

# St. Paul's Cathedral

## ***Territory of the People***

Anglican Church of Canada, Kamloops, BC

*Joyful, Rooted, Hospitable, Responsive*

July 24 2022 – 7<sup>th</sup> Sunday after Pentecost

---

*Today's service originates from the traditional territory of the Tk'emlúps te Secwepemc – Kamloops & Area First Nation. We acknowledge their care for and working of the land prior to contact with Europeans. As Canadian Anglicans, we continue to work toward healing and reconciliation and a new experience of sharing the land together.*

Prelude: improvisation on today's hymn tunes

## **WORDS OF WELCOME**

Len Fraser

**Opening Hymn:** CP 309 Praise the Lord with the Sound of Trumpet  
Praise the Lord with the sound of trumpet,  
praise the Lord with the harp and lute,  
praise the Lord with the gentle sounding flute.

Praise the Lord in the field and forest,  
praise the Lord in the city square,  
praise the Lord anytime and anywhere.

Praise the Lord in the wind and sunshine,  
praise the Lord in the dark of night,  
praise the Lord in the rain or snow or in the morning light.

Praise the Lord in the deepest valley,  
praise the Lord on the highest hill,  
praise the Lord, never let your voice be still.

Praise the Lord with the crashing cymbal,  
praise the Lord with the pipe and string,  
praise the Lord with the joyful songs you sing.

Praise the Lord on a weekday morning,  
praise the Lord on a Sunday noon,  
praise the Lord by the light of sun or moon.

Praise the Lord in the time of sorrow,  
praise the Lord in the time of joy,  
praise the Lord in the every moment, nothing let your praise destroy.

Praise the Lord in the peace and quiet,  
praise the Lord in your work or play,  
praise the Lord every where in every way!

by Natalie Sleeth-(c) 1976, Hinshaw

### **The Gathering of the Community**

Len

The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with you all.

**And also with you.**

Almighty God,  
**to you all hearts are open,**  
**all desires known,**  
**and from you no secrets are hidden.**  
Cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.

## Glory to God

Glory to God in the highest,  
and peace to his people on earth.

Lord God, heavenly king, almighty God and Father,  
we worship you, we give you thanks, we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God, you take away the sin of the world:  
have mercy on us; you are seated at the right hand of the Father:  
receive our prayer.

For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High, Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. Amen

**COLLECT:** *Let us pray*

Len

O God,  
the protector of all who trust in you,  
without whom nothing is strong, nothing is holy,  
increase and multiply upon us your mercy,  
that with you as our ruler and guide,  
we may so pass through things temporal,  
that we lose not the things eternal;  
through Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit,  
one God, for ever and ever. **Amen**

Revised Common Lectionary Prayers (2002) alt.

A READING FROM THE FIRST BOOK OF AMOS DJ Clarke

When the Lord first spoke through Hosea, the Lord said to Hosea, "Go, take for yourself a wife of whoredom and have children of whoredom, for the land commits great whoredom by forsaking the Lord." So he went and took Gomer daughter of Diblaim, and she conceived and bore him a son. And the

Lord said to him, "Name him Jezreel; for in a little while I will punish the house of Jehu for the blood of Jezreel, and I will put an end to the kingdom of the house of Israel. On that day I will break the bow of Israel in the valley of Jezreel." She conceived again and bore a daughter. Then the Lord said to him, "Name her Loruhamah, for I will no longer have pity on the house of Israel or forgive them. But I will have pity on the house of Judah, and I will save them by the Lord their God; I will not save them by bow, or by sword, or by war, or by horses, or by horsemen." When she had weaned Loruhamah, she conceived and bore a son. Then the Lord said, "Name him Loammi, for you are not my people and I am not your God." Yet the number of the people of Israel shall be like the sand of the sea, which can be neither measured nor numbered; and in the place where it was said to them, "You are not my people," it shall be said to them, "Children of the living God."

HOSEA 1:2-10

Hear what the Spirit says to all people

**Thanks be to God**

### **Psalm**

God You have been gracious to your land, O Lord, **you have restored the good fortune of Jacob.**

You have forgiven the iniquity of your people **and blotted out all their sins.**  
You have withdrawn all your fury **and turned yourself from your wrathful indignation.**

Restore us then, O God our Saviour; **let your anger depart from us.**

Will you be displeased with us for ever? **will you prolong your anger from age to age?**

Will you not give us life again, **that your people may rejoice in you?**

Show us your mercy, O Lord, **and grant us your salvation.**

I will listen to what the Lord God is saying, **for he is speaking peace to his faithful people and to those who turn their hearts to him.**

Truly, his salvation is very near to those who fear him, **that his glory may dwell in our land.**

Mercy and truth have met together; **righteousness and peace have kissed each other.**

Truth shall spring up from the earth, **and righteousness shall look down from heaven.**

The Lord will indeed grant prosperity, **and our land will yield its increase.** Righteousness shall go before him, **and peace shall be a pathway for his feet**

A READING FROM THE LETTER OF PAUL TO THE COLOSSIANS Miriam Baskin

As you therefore have received Christ Jesus the Lord, continue to live your lives in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving. See to it that no one takes you captive through philosophy and empty deceit, according to human tradition, according to the elemental spirits of the universe, and not according to Christ. For in him the whole fullness of deity dwells bodily, and you have come to fullness in him, who is the head of every ruler and authority. In him also you were circumcised with a spiritual circumcision, by putting off the body of the flesh in the circumcision of Christ; when you were buried with him in baptism, you were also raised with him through faith in the power of God, who raised him from the dead. And when you were dead in trespasses and the uncircumcision of your flesh, God made you alive together with him, when he forgave us all our trespasses, erasing the record that stood against us with its legal demands. He set this aside, nailing it to the cross. He disarmed the rulers and authorities and made a public example of them, triumphing over them in it.

[Therefore do not let anyone condemn you in matters of food and drink or of observing festivals, new moons, or sabbaths. These are only a shadow of what is to come, but the substance belongs to Christ. Do not let anyone disqualify you, insisting on self-abasement and worship of angels, dwelling on visions, puffed up without cause by a human way of thinking, and not holding fast to the head, from whom the whole body, nourished and held

together by its ligaments and sinews, grows with a growth that is from God.]

COLOSSIANS 2:6-15 (16-19)

Hear what the Spirit says to all people

**Thanks be to God**

**GRADUAL: CP 458 Seek Ye First**

Seek Ye First the Kingdom of God

And His righteousness

And all these things shall be added unto you

Allelu Alleluia

**GOSPEL**

Len

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Luke

**Glory to you Lord Jesus Christ**

Jesus was praying in a certain place, and after he had finished, one of his disciples said to him, "Lord, teach us to pray, as John taught his disciples." He said to them, "When you pray, say: Father, hallowed be your name. Your kingdom come. Give us each day our daily bread. And forgive us our sins, for we ourselves forgive everyone indebted to us. And do not bring us to the time of trial." And he said to them, "Suppose one of you has a friend, and you go to him at midnight and say to him, 'Friend, lend me three loaves of bread; for a friend of mine has arrived, and I have nothing to set before him.' And he answers from within, 'Do not bother me; the door has already been locked, and my children are with me in bed; I cannot get up and give

you anything.' I tell you, even though he will not get up and give him anything because he is his friend, at least because of his persistence he will get up and give him whatever he needs. So I say to you, Ask, and it will be given you; search, and you will find; knock, and the door will be opened for you. For everyone who asks receives, and everyone who searches finds, and for everyone who knocks, the door will be opened. Is there anyone among you who, if your child asks for a fish, will give a snake instead of a fish? Or if the child asks for an egg, will give a scorpion? If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!"

### **LUKE 11:1-13**

The Gospel of Christ

**Praise to You Lord Jesus Christ**

Ask and it shall be given unto you

Seek and you shall find

Knock and the door shall be opened unto you Alleluia, Alleluia.

**by Karen Lafferty- (c) 1972, Brentwood Benson CCLI Song #1352, CCLI License #21471956**

SERMON

Rev Canon Len Fraser

The Apostles' Creed

Let us confess the faith of our baptism,

as we say,

**I believe in God,**

**the Father almighty,**

**creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.**

**He was conceived by the power of the Holy Spirit**

**and born of the Virgin Mary.**

He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again  
to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

## PRAYERS OF THE PEOPLE

Margaret Mitchell

**Passing of the peace** (social distancing rules in effect)  
The peace of the Lord be always with you.  
And also with you.

**Offertory: MV 126 Are you a Shepherd**  
**Chorus:**

Yes, you are shepherd, parent and teacher,  
but you are greater than all that we know.  
Holy and living, loving and giving,  
God, you are with us wherever we go.

Are you a shepherd, good shepherd who leads us  
safely through danger, while calming our fears?  
Are you a father who shelters and feeds us,  
shares in our laughter and wipes away tears? Chorus



Are you a mother, good mother who bears us,  
comforts, protects us and helps us to rest?  
Are you a teacher who daily prepares us,  
challenging students to offer their best? Chorus

Great, gentle shepherd, forever beside us,  
lead all your children in paths that are right.  
Great, loving parent, wise teacher, you guide us.  
We want to love you and bring you delight. - Chorus

**Prayer over the gifts:**

God of grace,  
accept all we offer you this day,  
as we look toward the glory you have promised.  
This we ask in the name of Jesus Christ our Lord. **Amen**

**EUCHARISTIC PRAYER 5**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give Him thanks and praise.**

We give you thanks and praise, almighty God,  
for the gift of a world full of wonder,  
and for our life which comes from you.  
By your power you sustain the universe.  
**Glory to you for ever and ever.**

You created us to love you with all our heart,

and to love each other as ourselves,  
but we rebel against you by the evil that we do.

In Jesus, your Son,  
you bring healing to our world  
and gather us into one great family.  
Therefore, with all who serve you  
on earth and in heaven,  
we praise your wonderful name, as we sing.

**Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of Your glory, Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

We give you thanks and praise, loving Father,  
because in sending Jesus, your Son, to us  
you showed us how much you love us.  
He cares for the poor and the hungry.  
He suffers with the sick and the rejected.  
Betrayed and forsaken, he did not strike back  
but overcame hatred with love.  
On the cross  
he defeated the power of sin and death.  
By raising him from the dead  
you show us the power of your love  
to bring new life to all your people.  
**Glory to you for ever and ever.**

On the night before he gave up his life for us,  
Jesus, at supper with his friends,  
took bread, gave thanks to you,  
broke it, and gave it to them,

saying, "Take this, all of you, and eat it:  
this is my body which is given for you."

After supper, Jesus took the cup of wine,  
said the blessing, gave it to his friends,  
and said, "Drink this, all of you:  
this is the cup of my blood,  
the blood of the new and eternal covenant,  
which is shed for you and for many,  
so that sins may be forgiven.  
Do this in memory of me."

**Glory to you for ever and ever.**

Gracious God,  
with this bread and wine  
we celebrate the death and resurrection of Jesus,  
and we offer ourselves to you in him.  
Send your Holy Spirit on us and on these gifts,  
that we may know the presence of Jesus  
in the breaking of bread,  
and share in the life  
of the family of your children.

**Glory to you for ever and ever.**

Father, you call us to be your servants;  
fill us with the courage and love of Jesus,  
that all the world may gather in joy  
at the table of your kingdom.  
We sing your praise, almighty Father,  
through Jesus, our Lord,  
in the power of the Holy Spirit,  
now and for ever.

**Glory to you for ever and ever. Amen.**

## **THE LORD'S PRAYER**

As our Saviour taught us, let us pray:

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial,  
and deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

Dear friends, I invite you in this moment, wherever you may be, to receive Christ, in communion with the saints, and the gathering of God's people, unseen and yet present with us now. Many are made one.

*(the gifts are elevated):* We receive you Lord Jesus Christ,  
**We welcome your presence in us, and together proclaim our love for you;  
with our hearts, minds, our souls and our strength, with the saints we  
worship you, with the angels we adore you, with your whole Church we  
proclaim your reign. Come to us, though many, and make us one in you.**

## **Agnus Dei**

Lamb of God, You take away the sin of the world, have mercy on us.

Lamb of God, You take away the sin of the world, have mercy on us.

Lamb of God, You take away the sin of the world. Grant us your peace.

*Communion is shared at this point as possible according to local COVID-19 protocols. Prayer ministry will be offered at the back of the church in the entrance area for those wishing prayer for their own or others' needs.*

**Communion Hymns:** Chorales by J.S. Bach (1685-1750) and carillon

**Prayer after Communion:**

God of grace,  
we have received the memorial  
of the death and resurrection of your Son.  
May your love, poured into us,  
bring us to your promises.  
We ask this in the name of our Redeemer Jesus Christ.

**Doxology:**

Glory to God,  
**whose power, working in us,  
can do infinitely more  
than we can ask or imagine.**  
Glory to God from generation to generation,  
in the Church and in Christ Jesus,  
for ever and ever. Amen.

**Blessing:**

**Dismissal Song:**

Go now in Peace from SFGP by Natalie Sleeth -© 1976, Hinshaw Music Inc.

(sing twice)

Go now in Peace, go now in peace  
May the love of God surround you ev'rywhere,  
Ev'rywhere, you may go.

**ANNOUNCEMENTS**

Len Fraser

## **CLOSING HYMN: CP 602 Lift High the Cross**

Refrain:

Lift high the cross, the love of Christ proclaim  
till all the world adore his sacred name.

Come, Christians, follow where our Savior trod,  
our King victorious, Christ, the Son of God.

Refrain

All newborn servants of the Crucified  
bear on their brow the seal of Christ who died.

Refrain

O Lord, once lifted on the glorious tree,  
your death has brought us life eternally.

Refrain

So shall our song of triumph ever be:  
praise to the Crucified for victory.

Refrain

Words © 1974 Hope Publishing Company, 380 S Main Pl, Carol Stream, IL  
60188

Postlude:

*Sanctus -CP 719 by Marcia Pruner -(c)1980, Church Pub.  
Lord's Prayer and Agnus Dei music by Gordon Light -(c) St. George's Anglican, Edmonton, AB*

***Music selections not otherwise indicated have been submitted to One License #A-605242.  
All rights reserved.***

*The flowers on the altar today are given to the Glory of God and in loving memory of Sheila Ponsford from Len Fraser. May she rest in peace with all the saints in Gods Heavenly Kingdom*

**WORSHIP MINISTERS at 10 a.m. service**

Presider, Presider, Gospeller– Len Fraser; Lay Administers – DJ Clarke  
Coffee - Barry & Miriam Baskin, Mercedes Liburd; Altar Guild – Pat King  
Greeters – Cathy Shether, Linda Jackson; Lock Up- Jon Buckle; Prayers of the  
People – Margaret Mitchell; Readers – DJ Clarke, Miriam Baskin; Music Director –  
Gail Ovington; Organist – Gail Ovington; Hymn Leader – Jennille Fraser; Offering  
Counter – Jon Buckle; Server – Joan Lukow, O'Della Grundy; Technology – Pat,  
Dylan,