

# St. Paul's Cathedral

## *Territory of the People*

*Anglican Church of Canada, Kamloops, BC*

*Joyful, Rooted, Hospitable, Responsive*

Sunday, March 6, 2022 – 1<sup>st</sup> Sunday of Lent

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*Today's service originates from the traditional territory of the Tk'emlúps te Secwepemc – Kamloops & Area First Nation. We acknowledge their care for and working of the land prior to contact with Europeans. As Canadian Anglicans, we continue to work toward healing and reconciliation and a new experience of sharing the land together.*

Welcome to St Paul's Cathedral, a place where all are invited to join us in worship and fellowship. We love and respect all of God's people and for the safety of all we ask if you are joining us for worship and are 12 or over please have both COVID-19 vaccinations. If you have had both vaccines and are joining us for in person service please wear a mask along with social distancing. If you choose not to be vaccinated please join our online service that is live streamed each week on our Facebook Page. We apologize for any inconvenience.

Thank you for your patience and understanding.

Rev Len Interim Priest

Lent is a time of going very deeply into ourselves...What is it that stands between us and God? Between us and our brothers and sisters? Between us and life, the life of the Spirit? Whatever it is, let us relentlessly tear it out, without a moment's hesitation.

**Catherine Doherty**

WORDS OF WELCOME

Melissa Green

Opening Hymn: **For the Fruit of all Creation - CP 259** Jim

1. For the fruit of all creation, thanks be to God;  
Gifts bestowed on every nation, thanks be to God.  
For the ploughing, sowing, reaping, silent growth while we are sleeping,  
Future needs in earth's safe-keeping, thanks be to God.

2. In the just reward of labour, God's will is done.  
In the help we give our neighbour, God's will is done.  
In our world-wide task of caring for the hungry and despairing,  
In the harvests we are sharing, God's will is done.

3. In the harvests of the Spirit, thanks be to God.  
For the good we all inherit, thanks be to God.  
For the wonders that astound us, for the truths that still confound us,  
Most of all, that love has found us, thanks be to God.  
Text by Fred Green, Welsh traditional melody  
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*The Gathering of the Community*

The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with you all.  
**And also with you.**

Almighty God,  
**to you all hearts are open,**  
**all desires known,**  
**and from you no secrets are hidden.**  
**Cleanse the thoughts of our hearts**

**by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.**

Trisagion

**Holy God,  
holy and mighty,  
holy immortal one,  
have mercy upon us. X3**

## **GATHERING OF CHILDREN**

Melissa Green

Loving God,

We give thanks for our children gathered with us here in this space and for those at home with their families.

**We pray for our children, that they will come to know you and grow in their faith.**

**We pray for their parents, that in the busyness of life they will see you as they guide and nourish their children.**

**We pray for ourselves, that we may find ways to support, connect with, and pray for these families.**

May these children engage with you in adventures, dwell on your goodness, find you in the moments of difficulty, and recognize your presence through all of their days.

**Bless their time together this morning as they learn, pray, and play. Amen.**

*The children are invited to go down to Sunday School, they will re-join families and the congregation during the offertory hymn. Hymn as children leave for Sunday School: I am walking a Path of Peace MV 221*

I am walking a path of Peace (3X)

Lead me Home, lead me Home.

(Repeat)

by Tassandier – © 2007, Tassandier

**COLLECT:** *Let us pray*

Almighty God,  
whose Son fasted forty days in the wilderness,  
and was tempted as we are but did not sin,  
give us grace to discipline ourselves  
in submission to your Spirit,  
that as you know our weakness,  
so we may know your power to save;  
through Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever. **Amen.**

*Revised Common Lectionary Prayers (2002) alt.*

A READING FROM THE BOOK OF DEUTERONOMY

Lindley Roff

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me." You shall set it down before the Lord your God and bow down before the Lord your

God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

DEUTERONOMY 26:1-11

Hear what the Spirit says to all people

**Thanks be to God**

Psalm:91: 1-2,9-16

He who dwells in the shelter of the Most High, **abides under the shadow of the Almighty.**

He shall say to the Lord, "**You are my refuge and my stronghold, my God in whom I put my trust.**"

Because you have made the Lord your refuge, and the Most High your habitation.

There shall no evil happen to you, **neither shall any plague come near your dwelling.**

For he shall give his angels charge over you, to keep **you in all your ways.**

They shall bear you in their hands, **lest you dash your foot against a stone.**

You shall tread upon the lion and adder; **you shall trample the young lion and the serpent under your feet.**

Because he is bound to me in love, therefore will I deliver him; **I will protect him, because he knows my name.**

He shall call upon me, and I will answer him; **I am with him in trouble; I will rescue him and bring him to honour.**

With long life will I satisfy him, **and show him my salvation.**

Psalm 91: 1-2,9-16

A READING FROM THE LETTER OF PAUL TO THE ROMANS DJ Clarke

"The word is near you, on your lips and in your heart" that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved."

ROMANS 10:8B-13

Hear what the Spirit says to all people

**Thanks be to God**

**GRADUAL: On Eagle's Wings - CP 531 Jim**

1. You who dwell in the shelter of the Lord, who abide in his shadow for life,  
Say to the Lord: "My refuge, my rock in whom I trust!"

Refrain:

And he will raise you up on Eagle's wings, bear you on the breath of dawn,  
Make you to shine like the sun, and hold you in the palm of his hand.

2. Snares of the fowler will never capture you, and famine will bring you no fear:  
Under his wings your refuge, his faithfulness your shield.  
(to Refrain)

3. You need not fear the terror of the night, nor the arrow that flies by day;  
Though thousands fall about you, near you it shall not come.  
(to a Refrain)

4. For to his angels he's given a command to guard you in all of your ways;  
Upon their hands they will bear you up, lest you dash your foot against a stone.  
(to Refrain)

by Michael Joncas -(c) 1979, OCP

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Luke

**Glory to you Lord Jesus Christ**

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'" Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written, 'Worship the Lord your God, and serve only him.'" Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written, 'He will command his angels concerning you, to protect you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

LUKE 4:1-13

The Gospel of Christ

**Praise to You Lord Jesus Christ**

## The Apostles' Creed

Let us confess the faith of our baptism,  
as we say,

**I believe in God,  
the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.**

**He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,  
was crucified, died, and was buried.**

**He descended to the dead.**

**On the third day he rose again.**

**He ascended into heaven,  
and is seated at the right hand of the Father.**

**He will come again  
to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,**

**the communion of saints,**

**the forgiveness of sins,**

**the resurrection of the body,**

**and the life everlasting. Amen.**

## PRAYERS OF THE PEOPLE

## CONFESSION AND ABSOLUTION

Dear friends in Christ,  
God is steadfast in love and infinite in mercy;  
he welcomes sinners  
and invites them to his table.  
Let us confess our sins,  
confident in God's forgiveness.

## Silence is kept

Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name. Amen.

Almighty God have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in eternal life; through Jesus Christ our Lord.  
**Amen.**

Passing of the peace (social distancing rules in effect)

The peace of the Lord be always with you.  
**And also with you.**

**Offertory: Jesus, Lover of my Soul - CP 533** Jim

1. Jesus, lover of my soul, let me to my bosom fly,  
While the nearer waters roll, while the tempest still is high.  
Hide me, O my Saviour, hide, till the storm of life is past;  
Safe into the haven guide; O receive my soul at last.

2. Other refuge have I none; hangs my helpless soul on thee.  
Leave, ah! leave me not alone; still support and comfort me.

All my trust on thee is stayed, all my help from thee I bring;  
Cover my defenceless head with the shadow of thy wing.

3. Thou, O Christ, art all I want; more than all in thee I find!  
Raise the fallen, cheer the faint, heal the sick and lead the blind.  
Just and holy is thy name; I am all unrighteousness:  
False and full of sin I am; thou art full of truth and grace.

4. Plenteous grace with thee is found, grace to cover all my sin;  
Let the healing streams abound; make and keep me pure within.  
Thou of life the fountain art, freely let me take of thee.  
Spring thou up within my heart; rise to all eternity.

text by Charles Wesley; music by Joseph Perry - public domain

## THE HOLY EUCHARIST

*Prayer over the gifts:*

God our refuge and our strength,  
receive all we offer you this day,  
and through the death and resurrection of your Son  
transform us to his likeness.

We ask this in his name.

**Amen.**

**Kyrie eleison (3 times)**

**Christe eleison (3 times)**

**Kyrie eleison (3 times)**

Kyrie Eleison - from Mass of St. George by Gordon Light - (c) St. George's  
Anglican, Edmonton, AB

The Lord be with you.

**And also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give our thanks and praise.**

Blessed are you, gracious God,  
creator of heaven and earth,  
because you bid your faithful people  
to cleanse their hearts  
and to prepare with joy for the paschal feast;  
that reborn through the waters of baptism  
and renewed in the eucharistic mystery,  
we may be more fervent in prayer  
and more generous in the works of love.  
Therefore we raise our voices to you in praise  
to proclaim the glory of your name.

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

We give thanks to you, Lord our God,  
for the goodness and love  
you have made known to us in creation;  
in calling Israel to be your people;  
in your Word spoken through the prophets;  
and above all in the Word made flesh,  
Jesus your Son.  
For in these last days you sent him  
to be incarnate from the Virgin Mary,  
to be the Saviour and Redeemer of the world.  
In him, you have delivered us from evil,

and made us worthy to stand before you.  
In him, you have brought us  
out of error into truth,  
out of sin into righteousness,  
out of death into life.

On the night he was handed over  
to suffering and death, a death he freely accepted,  
our Lord Jesus Christ took bread;  
and when he had given thanks to you,  
he broke it, and gave it to his disciples,  
and said, " Take, eat:  
this is my body which is given for you.  
Do this for the remembrance of me."

After supper he took the cup of wine;  
and when he had given thanks,  
he gave it to them,  
and said, "Drink this, all of you:  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Whenever you drink it,  
do this for the remembrance of me."

Therefore, Father, according to his command,  
**we remember his death,**  
**we proclaim his resurrection,**  
**we await his coming in glory;**

and we offer our sacrifice  
of praise and thanksgiving  
to you, Lord of all;  
presenting to you, from your creation,  
this bread and this wine.

We pray you, gracious God,  
to send your Holy Spirit upon these gifts,  
that they may be the sacrament  
of the body of Christ  
and his blood of the new covenant.  
Unite us to your Son in his sacrifice,  
that we, made acceptable in him,  
may be sanctified by the Holy Spirit.

In the fullness of time,  
reconcile all things in Christ,  
and make them new,  
and bring us to that city of light  
where you dwell with all your sons and daughters;  
through Jesus Christ our Lord,  
the firstborn of all creation,  
the head of the Church,  
and the author of our salvation;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory are yours, almighty Father,  
now and for ever.

**Amen.**

## THE LORD'S PRAYER

As our Saviour taught us, let us pray:

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

music by Gordon Light -© St. George's Anglican, Edmonton, AB

Dear friends, I invite you in this moment, wherever you may be, to receive Christ, in communion with the saints, and the gathering of God's people, unseen and yet present with us now. Many are made one.

*(the gifts are elevated):* We receive you Lord Jesus Christ,

**We welcome your presence in us, and together proclaim our love for you; with our hearts, minds, our souls and our strength, with the saints we worship you, with the angels we adore you, with your whole Church we proclaim your reign. Come to us, though many, and make us one in you.**

**Agnus Dei:**

**Lamb of God, you take away the sin of the world, have mercy on us.**

**Lamb of God, you take away the sin of the world, have mercy on us.**

**Lamb of God, you take away the sin of the world. Grant us your peace.**

**Agnes Dei - from Mass of St. George by Gordon Light- (c), St, George's Anglican, Edmonton, AB**

*Communion is shared at this point as possible according to local COVID-19 protocols. Prayer ministry will be offered at the back of the church in the entrance area for those wishing prayer for their own or others' needs*

**Prayer After Communion:**

Faithful God,

in this holy bread

you increase our faith and hope and love.

Lead us in the path of Christ

who is your Word of life.  
We ask this in his name.  
**Amen**

Doxology:  
Glory to God,  
**whose power, working in us,  
can do infinitely more  
than we can ask or imagine.**  
**Glory to God from generation to generation,  
in the Church and in Christ Jesus,  
for ever and ever. Amen.**

Blessing:  
May the God of mercy transform you by his grace, and the  
blessing of God almighty, the Father, the Son, and the Holy  
Spirit, be among you and remain with you always. Amen

ANNOUNCEMENTS

Melissa Green

**CLOSING HYMN: To God be the Glory CP 371** Jim

1. To God be the Glory, who great things has done!  
God so loved the world, freely sending the Son,  
Who yielded his life an atonement for sin,  
And opened the life gate that all may go in.

Refrain:  
Praise the Lord! Praise the Lord! Let the earth hear God's voice.  
Praise the Lord! Praise the Lord! Let the people rejoice!  
O come to the Father through Jesus the Son,  
And give God the glory, who great things has gone.

2. O perfect redemption, the purchase of blood,  
To every believer the promise of God,

That when the offender, repenting believes,  
Through Jesus' atonement, God's pardon receives.  
(to refrain)

3. Great things God has taught us, great things God has done,  
And great our rejoicing through Jesus the Son,  
But purer and higher the greater will be  
Our wonder, our gladness when Jesus we'll see.  
(To refrain)  
by Fanny Crosby and William Doanne public domain

**Dismissal** - carillon bells

**Postlude** - Andante by William Boyce (1711-1779)  
public domain

**Agnes Dei** - from Mass of St. George by Gordon Light- (c), St, George's Anglican,  
Edmonton, AB

**Communion Music** -- Organ:

Trio by Josef Rheinberger ( 1839-1901) public domain

Sanctus by Pruner- (c) 1980, Church Pub Inc.

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### **WORSHIP MINISTERS at 10 a.m. service**

*Worship Leaders: Rev Len Fraser, Melissa Green; Music Director: Gail Ovington; Hymn Leader: Jim Waldie ; Prayer Ministry: Joan L, Sandra S; Altar Guild: Catherina. Miriam, Mercedes; Greeters: Mavis Chalmers, Rae Long; Lock Up: Elaine Parkes; Prayers of the People: Barb Liotskos; Readers: Lindley Roff, DJ Clarke; Offering Counter – Bob King; Technology – Dylan Rexin, Pat Ebert*