

St Paul's Circular

March 2022

Volume 17 Issue 1 Wonders of God's Creation

Lizzy's Bit

From the Desk of the Interim Rector

The Circular this month is about the wonders of creation and with the warmer weather and seeing signs of spring everywhere there is so much to write about. I spent the last weekend of February in Victoria visiting my daughter and my grandchildren. We spent a lot of time walking along the ocean watching the birds and breathing in the wonderful sea air. It was a wonderful day and many people were walking along the ocean walk breathing in all the sights and sounds; the dogs running around chasing balls and taking interest in other dogs; the buds starting to come out on the trees; signs of spring everywhere. I spent Friday afternoon going on a field trip with my grandson's class. The class walked to a park and looked for herbs that could be used for tea. These herbs are a medicine that many people drink for different ailments. I was so impressed the kids were being taught the importance of nature and the natural healing qualities of different plants.

Sometimes in life if we look closely we can see amazing things in nature. I used to love turning over rocks on the beach to see what was living under the rocks. It was always amazing to witness life in the most obscure places. Whenever I go for walks with my dogs we almost always see deer grazing on the hillside or marmots playing in the sun. The dogs always want to chase after them but the deer and the marmots don't seem bothered by the dogs. They go about their business without any sense of danger. Maybe they know the dogs are harmless, or they are comfortable with us humans walking along. Whether walking by the ocean or a path in Kamloops I am so grateful for the beauty and wonder of creation. God has Blessed us with such a beautiful world I cannot help but reminded about Moses at the burning bush when God says to him take off your sandals you are standing on Holy Ground.

How to put into words the wonder of God's creation, from the tiniest of sub-atomic particles to the furthest reaches of the universe? I wonder how the atheist can look around at the world and beyond and think there is no God. The way in which everything fits together is amazing. There is tremendous interconnectedness and interdependence among all aspects of creation. The connecting threads are strong but at the same time fragile.

Life itself is a wonder even without considering its various forms -- insects, birds, fish, animals, us. The uniqueness of individuals in each life form is astounding, each with its own intelligence. I look at Honey and marvel that she is able to understand me, while I struggle to determine what she wants when she is making puppy eyes at me, making her smarter than me. I have had four dogs and each one had his or her own personality. Even Houdini, the goldfish knows when and to which part of the aquarium the food appears. I suspect there is some sort of communication system between mice and rats since the darn things know how to get the bait without springing the trap.

One of my favourite subjects in high school was physical geography. It was fascinating to me to learn how the physical features of the world - the hills and valleys, the plains and rivers developed and evolved, the relationship between climate and weather and the effect both have on the geography and life, both plant and animal.

Science may explain how minerals in the soil, combined with sunlight and water make plants grow but how it all works is still amazing. Added to which we, as well as insects, animals, the earth itself depend on plants to survive. The plants in turn depend on insects and animals to survive and reproduce.

According to Genesis God gave us all of this to care for, it behoves us therefore to treat it all with respect and reverence.

Book Review

by Mary Dove

I Will Arise and Go Now by Herbert O'Driscoll

This book was published a year ago and is about reflections on the meaning of places and people in his life. It is a wonderful and creative way of doing an autobiography as it gives us a very intimate perspective into his comings and goings and meaning of life generally.

Herbie begins with his early days in a small city of Cork in the south of Ireland, "punctuated by long summers on my grandfather's farm in Donaguile, County Kilkenny." He not only reflects on things remembered from childhood and student years but also relates how these memories have shaped his life.

He then moves on to tell many very intriguing stories from his years of active ministry in Canada and the United States. In October 1954 at age 26, having been ordained for 2 years, he received an invitation from the Dean of the Christ Church Cathedral in Ottawa to become the curate there. (his mother had a cousin in Canada who knew a church warden who spoke to a priest.) He was torn between wanting to go to Canada and not wanting to leave his girlfriend Paula. They decided they would become engaged, he would go to Canada and then return the following summer for the wedding. On arriving in Canada he says, "The morning was glorious, the air crisp and clear, _____ and I promptly fell in love at first sight with Canada." His ministry would take him to Ottawa, Vancouver, Calgary and Washington, DC. His stories are so very interesting and down to earth that I could not put the book down. He describes his time of ministry as reminding him of an earthquake where "what cannot be shaken will remain" where the Church has faced such vast changes and understanding of Church and faith.

The last section of the book is entitled "To Be a Pilgrim" and Herbie recalls his experiences from his retirement during which he led many groups of "fellow pilgrims" on trips to the Middle East, Ireland and Great Britain. Again his stories are personal and insightful.

Of the book he says, "these pages allow me to revisit in memory the times when, and the places where I

was given something of lasting, permanent value – an image, an idea, an insight -- and the people who have given them to me, or in whose company I have shared them. I would like to think that there are things in my own life that might attract the interests of others, even if only to spark in them a recollection of similar escapades and experiences of their own."

I would say resoundingly that Herbie has certainly succeeded in his goal and any reader will appreciate the author's gift to us all. Thank you Herbie for sharing.



Caring for Creation
by Joy Gothard

Creation Care - Climate change series has expanded my explorations and horizons of resources. It has set me in making some concrete goals and take actions to care for the earth. One of the resources that has come to my attention is the Anglican Communion Environmental Network found at the following link <https://mailchi.mp/c7004b366db9/acen-digest-5121617?e=d41bbcf219>

The most recent newsletter included this Lent calendar of actions that we may take to care for the earth -

My Little Bits of Good - #FAST4EARTH

"Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world." ~ Archbishop Desmond Tutu.

The next Creation Care -- Climate Change will be Tuesday April 6

We are beginning to regain a knowledge of Creation, a knowledge forfeited by the fall of Adam. By God's mercy we can begin to recognize His Wonderful works and wonders also in flowers when we ponder his might and goodness. Therefore we laud, magnify and thank Him. *Martin Luther*



Newshound

Barry Baskin has taken over from Joan Lukow as flower co-coordinator.

In person worship was again suspended just before Christmas and was resumed February 6.

The Rev. Louise Peters returned to preach January 9 and as presider and preacher on February 27.

The Thrift shop remains closed until further notice.

Territory Assembly Local Arrangements Committee We need YOU!

The Territory of the People is looking for members from the Cathedral to serve on the Local Arrangements Committee for May 27 - 29, 2022 Assembly in Kamloops. This committee supports organizing set-up, food, accommodation, etc. Please contact the office or Jim Waldie if you can help out.

The Right Rev. Jane Alexander, newly retired bishop



of the Diocese of Edmonton was appointed to serve as the Assisting Bishop to the Territory, beginning February 1. She will be half-time, spending a week each month in-person in the Territory, in a parish on the Sundays beginning and ending that week. She will visit clergy and parishes, with attendance at meetings via Zoom. She will be part of the Provincial House of Bishops. She will work with the Rev. Len Fraser to have a smooth transition as Len finishes his responsibility as Administrator of the Territory. She will support recovery from the several traumas of the past few

months, and help the Territory build and assess the readiness to call the next bishop. Around November 2022, this readiness will be assessed and Bishop Jane will then remain in this ministry during the electoral process until the new bishop is in place, another nine months or so, till mid 2023.

Report on St Paul's Cathedral Annual Vestry Report February 13, 2022

As your Newshound I saw this meeting announced and figured it was worth looking into especially as I had never been to one before. When I got there, 19 people were there and I heard Melissa say she had a few more than 20 talking to her on Zoom, whatever that is. Anyway it was decided by Rev. Len that we had a quorum and so could continue....

There was a whole big booklet of reports and things that had happened by different groups during 2021 which we needed to vote on but people got on with it and everyone was very agreeable that for a pandemic year things were going well. Financial reports and budgets for next year were given and again, everyone seemed pleased. When it came to who are going to be the wardens and treasurer for next year, Jim Waldie will be one and they are still looking for another warden and David Ritenberg will be the treasurer. Jon Buckle and Gordon Dove were both given thanks for their time of office. Appreciation was also given to the many who have done so much to help everyone through this difficult year. There was a thank you to Len for his work as Interim priest as the search committee are still working hard to find a Dean for the parish. Margaret Mitchell and Verna Albright were again licenced as ministers of Word and Sacrament. After a motion of adjournment, people seemed to enjoy visiting with masks on.

I enjoyed my time, ably assisted by Mary Dove, covering this meeting as your Newshound as everyone seemed happy to be there.

I find it incredibly amazing how at every sunset, the sky is a different shade. No cloud is ever in the same place. Each day is a new masterpiece. A new wonder. A new memory.

Sanobar Khan

Looking Back



Barbara Liotskos and Rae Long organized an Advent Food Drive for Merritt to aid victims of the recent flooding. Food donations were sent to the Kamloops Aboriginal Friendship. The money raised went to the BC Disaster Relief Fund.

Bake sale December 12

A bake sale was held after the 10:00 service on December 12. There were 5 tables of 100 plates of baked goods. Lance and Raul donated 3 centre pieces to be included in the sale. \$650 raised for Territory Disaster Relief.



Tuesday January 25 at 10:00am there was a Zoom presentation by the Primates World Relief and Development Fund. There will be several sessions this year on "The Season of Creation" with emphasis on agricultural seasons. The focus of this session was "Sabbath/Jubilee/Rest."

The next session of Creation Care -- Climate Change will be Tuesday April 26

Saturday February 5 10:00am - 3:00pm



This year's February Faith Lecture was delivered by Rev. Dr. Ray Aldred who talked about the future of the Anglican Church in Post Colonial Canada. Some of the questions addressed were What does Post Colonial mean? and What does it look like?

The lecture was held in person in the hall with all the usual COVID protocols in place. A light lunch was provided.

Sunday February 6

We had our first visit by Assisting Bishop Jane.

Sunday February 13

The AGM was held immediately after the 10:00 service

Tuesday March 1, 5:00 - 6:30pm

Shrove Tuesday pancake supper returned with COVID protocols in place. Jim Waldie who coordinated the event also checked vaccine passports. There were 10 tables set for 6 with individual cream, sugar and condiments. The pancake flippers were Dwight Oatway, Rev. Len, David Lidster. Ron Sugiyama cooked the sausages. A good time was had by all.

Thursday March 3, 12:00pm

The first Lenten Lecture was presented by Graham Specht, Diversity Outreach Coordinator with Kamloops Immigrant Services. He spoke about diversity, equity and inclusion. The lecture was presented in person and online. A light lunch was served afterwards. About 35 people attended the lecture and 30 stayed for the lunch.

Friday, March 4, 2022, 1:00pm

This year's World Day of Prayer service, held at Sacred Heart Cathedral and also live streamed, was written by women from England, Wales and Northern Ireland. The theme was taken from **Jeremiah 29:1-14 "I Know the Plans I have for You"**. Margaret Mitchell delivered a devotional message and Rae Long did a reading.

**Looking Ahead****Soul Friends**

Soul Friends will meet Thursday evening 7:00 - 9:00 April 7, May 5 and June 2, and Thursday mornings 9:45 - 11:45 March 17, April 21, May 19 and June 16.

The Zoom link will be sent out in the parish email early in the week that Soul Friends meet. All are welcome to any or all of the gatherings.

If you would like the Zoom link to be sent to you the day before, or if you have questions about Soul Friends, please email either David Lidster davidlidster@shaw.ca or Barb Liotskos lightliotskos@gmail.com

Lenten Lectures

The Lenten Lectures are scheduled for March 10, 17, 24, 31, Apr 7

The theme this year is "**Many Stories from the Heart...What is is like to be you?**"

March 10, 12:00pm

Rev. Canon Len Fraser was ordained in 2010 and served at St Mary's, Lillooet, Grace Church, Prince George and St. John's Quesnel.

March 17, 12:00pm

Umme Mansoor is second generation Pakistani-Canadian Muslim. She has a Master of Education from the University of Calgary and is a Learning Strategist at Thompson Rivers University.

March 24, 12:00pm

Ricky Marshall, born in Nova Scotia, has made the journey from homelessness and addiction to success. He is on the board of Out of the Cold and a CAP team member.

March 31, 12:00pm

Rev. Emily Cooke is the minister for Mount Paul and Plura Hills United churches. As a transgender woman she finds herself in a position to minister to and educate on transgender issues.

April 7, 12:00pm

Christine Mack, from the Nuxalk Nation in Bella Coola, is a Licensed Practical Nurse working in Dementia Care at various nursing homes in Kamloops. She is passionate about mental health and addictions. She plans to become a Registered Nurse and continue working these areas.

March 9**Living from the Heart**

Lenten Lecture Series for the Territory of the People led by Louise Peters where we explore how we live the way of Jesus by Tending the Heart: Praying

Fasting

Giving

Forgiving

Living

Video and weekly study guide is available at <http://www.territoryofthepeople.ca>

Easter Services Schedule to be announced

	Actual	Budget
Revenues Jan 2022	\$19,961.45	\$19,434.00
Expenses Jan 2022	\$19,118.67	\$21,510.00
Net Income Jan 2022	\$842.78	\$(2,076.00)

Does God proclaim Himself in the wonders of creation? No. All things proclaim Him, all things speak. Their beauty is the voice by which they announce God, by which they sing. It is you who made me beautiful, not me myself but you. *Saint Augustine*

What can be more foolish than to think that all this rare fabric of heaven and earth could come by chance, when all the skill of art is not able to make an oyster! *Jeremy Taylor*

There is something to be said about the vastness of the earth, as well as the vastness of the heavens, in reminding us how small we are and how great God's creation is.

Aleksandra Layland,

God is the creator of incredible beauty and all that He envisioned and desired to create, He also desired to share. *Michelle Carbotte*

I will praise thee; for I am fearfully and wonderfully made: marvellous are thy works; and that my soul knoweth right well. *Psalms 139:14 KJV*

St Paul's Anglican Cathedral

parish founded 1884

360 Nicola Street Kamloops, B.C. V2C 2P5 phone 250 372 3912

e-mail: stpaulscathedral@shawbiz.ca

joyful - rooted - responsive - hospitable

Interim Rector	The Rev. Canon Len Fraser
Assisting Clergy Member	The Rt. Rev. Gordon Light
Assisting Clergy Member	The Rev. Barbara Liotskos
Assisting Clergy Member	The Rev. Dan Hines
Assisting Clergy Member	The Rev. Bob Purdy
Assisting Clergy Member	The Rev Sandra Sugden
Rector's Warden	Jim Waldie
People's Warden	DJ Clarke
Youth Coordinator	Melissa Green
Acting Music Director	Gail Ovington
Office Coordinator	Claire Tosoff
Treasurers	Dr. David Ritenburg

St Paul's Cathedral website
www.kamloopsanglicanecathedral.com

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Territory of the people website
www.territoryofthepeople.ca

submission deadline for the Next issue:

June 3

theme for the next issue:

Wisdom

Worship at St Paul's Cathedral

Chapel, Sunday, 8:00 a.m. - Holy Communion Cathedral, Sunday, 10:00 - Holy Eucharist
Chapel, Wednesday, 10:00 a.m.

The St. Paul's Circular is the parish newsletter of St. Paul's Anglican Cathedral, Kamloops, B.C. Four issues are published annually: Lent/Easter, Pentecost, Fall, Advent/Christmas. Our aim is to glorify God by sharing stories about the ministries of our parish, both within and beyond our physical boundaries. The editorial board currently includes Interim Dean Len Fraser, Mary Dove, Claire Tosoff and Elizabeth Kavanagh email address: stpaulscathedralcircular@gmail.com