

St. Paul's Cathedral

Territory of the People

Anglican Church of Canada, Kamloops, BC

Growing, Connecting, Serving, Praying

Today's service originates from the traditional territory of the Tk'emplúps te Secwépemc – Kamloops & Area First Nation. We acknowledge their care for and working of the land prior to contact with Europeans. As Canadian Anglicans, we continue to work toward healing and reconciliation and a new experience of sharing the land together.

March 10, 2024 – Fourth Sunday in Lent



Welcome to St. Paul's Cathedral. Our worship follows the order on p. 185 in the green Book of Alternative Services. Hymns for the service are found in **Common Praise** or **More Voices** in your pew. The receiving of Communion is open to any who feel drawn to Christ. It is Christ's table and we are all his guests.

Know that you are welcome here and our delight is in your presence with us.

Prelude: Performed By *Blair and Sarah Major.*

Welcome and Announcements	Margaret Mitchell	
Opening Hymn: Fairest Lord Jesus	CP # 619	
The Gathering of the Community	p. 185	
Kids Talk	The Dean	
Children's Hymn: I am walking a path of peace (3 times), Lead me home, lead me home.		
Collect of the Day		
First Reading	Numbers 21: 4-9	Elaine Parkes
Psalm	107: 1-3, 17-22	BAS p. 852
Second Reading	Ephesians 2: 1-10	Alison McKinnon
Gradual Hymn: What a Friend We Have in Jesus	CP #532	
	<i>First two verses are sung.</i>	
The Gospel	John 3: 14-21	The Dean
	<i>Last verse of Gradual Hymn is sung.</i>	
Sermon	The Dean	
The Creed	p. 188	
Prayers of the People	DJ Clarke	
Confession, Absolution and Peace	p. 191	
Offertory Hymn: Bread of Life, Feed My Soul	MV #194	

Eucharistic Prayer #3	p 198
Sanctus	CP #719
The Lord's Prayer (sung)	p. 211
The Breaking of the Bread	p. 212

If you require gluten free bread, please indicate this to Communion Assistant at the altar rail. If you choose to abstain from drinking from the common cup, please be assured that communion "in one kind" still constitutes a full reception of Christ's body and blood.

Prayer during Communion

St. Paul's Prayer Partners gather in the Narthex, at the back of the church at the 10:00 am worship each Sunday during communion. We are there to provide prayer support for anyone seeking prayers for themselves and/or someone else. We are a people of prayer. Prayer is central to our community, why not take that next small step to sit with the prayer team, in a quiet and confidential setting, and ask them to pray with you? Jesus said: "where two or three gather in my name, I am there also (Mathew 18:20).

Music during Communion performed by Blair and Sarah Major.

Prayer after Communion p. 214

The Blessing

Dismissal Song **Go now in Peace by Natalie Sleeth, © 1976, Hinshaw**
 Go now in Peace, Go now in Peace,
 May the love of God surround you ev'rywhere,
 Ev'rywhere, you may go. (sing twice)

Recessional Hymn: I Want Jesus to Walk with Me CP #512

Dismissal

Postlude: Sing, Rejoice, A Song of Praise, words and arrangement by John Leavitt, from the Mozart motet "Exsultate, Jubilate".

All are encouraged to gather in the Hall for coffee and refreshments.

Announcements:

Lenten Learnings: Saturday's, starting on Feb 17th to March 23rd, at 10am. All are welcome. We continue next Sat., Mar 16 with the topic How do you pray?

Ideas Wanted! The Cathedral Centennial Committee (Jim Britton, Jon Buckle, & Sarah Major) welcomes your ideas on how to celebrate our 100th anniversary in October. FMI call Jim (t) 250-554-4897 or (cell) 236-597-8223.

Soul Friends: Meets next Thursday, Mar 14 at 9:45am. All welcome. Talk to David Lidster for details---davidlidster@shaw.ca.

Friday Family Food and Fun: Kick off Spring Break with dinner & fun activities at Friday Family Food & Fun March 15th 5-7 pm at St. Paul's Cathedral Hall! Register on [Eventbrite](#). Find the link on the St. Paul's Cathedral website & Facebook page.

Theology on Tap: Dean Kyle will be running another session at the Noble Pig on March 18th, at 7:00. The topic for discussion: What is the Purpose of the Church?

Men's Breakfast: Saturday, March 23 at 8am in the Parish Hall. Guest speaker: The Kelson Group; talk on City Gardens. All are invited. Please sign-up if attending.

Palm Sunday: We are looking to do a dramatic reading of the Gospel this Palm Sunday (March 24th). Anyone interested in taking a "part" please speak to Dean Kyle.

Easter Services: Mark your Calendar for these important services. Maundy Thursday, March 28th, 7pm; Good Friday, March 29th, 10am.

WORSHIP MINISTERS at 10 a.m. service

Presider & Preacher: The Dean; Altar Guild: Pat King, Karen Shouldice, Joy Fudge; Welcome: Margaret Mitchell; Sunday School: Melissa Green; Coffee Hosts: Catherina Vandersman, Faith Okhemesimi; Greeters: Elaine Parkes, Jim Britton; Bread Administrant: Idowu Aina; Lay Admins: Jo-Mary Hunter, Alison McKinnon; Prayers of the People: DJ Clarke; Readers: Elaine Parkes, Alison McKinnon; Servers: Lesley Brooks, O'Della Grundy; Bread Administrant: Idowu Aina; Prayer Team: Margaret Mitchell, Idowu Aina; Musicians: Pat Rustand, Blair & Sarah Major; Hymn Leader: Jennilee Fraser; Videographer & Counter: Marcel Bourassa; Lock Up: Miriam Baskin



"Ministry at the Cathedral is funded through the generosity of parishioners and visitors. If you wish to contribute to ministry at the St. Paul's, please scan the QR Code to donate through CanadaHelps."

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The Dean & Rector - The Very Reverend Dr. Kyle Norman
Rector's Warden - Jim Waldie; People's Warden D.J. Clarke;
Financial Team - Connie Watt, Margaret Mitchel, Jon Buckle; Parish Giving Manager - Trish Waldie