory in thy perfect love.

3. Finish, then, thy new creation; pure and spotless let us be;  
Let us see thy great creation perfectly restored in thee,  
Changed from glory into glory; till in heaven we take out place,  
Till we cast out crowns before thee, lost in wonder, love and praise.  
public domain

COLLECT

Len Fraser

Living God,  
in Christ you make all things new.  
Transform the poverty of our nature  
by the riches of your grace,  
and in the renewal of our lives  
make known your glory;  
through Jesus Christ our Lord,  
who is alive and reigns with you and the Holy Spirit,  
one God, now and for ever.

Amen

## A READING FROM THE BOOK OF JEREMIAH

Alison McKinnon

Now the word of the Lord came to me saying, "Before I formed you in the womb I knew you, and before you were born I consecrated you; I appointed you a prophet to the nations." Then I said, "Ah, Lord God! Truly I do not know how to speak, for I am only a boy." But the Lord said to me, "Do not say, 'I am only a boy'; for you shall go to all to whom I send you, and you shall speak whatever I command you. Do not be afraid of them, for I am with you to deliver you, says the Lord." Then the Lord put out his hand and touched my mouth; and the Lord said to me, "Now I have put my words in your mouth. See, today I appoint you over nations and over kingdoms, to pluck up and to pull down, to destroy and to overthrow, to build and to plant."

JEREMIAH 1:4-10

Hear what the Spirit says to all people

Thanks be to God

## Psalm

In you, O Lord, have I taken refuge; let me never be ashamed.

In your righteousness, deliver me and set me free; incline your ear to me and save me.

Be my strong rock, a castle to keep me safe; you are my crag and my stronghold.

Deliver me, my God, from the hand of the wicked, from the clutches of the evildoer and the oppressor.

For you are my hope, O Lord God, my confidence since I was young.

I have been sustained by you ever since I was born; from my mother's womb you have been my strength; my praise shall be always of you.

PSALM 71:1-6

## A READING FROM THE LETTER OF PAUL TO THE CORINTHIANS Miriam Baskin

If I speak in the tongues of mortals and of angels, but do not have love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but do not have love, I am nothing. If I give away all my possessions, and if I hand over my body so that I may boast, but do not have love, I gain nothing. Love is patient; love is kind; love is not envious or boastful or arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice in wrongdoing, but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things. Love never ends. But as for prophecies, they will come to an end; as for tongues, they will cease; as for knowledge, it will come to an end. For we know only in part, and we prophesy only in part; but when the complete comes, the partial will come to an end. When I was a child, I spoke like a child, I thought like a child, I reasoned like a child; when I became an adult, I put an end to childish ways. For now we see in a mirror, dimly, but then we will see face to face. Now I know only in part; then I will know fully, even as I have been fully known. And now faith, hope, and love abide, these three; and the greatest of these is love.

1 CORINTHIANS 13:1-13

Hear what the Spirit says to all people

**Thanks be to God**

Gradual: Healer of our Every Ill CP 612

Jim

Refrain:

Healer of our every ill, light of each tomorrow,  
Give us peace beyond our fear, and hope beyond our sorrow.

1. You who know our fear and sadness,  
Grace us with your peace and gladness,  
Spirit of all comfort: fill our hearts.  
(Refrain)

2. In the pain and joy beholding  
How your grace is still unfolding,  
Give us all your vision: God of love.  
(Refrain)

3. Give us strength to help each other,  
Every sister, every brother.  
Spirit of all kindness: be our guide.  
(Refrain)

4. You who know each thought and feeling,  
Teach us all your way of healing.  
Spirit of compassion: fill each heart.  
(Refrain)

by Marty Haugen -© 1987, Gia Publications

THE HOLY GOSPEL OF OUR LORD JESUS CHRIST ACCORDING TO LUKE

Len

**Glory to you Lord Jesus Christ**

Jesus began to say to them, "Today this scripture has been fulfilled in your hearing." All spoke well of him and were amazed at the gracious words that came from his mouth. They said, "Is not this Joseph's son?" He said to them, "Doubtless you will quote to me this proverb, 'Doctor, cure yourself!' And you will say, 'Do here also in your hometown the things that we have heard you did at Capernaum.'" And he said, "Truly I tell you, no prophet is accepted in the prophet's hometown. But the truth is, there were many widows in Israel in the time of Elijah, when the heaven was shut up three years and six months, and there was a severe famine over all the land; yet Elijah was sent to none of them except to a widow at Zarephath in Sidon. There were also many lepers in Israel in the time of the prophet Elisha, and none of them was cleansed except Naaman the Syrian." When they heard this, all in the synagogue were filled with rage. They got up, drove him out of the town, and led him to the brow of the hill on which their town was built, so that they might hurl him off the cliff. But he passed through the midst of them and went on his way.

LUKE 4:21-30

The Gospel of Christ

**Praise to You Lord Jesus Christ**

SERMON

Rev Len Fraser

Song: Not for Tongues of Heaven's Angels CP 494

Jim

1. Not with tongues of heaven's angels, not for wisdom to discern,  
Not for faith that masters mountains, for this better gift we yearn:

Refrain:

May Love, be ours Lord, may love be ours.  
May love be ours, O Lord.

2. Love is humble, love is gentle, love is tender, true and kind;  
Love is gracious, ever patient, generous of heart and mind.  
(Refrain)

3. Never jealous, never selfish, love will not rejoice in wrong;  
Never boastful or resentful, love believes and suffers long.  
(Refrain)

4. In the day the world is fading, faith and hope will play their part;  
But when Christ is seen in glory, love shall reign in every heart.  
(Refrain)

by Michael Joncas -© 1988, Gia Publications

AFFIRMATION OF FAITH

Melissa Green

Hear, O Israel  
Hear, O Israel,  
the Lord our God, the Lord is one.  
Love the Lord your God  
with all your heart,  
with all your soul,  
with all your mind,  
and with all your strength.  
This is the first and the great commandment.

The second is like it:

Love your neighbour as yourself.  
There is no commandment greater than these.

PRAYERS

DJ Clarke

## THE LORD'S PRAYER

As our Saviour taught us, let us pray

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

music by Gordon Light - St. George's Anglican Church, Edmonton, Alberta  
One License A-605242

Rev Len Fraser

Lamb of God, you take away the sin of the world: **Have mercy upon us.**  
Lamb of God, you take away the sin of the world: **Have mercy upon us.**  
Lamb of God, you take away the sin of the world: **Grant us your peace.**

Let us pray.      O Jesus Christ, Son of the Living God;

**In these times when we cannot receive you sacramentally,  
come into ourselves, our souls and bodies,  
as you have risen from the dead  
bringing victory over death,  
healing, comfort and peace.  
Revitalize your Church in Love;  
Strengthen us for service;  
that when our wanderings end,  
we may in courage and confidence  
in joy and resilience,  
discover your love throughout all creation, Amen.**

*Quiet time*

## SENDING AND CELEBRATING

## Blessing:

The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. Amen

## ANNOUNCEMENTS

Melissa Green

### **Closing Hymn: There's a Wideness in God's Mercy - CP 606**

Jim

1. There's a wideness in God's mercy,  
Like the wideness of the sea;  
There's a kindness in God's justice  
Which is more than liberty.

2. There is no place where earth's sorrows  
Are more felt than up in heaven;  
There is no place where earth's failings  
Have such kindly judgement given.

3. There is plentiful redemption  
In the blood that has been shed;  
There is joy for all the members  
In the sorrows of the Head.

4. Foolish hearts, why will you scatter  
Like a crowd of frightened sheep?  
Fainting souls, why will you wander  
From a love so true and deep?

5. For the love of God is broader  
Than the measure of our mind,  
And the heart of the Eternal  
Is most wonderfully kind.

public domain

### **Organ Postlude: March by Handel** public domain

Selections from: *Feasting on the Word*

## **WORSHIP MINISTERS at 10 a.m. service**

Worship Leader: Rev Len Fraser; Organist: Gordon Britton; Music Director: Gail Ovington; Hymn Leader: Jim Waldie; Altar Guild: Pat King, Mary Rolston, Joy Fudge; Lock Up: Melissa Green ; Prayers of the People: DJ Clarke ; Readers: Alison McKinnon, Miriam Baskin ; Technology: Dylan Rexin, Pat Ebert