

St. Paul's Cathedral

Territory of the People

Anglican Church of Canada, Kamloops, BC

Joyful, Rooted, Hospitable, Responsive

Sunday, February 6 2022 - 5th Sunday after Epiphany

Today's service originates from the traditional territory of the Tk'emlúps te Secwepemc – Kamloops & Area First Nation. We acknowledge their care for and working of the land prior to contact with Europeans. As Canadian Anglicans, we continue to work toward healing and reconciliation and a new experience of sharing the land together.

Welcome to St Paul's Cathedral, a place where all are invited to join us in worship and fellowship. We love and respect all of God's people and for the safety of all we ask if you are joining us for worship and are 12 or over please have both COVID-19 vaccinations. If you have had both vaccines and are joining us for in person service please wear a mask along with social distancing. If you choose not to be vaccinated please join our online service that is live streamed each week on our Facebook Page. We apologize for any inconvenience. Thank you for your patience and understanding. Rev Len Interim Priest

Touched by an Angel, by Maya Angelou

We, unaccustomed to courage
exiles from delight
live coiled in shells of loneliness
until love leaves its high holy temple
and comes into our sight
to liberate us into life.

Love arrives
and in its train come ecstasies
old memories of pleasure
ancient histories of pain.
Yet if we are bold,
love strikes away the chains of fear
from our souls.

We are weaned from our timidity
In the flush of love's light
we dare be brave
And suddenly we see
that love costs all we are
and will ever be.
Yet it is only love
which sets us free.

Prelude: Piano improvisation on today's hymns

WORDS OF WELCOME

Melissa Green

Opening Hymn: **Come Touch our Hearts**, MV #12 Ron Ste. Marie

1. Come touch our hearts that we may know compassion,
from failing embers build a blazing fire;
love strong enough to overturn injustice,
to seek a world more gracious, come touch and bless our hearts.

2. Come touch our souls that we may know and love you,
your quiet presence all our fears dispel;
create a space for spirit to grow in us,
let life and beauty fill us, come touch and bless our souls.

3. Come touch our minds and teach us how to reason,
set free our thoughts to wander and to dream;
help us to open doors of understanding,
to welcome truth and wisdom, come touch and bless our minds.

4. Come touch us in the moment we are fragile,
and in our weakness your strength reveal;
that we may rise to follow and to serve,
steady now our nerve, come touch and bless our wills.

5. Come touch us now, this people who are gathered,
to break the bread and share the cup of peace;
that we may love you with our heart and soul,
our mind, our strength, our all, come touch us with your grace.

by Gordon Light -(c) 2002, Common Cup Company

The Gathering of the Community

The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

And also with you.

Almighty God,
to you all hearts are open,
all desires known,

and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.

Glory to God
Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly king,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

GATHERING OF THE CHILDREN

Melissa Green

Loving God,
We give thanks for our children gathered with us here in this space and for those at home with their families.
We pray for our children, **that they will come to know you and grow in their faith.**
We pray for their parents, **that in the busyness of life they will see you as they guide and nourish their children.**
We pray for ourselves, **that we may find ways to support, connect with, and pray for these families.**

May these children engage with you in adventures, dwell on your goodness, find you in the moments of difficulty, and recognize your presence through all of their days.
Bless their time together this morning as they learn, pray, and play. Amen.

The children are invited to go down to Sunday School, they will re-join families and the congregation during the offertory hymn.

Hymn as children leave for Sunday School: I am walking a Path of Peace (played on the piano)

by Tassandier – © 2007, Tassandier

COLLECT: *Let us pray*

Merciful Lord,
grant to your faithful people pardon and peace,
that we may be cleansed from all our sins
and serve you with a quiet mind;
through Jesus Christ our Lord,
who is alive and reigns with you and the Holy Spirit,
one God, now and for ever **Amen.**

Revised Common Lectionary Prayers (2002) alt.

A READING FROM THE BOOK OF ISAIAH Lindley Roff

In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. And one called to another and said: "Holy, holy, holy is the Lord of hosts; the whole earth is full of his glory." The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. And I said: "Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the Lord of hosts!" Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. The seraph touched my mouth with it and said: "Now that this has touched your lips, your guilt has departed and your sin is blotted out." Then I heard the voice of the Lord saying, "Whom shall I send, and who will go for us?" And I said, "Here am I; send me!"

[And he said, "Go and say to this people: 'Keep listening, but do not comprehend; keep looking, but do not understand.' Make the mind of this people dull, and stop their ears, and shut their eyes, so that they may not look with their eyes, and listen with their ears, and comprehend with their minds, and turn and be healed." Then I said, "How long, O Lord?" And he said: "Until cities lie waste without inhabitant, and houses without people, and the land is utterly desolate; until the Lord sends everyone far away, and vast is the emptiness in the midst of the land. Even if a tenth part remain in it, it will be burned again, like a terebinth or an oak whose stump remains standing when it is felled." The holy seed is its stump.]

ISAIAH 6:1-8 (9-13)

Hear what the Spirit says to all people

Thanks be to God

Psalm: 138

I will give thanks to you, O Lord, with my whole heart; **before the gods I will sing your praise.**

I will bow down toward your holy temple and praise your name, because of your love and faithfulness;

For you have glorified your name and your word above all things.

When I called, you answered me; you increased my strength within me.

All the kings of the earth will praise you, O Lord, when they have heard the words of your mouth.

They will sing of the ways of the Lord, that great is the glory of the Lord.

Though the Lord be high, he cares for the lowly; he perceives the haughty from afar.

Though I walk in the midst of trouble, you keep me safe, you stretch forth your hand against the fury of my enemies; your right hand shall save me.

The Lord will make good his purpose for me; O Lord, your love endures for ever; do not abandon the works of your hands.

PSALM 138

A READING FROM THE FIRST LETTER OF PAUL TO THE CORINTHIANS

Lynn Snook

Now I would remind you, brothers and sisters, of the good news that I proclaimed to you, which you in turn received, in which also you stand, through which also you are being saved, if you hold firmly to the message that I proclaimed to you unless you have come to believe in vain. For I handed on to you as of first importance what I in turn had received: that Christ died for our sins in accordance with the scriptures, and that he was buried, and that he was raised on the third day in accordance with the scriptures, and that he appeared to Cephas, then to the twelve. Then he appeared to more than five hundred brothers and sisters at one time, most of whom are still alive, though some have died. Then he appeared to James, then to all the apostles. Last of all, as to one untimely born, he appeared also to me. For I am the least of the apostles, unfit to be called an apostle, because I persecuted the church of God. But by the grace of God I am what I am, and his grace toward me has not been in vain. On the contrary, I worked harder than any of them - though it was not I, but the grace of God that is with me. Whether then it

was I or they, so we proclaim and so you have come to believe.
1 CORINTHIANS 15:1-11

Hear what the Spirit says to all people
Thanks be to God

GRADUAL: #79 MV Spirit, Open My Heart Ron

Refrain:
Spirit, open my heart, to the joy and pain of living,
As you love may I love, in receiving and in giving,
Spirit, open my heart.

1. God, replace my stony heart with a heart that's kind and tender.
All my coldness and fear to your grace I now surrender.
(Refrain)

2. Write your love upon my heart, as my law, my goal, my story.
In each thought, word and deed, may my living bring you glory.
(Refrain)

3. May I weep with those who weep, share the joy of sister, brother.
In the welcome of Christ, may we welcome one another.
(Refrain)
by Ruth Duck and Al Fedak -© 2016, Morning Star

GOSPEL

The Lord be with you.
And also with you.

The Holy Gospel of our Lord Jesus Christ according to Luke
Glory to you Lord Jesus Christ

Once while Jesus was standing beside the lake of Gennesaret, and the crowd was pressing in on him to hear the word of God, he saw two boats there at the shore of the lake; the fishermen had gone out of them and were washing their nets. He got into one of the boats, the one belonging to Simon, and asked him to put out a little way from the shore. Then he sat down and taught the crowds from the boat. When he had finished speaking, he said to Simon, "Put out into the deep water and let down your nets for a catch." Simon answered, "Master, we have worked all night long but have caught nothing. Yet if you say so, I will let down the nets." When they had done this, they

caught so many fish that their nets were beginning to break. So they signalled their partners in the other boat to come and help them. And they came and filled both boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Go away from me, Lord, for I am a sinful man!" For he and all who were with him were amazed at the catch of fish that they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. Then Jesus said to Simon, "Do not be afraid; from now on you will be catching people." When they had brought their boats to shore, they left everything and followed him.

LUKE 5:1-11

The Gospel of Christ
Praise to You Lord Jesus Christ

SERMON

Rev Dr Ray Aldred

The Apostles' Creed

Let us confess the faith of our baptism,
as we say,
**I believe in God,
the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again
to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

PRAYERS OF THE PEOPLE

Barbara Liotskos

CONFESSION AND ABSOLUTION

Dear friends in Christ,
God is steadfast in love and infinite in mercy;
he welcomes sinners
and invites them to his table.
Let us confess our sins,
confident in God's forgiveness.
Silence is kept

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.**

Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life; through Jesus Christ our Lord.
Amen.

Passing of the peace (social distancing rules in effect)
The peace of the Lord be always with you.
And also with you.

Offertory: **O Beautiful Gaia MV 41 Ron**

Refrain:

O beautiful Gaia, O Gaia, calling us home.
O beautiful Gaia, calling us on.

1. Soil yielding its harvest, O Gaia, calling us home.
Soil yielding its harvest, calling us on.
(Refrain)

2. Waves crashing on granite, O Gaia, calling us home.
Waves crashing on granite, calling us on.
(Refrain)

3. Pine bending in windstorm, O Gaia, calling us home.
Pine bending in windstorm, calling us on.
(Refrain)

4. Loon nesting in marshland, O Gaia, calling us home.
Loon nesting in marshland, calling us on.
(Refrain)
by Carolyn McDade -© 2002 C. McDade

THE HOLY EUCHARIST

Prayer over the gifts:

God of compassion and forgiveness, receive our offering this day,
and make us one with him who is our peace,
Jesus Christ our Saviour.
Amen.

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

Holy God, Lover of creation, we give you thanks and praise for in the ocean of your steadfast love you bear us and place the song of your Spirit in our hearts. When we turn from your love and defile the earth, you do not abandon us.

Your Spirit speaks through Huldah and Micah, through prophets, sages, and saints in every age, to confront our sin and reveal the vision of your new creation. Joining in the song of the universe we proclaim your glory saying:

**Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is the One who comes in the name of the Lord. Hosanna in the highest.**

Gracious God, in the fullness of time you sent Jesus the Christ to share our fragile humanity. Through Jesus' life, death, and resurrection you open the path from brokenness to health, from fear to trust, from pride and conceit to reverence for you.

Rejected by a world that could not bear the Gospel of life, Jesus knew death was near. His head anointed for burial by an unknown woman, Jesus gathered together those who loved him. He took bread, gave thanks to you, broke it and gave it to his friends, saying, "Take and eat: this is my body which is given for you. Do this for the remembrance of me." After supper, Jesus took the cup of wine, gave you thanks, and said "Drink this all of you, this is my blood of the new covenant which is shed for you and for many. Whenever you drink it, do this for the remembrance of me." And now we gather at this table in response to his commandment, to share the bread and cup of Christ's undying love, and to proclaim our faith.

Christ has died. Christ is risen. Christ will come again.

Breathe your Holy Spirit, the wisdom of the universe, upon these gifts that we bring to you: this bread, this cup, ourselves, our souls and bodies, that we may be signs of your love for all the world and ministers of your transforming purpose. Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, Creator of all, and we bless your holy name for ever.

Amen.

THE LORD'S PRAYER

As our Saviour taught us, let us pray:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

Music by Gordon Light -(c) St. George's Anglican Church, Edmonton, Alberta

Dear friends, I invite you in this moment, wherever you may be, to receive Christ, in communion with the saints, and the gathering of God's people, unseen and yet present with us now. Many are made one.

(The gifts are elevated): We receive you Lord Jesus Christ,
We welcome your presence in us, and together proclaim our love for you; with our hearts, minds, our souls and our strength, with the saints we worship you, with the angels we adore you, with your whole Church we proclaim your reign. Come to us, though many, and make us one in you.

Communion is shared at this point as possible according to local COVID-19 protocols

Prayer after Communion

Eternal God,
in you we find peace beyond all telling.
May we who share in this heavenly banquet
be instruments of your peace on earth,
in the name of Jesus Christ the Lord.
Amen

Doxology:
Glory to God,
**whose power, working in us,
can do infinitely more
than we can ask or imagine.**
**Glory to God from generation to generation,
in the Church and in Christ Jesus,
for ever and ever. Amen.**

Blessing: Rt Rev Jane Alexander

CLOSING HYMN: **Wherever You May Go** MV 216 Ron

Refrain:

Wherever you may go I will follow and your people shall be my people too.
Wherever you may go, I will follow, for I would be faithful, loyal and true.

1. Say the word and I will stay, I will never go away.
We will travel side by side and God's love will be our guide.
(Refrain)

2. From beginning to the end I will always be your friend,
When you need me, I'll be there, you can trust my faithful care.

(Refrain)

by David Kai-© 1997, D.Kai

ANNOUNCEMENTS

Melissa Green

Organ Postlude: Variations 3 and 4 for "Come Children Join and Sing" by Denis Bedard
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Communion music: Sept Miniatures 3 and 5 by Denis Bedard (2021)
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WORSHIP MINISTERS at 10 a.m. service

Worship Leaders: Rev Len Fraser, Melissa Green; Preacher: Rev Dr Ray Aldred, Music Director: Gail Ovington; Hymn Leader: Ron St Marie, Altar Guild: Pat King, Mary Rolston, Joy Fudge, Greeter: Linda Jackson, Prayers of the People: Barbara Liotskos, Readers: Lindley Rolf, Lynn Snook, Technology: Dylan Rexin, Pat Ebert

Notice of Annual Vestry Meeting

Sunday February 13, 2022 - immediately following the 10 am service

Please sign up on Eventbrite to attend

Key Renewal

Due to the amount of keys that have gone missing over the past 2 years we have decided to "re key" the main doors.

What does this mean for you? If you don't have church keys – don't worry!

If you do have church keys you will need to come and see Jim Waldie in the Chapter Room **Monday February 7 anytime from 1-5 and get your new outside key – the Wheelchair access door will be open**

Questions? Concerns?

Shoot me an email and we can talk about it ☺