

St. Paul's Cathedral

Territory of the People

Anglican Church of Canada, Kamloops, BC

Growing, Connecting, Serving, Praying

Today's service originates from the traditional territory of the Tk'emlúps te Secwepemc – Kamloops & Area First Nation. We acknowledge their care for and working of the land prior to contact with Europeans. As Canadian Anglicans, we continue to work toward healing and reconciliation and a new experience of sharing the land together.

February 4th, 2024 – The 5th Sunday after the Epiphany

Holy Baptism



*Welcome to St. Paul's Cathedral. Our worship follows the order on p. 185 in the green Book of Alternative Services. Hymns for the service are found in **Common Praise** or **More Voices** in your pew. The receiving of Communion is open to any who feel drawn to Christ. It is Christ's table and we are all his guests.*

Know that you are welcome here and our delight is in your presence with us.

Prelude: *Disciples of Christ*, music by Don Besig, words by Don Besig and Nancy Price.
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Welcome and Announcements The Dean

Opening Hymn: Eternal Father, Strong to Save **CP #567**

The Gathering of the Community p. 185

Kids Talk The Dean

Children's Hymn: I am walking a path of peace (3 times), **MV #221**
Lead me home, lead me home.

Collect of the Day

The Holy Baptism of Cara Sharp

Presentation	Dean Kyle
Prayers	Randy Patch p. 155
Thanksgiving over the Water	P. 156
The Baptismal Covenant	p. 158
The Baptism	Dean Kyle
The Giving of the Light	p. 160

Baptismal Hymn: All Who Believe and Are Baptized **CP #34**

First Reading	Isaiah 40: 21-31	Idowu Aina
Psalm	147: 1-12, 21	p 906
Second Reading	1 Corinthians 9: 16-23	Zach Anderson

Gradual Hymn: My Soul Is Thirsting for You **MV #109**
First two verses are sung.

The Gospel Mark 1: 29-39 The Dean
Last verse of Gradual Hymn MV #109 is sung.

Sermon

The Dean

Offertory Hymn: Precious Lord, Take my Hand

CP #509

Eucharistic Prayer

TBA

Sanctus

CP #719

The Lord's Prayer (*sung*)

p. 211

The Breaking of the Bread

p. 212

If you require gluten free bread, please indicate this to Communion Assistant at the altar rail. If you choose to abstain from drinking from the common cup, please be assured that communion "in one kind" still constitutes a full reception of Christ's body and blood.

Prayer during Communion

St. Paul's Prayer Partners gather in the Narthex, at the back of the church at the 10:00 am worship each Sunday during communion. We are there to provide prayer support for anyone seeking prayers for themselves and/or someone else. We are a people of prayer. Prayer is central to our community, why not take that next small step to sit with the prayer team, in a quiet and confidential setting, and ask them to pray with you? Jesus said: "where two or three gather in my name, I am there also (Mathew 18:20).

Prayer after Communion

p. 214

The Blessing

Dismissal Song

Go now in Peace by Natalie Sleeth, © 1976, Hinshaw

Go now in Peace, Go now in Peace,

May the love of God surround you ev'rywhere,

Ev'rywhere, you may go. (sing twice)

Recessional Hymn: O Day of Peace

MV #573

Dismissal

Postlude: *Disciples of Christ*, music by Don Besig, words by Don Besig and Nancy Price.
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The flowers on the Altar are given in loving memory of Lorne Ritchie, brother of Cathy Shether. May he rest in peace with all the saints in Gods Heavenly Kingdom.

All are encouraged to gather in the Hall for coffee and refreshments.

Announcements:

Congratulations to Cara Sharp!! We'll see you in the parish hall after the service.

Baptism! On February 11th we will celebrate the baptism of Mattia Peters. Please keep her family in your prayers this week as they prepare.

AVM (Annual Vestry Meeting): Today, February 4, following the service.

The Circular: The theme for our next issue is *Journeys: spiritual, emotional, literary, or travel*. Submissions gratefully received until February 9, 2024.

Soul Friends: A small group that welcomes anyone who would like to explore & discuss spiritual practices & experiences from everyday life. We meet on the 2nd & 3rd Thursday or each month from 9:45 to 11am. Next Soul Friends is Feb 8th.

Ridgepointe Monday: **Moved ahead to** Feb 26 at 1:30pm. This month, St. Paul's celebrates the Eucharist at this retirement residence at 1789 Primrose Crt. (Pineview Valley) Come & share the joy of the Lord! Fellowship following. FMI call the office.

Shrove Tuesday: Pancake supper February 13 at 5:30. Bring a friend or two!

PWRDF Lent Resources: Subscribe today to the FREE 2024 PWRDF Lent Resource <https://pwrdf.org/Lent2024/> Daily reflections begin February 14!

Lenten Learnings On Saturdays starting Feb 17th to March 16th at 10am. All are welcome. Here at St. Paul's. Pick up a post card for more information.

WORSHIP MINISTERS at 10 a.m. service

Presider, Presider, Gospeller: The Dean; Altar Guild: Pat King, Karen Shouldice, Joy Fudge; W&A: The Dean;
Sunday School: Melissa Green; Coffee Hosts: Bridget Jensen, Opeoluwa Aina; Greeters: Joy Gothard,
O'Della Grundy; Lay Administrators: Lindley Roff, Jim Waldie; Prayers of the People: Randy Patch; Readers:
Idowu Aina; Servers: Tricia Steenson, Rodney Jackson; Bread Adminstrant: Melissa Green; Prayer Team:
D.J. Clarke, Verna Albright; Musician: Pat Rustand; Hymn Leader: Danielle Goodwin; Videographer: Doro
Obogare; Offering Counter: Jim Waldie; Lock Up: Melissa Green



"Ministry at the Cathedral is funded through the generosity of parishioners and visitors. If you wish to contribute to ministry at the St. Paul's, please scan the QR Code to donate through CanadaHelps."

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The Dean & Rector – The Very Reverend Dr. Kyle Norman

Rector's Warden – Jim Waldie; People's Warden D.J. Clarke;

Financial Team – Connie Watt, Margaret Mitchel, Jon Buckle; Parish Giving Manager – Trish Waldie